

1199SEIU Retired Members DIVISION

about
chapter meetings
and classes!

IMPORTANT NEWS

To learn about trip and vacation offers, call
(800) 552-6262, ext. 112, and (800) 431-1130, ext. 5537.

(646) 473-8666 • www.1199SEIUBenefits.org

The annual Florida Retiree Banquet will be held on Monday, March 11, 2013, at the Palm Beach County Convention Center in West Palm Beach, Florida. Reservation forms will be available at the December chapter meetings. If you can't attend a chapter meeting, please call Marilyn Silverberg for a form.

Florida Retiree Banquet – Save the Date!

**Westchester – Hudson Valley Region
Chapter Holiday Party!**
Our newest chapter will hold its first holiday party on **Wednesday, December 5, from 10:00 am to 12:30 pm**, at the 1199SEIU UHWE office at 99 Church Street in White Plains. Please come and start the festive season off right!

Sold Out! Only ticket holders will be admitted.
Coat check required (fee)

Friday, December 14, 11:00 am – 3:00 pm
Hilton New York, Sixth Avenue at 54th Street

Anne Shore Holiday Banquet

Non-Profit Org.
U.S. Postage
PAID
New York, NY
Permit No. 3700

1199SEIU Benefit and Pension Funds
330 West 42nd Street
New York, NY 10036-6977
Address Service Requested



Florida Chapters

Broward – Leon Davis Chapter

Tuesday, December 11 – noon to 2:00 pm

Tamarac Public Library

8701 West Commercial Blvd. • Tamarac, FL 33351

Casselberry – Doris Turner Chapter

Thursday, December 20 – 11:00 am to 1:00 pm

Casselberry Public Library

215 North Oxford Road • Casselberry, FL 32707

Fort Myers Chapter

Monday, December 10 – 11:00 am to 1:00 pm

The Riverside Community Center

3601 East Riverside Drive • Fort Myers, FL 33902

Miami-Dade – Ossie Davis Chapter

Friday, December 7 – 10:30 am to 12:30 pm

18441 NW 2nd Avenue

Lincoln Building – North Wing, Suite 502 (Penthouse)

Miami Gardens, FL 33169

North Port Chapter

Tuesday, December 11 – 11:00 am to 1:00 pm

Morgan Family Community Center

6207 West Price Blvd. • North Port, FL 34288

Orlando Chapter

Wednesday, December 19 – 11:00 am to 1:00 pm

UAW Local #788

1825 West Oak Ridge Road • Orlando, FL 32809

Palm Bay/Melbourne Chapter **NO MEETING THIS MONTH**

Palm Bay United Methodist Church, Fellowship Hall

2100 Port Malabar Blvd., NE • Palm Bay, FL 32905

Port St. Lucie Chapter **PLEASE NOTE CHANGE OF DATE**

Wednesday, December 12 – 11:00 am to 2:00 pm

Port St. Lucie Community Center

2195 SE Airoso Blvd. • Port St. Lucie, FL 34984

South Palm Beach Chapter

Thursday, December 13 – 10:00 am to noon

Temple Emeth

5780 West Atlantic Avenue • Delray Beach, FL 33446

Tampa Chapter

Wednesday, December 12 – 11:00 am to 1:00 pm

1199SEIU UHWE Office

500 N. West Shore Blvd. • Tampa, FL 33609

West Palm Beach Chapter

Wednesday, December 5 – 11:00 am to 1:00 pm

St. Christopher's Episcopal Church, Parish Hall

1063 North Haverhill Road • West Palm Beach, FL 33414

For information, contact Marilyn Silverberg:

Toll-free (877) 369-8340

Palm Beach County (561) 369-8340; fax (561) 369-8342

8775 Via Tuscany Drive • Boynton Beach, FL 33472

North & South Carolinas Chapter

Christmas Party and Anniversary Celebration

(Please bring a gift for a child ages 5 to 15)

Friday, December 14, 9:30 am – noon

Birnie Hope Center • 210 South Purdy Street • Sumter, SC 29150

For information, call Nonnie B. Perry at (803) 481-0475.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 10-11 Chi Gong (Brooklyn) 10:30-11:30 Opera Appreciation 12-1 Art History 1:30-3:30 Executive Committee Meeting	4 9:30-12 Photography 10-11 Yoga* (Queens) 10:30-12 Drama 12-2 Sewing (Brooklyn) 12-3 Art 12:30-1:30 Shakespeare 1:30-3 Discussion Group	5 9:30-10:30 Yoga* (Hicksville) 10-12 Choral Group 10-12 Knitting & Crocheting (Beg) 11-12 Dance (Hicksville) 12-1 Yoga* (Bronx) 12:30-4:30 Knitting & Crocheting (Inter/Adv) 1-4 Knitting & Crocheting (Brooklyn) 1:30-2:30 Chi Gong	6 10-11 Tai Chi 11-12 Yoga* 12 Lunch Club 12-2 Quilting (Brooklyn) 1-2 General Membership Meeting 3-5 Arts & Crafts 3-5 Sewing	7 10-11 Yoga* (Brooklyn) 10-12 Quilting 1-2 Dance 2-3 Yoga*
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17 OFFICE CLOSED	18 OFFICE CLOSED	19 OFFICE CLOSED	20 OFFICE CLOSED	21 10-12 Vision Screening
24 OFFICE CLOSED	25 OFFICE CLOSED	26 OFFICE CLOSED	27 OFFICE CLOSED	28 OFFICE CLOSED
31 OFFICE CLOSED	Vision Screening <i>(no hearing screening this month)</i> Friday, December 21 • 10:00 am - noon <i>First come, first served</i> 1199SEIU RMD • 330 West 42 nd Street, 9 th Floor		<i>All classes are held at our Manhattan Headquarters unless otherwise indicated.</i>	

* Sponsored by HealthCare Partners, IPA

There are no chapter meetings in December; they will resume in January.

Yoga Classes Classes are held four times each month, except where noted. Please check the calendar for exact dates.

Bronx 1199SEIU Healthcare & Education Center
2501 Grand Concourse, Room 301
Wednesdays, noon – 1:00 pm

Brooklyn 25 Elm Place (at Fulton Street), Rooms 4 & 5
Fridays, 10:00 am – 11:00 am

Hicksville 100 Duffy Avenue, 3rd Floor
Wednesdays, 9:30 am – 10:30 am

Manhattan Headquarters 330 West 42nd Street, 9th Floor
Thursdays, 11:00 am – noon; Fridays, 2:00 pm – 3:00 pm

New Hyde Park NS-LIJ Cohen Children's Medical Center
Teaching Center – Conference Room
269-01 76th Ave.

(one class per month; no class in December)

Queens Devore Dance Center
205-05 Hollis Ave., Main Floor
Tuesdays, 10:00 am – 11:00 am

Yoga Classes Begin in Staten Island on Friday, January 4

1199SEIU Training and Employment Funds Office
790 Port Richmond Avenue, 1st Floor (off Forest Avenue)
Staten Island, NY 10302
Fridays, 10:00 am – 11:00 am (4 classes each month)

2013 Brings New Classes in Queens and Staten Island

In Queens, we will add classes in Men's Exercise; Chess, Checkers and Dominoes; and Beginners' Knitting and Crocheting. On Staten Island, you can explore Yoga, Computers and Men's Exercise. Please check future RMD issues for details.

Hurricane Sandy Recovery Continues

Our thoughts are with everyone who is still coping with the aftermath of Hurricane Sandy in New York and the surrounding areas.

For a list of emergency services and other resources, visit our website, www.1199SEIUBenefits.org, and check our Facebook page for updated information.

Shakespeare Class

The class is currently reading *The Tempest*, the Bard's last play. Join us as we ponder whether it is a comedy or a tale of madness.



Tuesdays, 12:30 pm to 1:30 pm

1199SEIU RMD – 330 West 42nd Street, 9th Floor

What Does the Drama Class Do?

Join us as we read plays and screenplays aloud (no experience or memorization required) and discuss how their themes relate to daily life. Films of some works, including Lorraine Hansberry's *A Raisin in the Sun*, will also be shown. Tuesdays from 10:30 am to noon.

Sewing and Quilting Classes in Brooklyn

Sewing: Tuesdays, noon to 2:00 pm

Quilting: Thursdays, noon to 2:00 pm

Both classes are held in Rooms 4 & 5.

LPN Meeting

Friday, December 7 – 10:00 am to noon
RMD, 330 West 42nd Street, 9th Floor

Meeting Topics*

December No Meetings **January** Oral Hygiene

Chi Gong Classes

Chi Gong is a Chinese healing art that aims to increase the body's healthy energy. Participants perform simple movements, while both sitting and standing, that are believed to benefit the immune, circulatory and nervous systems. Classes are held in Brooklyn on Mondays from 10:00 am to 11:00 am and in the Bronx on Wednesdays from 1:30 pm to 2:30 pm. Check the calendar for exact dates.