SAVE THE DATE!
Florida Retiree Banquet

The annual Florida Retiree Banquet will be held on **Friday, March 6, 2015**, at a new location – the **Orlando World Center Marriott**, 8701 World Center Drive, Orlando. Tickets will be sold at local chapter meetings in January and February. Reservation forms must be completed in order to purchase your ticket(s). $10 per member/$20 per guest. Please bring cash, check or money order payable to “1199SEIU Retirees.” Buses will be available near chapter meeting locations. If you plan to drive to the banquet, the parking fee is $10. If you’re planning to stay overnight at the hotel, please contact Marilyn Silverberg at (877) 369-8340, or Marilyn.Silverberg@1199Funds.org, for pricing and group reservation information. Don’t miss it!

Questions:
Call (646) 473-8666
Outside NYC: (800) 892-2557

**IMPORTANT NEWS**

**about chapter meetings and classes!**
New York City Chapters

Bronx – Joseph James Chapter
Friday, January 9 • 11:00 am to 1:00 pm
1199SEIU Healthcare & Education Center
2501 Grand Concourse, Room 301

Brooklyn – Marshall Dubin Chapter
Wednesday, January 28 • 11:00 am to 1:00 pm
Brooklyn College – Student Center, 2nd Floor
East 27th Street & Campus Road

Brooklyn – Mattie Small Chapter
Friday, January 16 • 11:30 am to 1:30 pm
1199SEIU Brooklyn Office
25 Elm Place (off Fulton Street)

East Harlem – Leon Davis Chapter
Friday, January 30 • 10:30 am to noon
Jefferson Senior Center
2205 First Avenue

Hicksville – Milton Konowe Chapter
Wednesday, January 14 • 11:00 am to 1:00 pm
1199SEIU Hicksville Office
100 Duffy Avenue

New Hyde Park – Eleanor Tilson Chapter
Tuesday, January 20 • 1:00 pm to 2:00 pm
NS-LJI Cohen Children’s Medical Center
Teaching Center – Conference Room
269-01 76th Avenue

North Bronx – Bernard Minter Chapter
Tuesday, January 13 • 1:00 pm to 3:00 pm
Holy Rosary Church
1510 Adee Avenue (enter at parking lot)

Queens – Edward Garrins Chapter
Tuesday, January 27 • 11:30 am to 1:00 pm
Guy Brewer Democratic Club
197-01 Linden Blvd.

Staten Island Chapter
Monday, January 12 • 11:00 am to 1:00 pm
1199SEIU Training and Employment Funds Office
790 Port Richmond Avenue (off Forest Avenue)

Suffolk County Chapter
NO MEETINGS UNTIL APRIL
First Baptist Church of Riverhead
1018 Northville Turnpike, Riverhead

Westchester – Hudson Valley Region Chapter
Get a healthy start to the New Year! Come to our yoga class and chapter meeting on Wednesday, January 14.
Yoga: 11:30 am • Chapter meeting: 12:30 pm
1199SEIU United Healthcare Workers East
99 Church Street, White Plains

North & South Carolinas Chapter

Martin Luther King, Jr., Celebration
Friday, January 16 • 9:30 am to noon
Birnie Hope Center
210 South Purdy Street • Sumter, SC 29150
For information, call Nonnie B. Perry at (803) 481-0475.

Florida Chapters

Broward – Leon Davis Chapter
Tuesday, January 13 – 1:00 pm to 3:00 pm
Tamarac Community Center – Coconut Palm Room
8601 West Commercial Blvd. • Tamarac, FL 33351

Casselberry – Doris Turner Chapter
Thursday, January 22 – 11:00 am to 1:00 pm
Casselberry Public Library
215 North Oxford Road • Casselberry, FL 32707

Fort Myers Chapter
Monday, January 26 – 11:00 am to 1:00 pm
The Riverside Community Center
3061 East Riverside Drive • Fort Myers, FL 33916

Miami-Dade – Ossie Davis Chapter
Thursday, January 8 – 10:30 am to 12:30 pm
18441 NW 2nd Avenue
Lincoln Building – North Wing, Suite 502 (Penthouse)
Miami Gardens, FL 33169

North Port Chapter
Tuesday, January 27 – 11:00 am to 1:00 pm
Morgan Family Community Center
6207 West Price Blvd. • North Port, FL 34291

Orlando Chapter
Wednesday, January 21 – 11:00 am to 1:00 pm
UAW Local #788
1825 West Oak Ridge Road • Orlando, FL 32809

Palm Bay/Melbourne Chapter
Tuesday, January 20 – 1:30 pm to 3:30 pm
Palm Bay United Methodist Church – Fellowship Hall
2100 Port Malabar Blvd., NE • Palm Bay, FL 32905

Port St. Lucie Chapter
Wednesday, January 28 – 11:00 am to 1:00 pm
Port St. Lucie Community Center
2195 SE Airoso Blvd. • Port St. Lucie, FL 34984

South Palm Beach Chapter
NEW DATE – THIS MONTH ONLY
Wednesday, January 14 – 10:00 am to noon
Temple Anshei Shalom
7099 West Atlantic Avenue • Delray Beach, FL 33446

Tampa Chapter
Wednesday, January 28 – 11:00 am to 1:00 pm
1199SEIU UHWE Office
500 North West Shore Blvd. • Tampa, FL 33609

West Palm Beach Chapter
Wednesday, January 7 – 11:00 am to 1:00 pm
St. Christopher’s Episcopal Church – Parish Hall
1063 North Haverhill Road • West Palm Beach, FL 33417

For information, contact Marilyn Silverberg:
Marilyn.Silverberg@1199Funds.org; Toll-free (877) 369-8340
Palm Beach County (561) 369-8340; fax (561) 369-8342
8775 Via Tuscany Drive • Boynton Beach, FL 33472

QUESTIONS: CALL (646) 473-8666 • OUTSIDE NYC (800) 892-2557
Retiree Chapter in Suffolk County

There will be no Suffolk County chapter meetings from January through March. The meetings will resume in April. Please check the March bulletin for a date and time.
First Baptist Church of Riverhead
1018 Northville Turnpike • Riverhead, NY 11901

New Sewing Teacher!

We’ve made some exciting changes to our sewing class — starting with a talented new instructor who also teaches at the Pratt Institute. Come join us to learn new sewing techniques. The class will meet on Thursdays from 3:00 pm to 5:00 pm at Fund Headquarters. Please check the calendar.

Knitting & Crocheting Classes Resume in Brooklyn

The teacher for the Brooklyn knitting & crocheting class is back! Classes resume this month. Please check the calendar.

Wednesdays, 1:00 pm to 4:00 pm

Please note: We will no longer offer sewing classes in Brooklyn.

Beginners’ Knitting & Crocheting Classes on Tuesdays in Queens!

Please check the calendar for times.

Continuing Education Classes Available

Retirees can keep up with the latest research, clinical trends and emerging healthcare issues with the 1199SEIU League Training and Upgrading Fund’s Institute for Continuing Education (ICE). ICE offers accredited continuing education seminars and symposiums for social workers, dietitians, laboratory technologists, LPNs and more. Through a special arrangement, the three- and six-hour courses are available to retirees and cost $15 per credit/hour. Registration is required, and retirees who are interested in finding out how to sign up, must call (646) 473-6916 for more information. Find a schedule of seminars and symposiums at www.1199SEIUBenefits.org/Institute.

Explore an Age-Friendly College Website

Age-Friendly NYC College Link is an online database that connects older adults with educational and cultural opportunities at more than 40 New York City-area colleges and universities. On the website — www.agefriendlycollege.org – you can learn about programs for the liberal and creative arts, computers and technology, business, job skills, personal growth and more. Performances, lectures and physical fitness activities are also offered. Check out this resource and see what you can learn next!

To learn about trip and vacation offers, call (800) 552-6262, ext. 112 & (800) 431-1130, ext. 5537.

QUESTIONS: CALL (646) 473-8666 • OUTSIDE NYC (800) 892-2557

Yoga Classes

Classes are held four times each month, except where noted.*
Please check the calendar for exact dates.

Bronx     Wednesdays, noon to 1:00 pm
1199SEIU Healthcare & Education Center
2501 Grand Concourse, Room 301

Brooklyn  Fridays, 10:00 am to 11:00 am
25 Elm Place (off Fulton Street), Rooms 4 & 5

Hicksville Wednesdays, 10:00 am to 11:00 am
100 Duffy Avenue, 3rd Floor

Manhattan Headquarters
Thursdays, 11:00 am to noon • Fridays, 2:00 pm to 3:00 pm
330 West 42nd Street, 9th Floor

New Hyde Park* Tuesday, January 20, 2:00 pm to 3:00 pm
*(one class per month)
North Shore-LIJ Cohen Children’s Medical Center
Teaching Center — Conference Room • 269-01 76th Avenue

Queens      Tuesdays, 10:00 am to 11:00 am
Beginners’ class, Tuesdays, 11:15 am to 12:15 pm
Devore Dance Center • 205-05 Hollis Avenue, Main Floor

Staten Island Fridays, 10:00 am to 11:00 am
1199SEIU Training and Employment Funds Office
790 Port Richmond Avenue (off Forest Avenue)

White Plains Wednesdays, 11:30 am to 12:30 pm
1199SEIU Benefit and Pension Funds
White Plains Office • 99 Church Street

Mat Yoga Comes to Staten Island!

We’re offering a new mat yoga class in Staten Island. Classes meet on Wednesdays from 10:00 am to 11:00 am. Please check the calendar.

Chi Gong Classes

Learn this Chinese healing art that aims to increase the body’s healthy energy. Participants perform simple movements, while both sitting and standing, that are believed to benefit the immune, circulatory and nervous systems. Classes are held four times each month in Brooklyn on Mondays from 10:00 am to 11:00 am and in the Bronx on Wednesdays from 1:30 pm to 2:30 pm. Check the calendar for exact dates.

Act Now! Come to the Drama Class

The Drama class reads plays and screenplays aloud (no experience or memorization required) and discusses how their themes relate to daily life. Films of some works, including The Great White Hope, will also be shown. Tuesdays from 10:30 am to noon.
### Meeting Topics*

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<th>January</th>
<th>Oral Hygiene</th>
<th>Heart Health</th>
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<td>10:11 Chi Gong (Brooklyn)</td>
<td>10:30-12 Yoga* (Queens)</td>
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<td>10:30-11:30 Opera Appreciation</td>
<td>11-1 Beginners’ Knitting &amp; Crocheting (Queens)</td>
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<td>12-1 Art History</td>
<td>11:15-12:15 Beginners’ Yoga (Queens)</td>
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<td>1-3 Arts &amp; Crafts (Staten Island)</td>
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<td>1:30-3 Discussion Group</td>
<td>1:30-3 Yoga* (Hicksville)</td>
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<td>10:11 Yoga* (Queens)</td>
<td>11:12 Dance (Hicksville)</td>
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<td>10:12 Choral Group</td>
<td>12-1 Tai Chi (Hicksville)</td>
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### All classes are held at our Manhattan Headquarters unless otherwise indicated.

**Calling All Singers — Join the Choral Group**

The Retired Members’ choral group is looking to add some new singers. Led by a conductor and accompanied by a pianist, the choral group practices and performs an eclectic repertoire of over 100 songs, many of them drawn from the history of the labor and civil rights movements. The group rehearses three Wednesdays per month from 10:00 am to noon at Fund Headquarters and performs at local nursing homes and special events throughout the city. Please check the calendar. Stop by one of the classes — and join in the fun!

**Vision Screening**

**Friday, January 16**

**10:00 am to noon**

First come, first served

**1199SEIU RMD**

**330 West 42nd Street, 9th Floor**

**Shakespeare Class**

The class is currently reading *The Merchant of Venice*, a story of prejudice, revenge and a monetary loan whose collateral was “a pound of flesh.”

**Tuesdays, 12:30 pm to 1:30 pm**

**1199SEIU RMD • 330 West 42nd Street, 9th Floor**