



New Prescription Drug Plan Starts July 1

We recently wrote to you about your Benefit Fund's new Medicare Prescription Drug Plan, administered through Medco. We want to remind you that as of July 1, you have been automatically enrolled in this plan. The formulary for your new plan is almost identical to your existing formulary, so you should experience little to no change in your covered medications. A dedicated team at Medco can also provide you with personalized advice and support whenever you need it, day or night. National Benefit Fund members should call (877) 673-9164, and Greater New York members should call (866) 544-6963.

Out-of-State Retirees

Meetings for West Coast Florida chapters will continue on their regular schedule. If you have any questions, contact Lourdes Rodriguez-Dox at (646) 473-8760 (office) or (917) 843-1909 (cell).

For information about all other Florida chapter meetings, contact Marilyn Silverberg: Toll-free (877) 369-8340; in Palm Beach County (561) 369-8340; fax (561) 369-8342; 8775 Via Tuscany Drive, Boynton Beach, FL 33472

There are no chapter meetings in July and August for the Carolinas chapter. Meetings will resume in September.



1199SEIU
Retired Members
DIVISION

IMPORTANT NEWS
about chapter meetings and classes!

For information on upcoming trip and vacation offers, call (800) 552-6262, ext. 112, and (800) 431-1130, ext. 5537.

1199SEIU Funds
Benefit and Pension

1199SEIU Benefit and Pension Funds
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 10-11 Chi Gong (Brooklyn) 10:30-11:30 Opera Appreciation 12-1 Art History 1:30-3:30 Executive Committee Meeting	3 9:30-12 Photography 10-11 Yoga* (Queens) 10:30-12 Drama 12-2 Sewing (Brooklyn) 12-3 Art 12:30-1:30 Shakespeare 1:30-3 Discussion Group	4 OFFICE CLOSED	5 10-11 Tai Chi 11-12 Yoga* 12 Lunch Club 12-2 Quilting (Brooklyn) 1-2 General Membership Meeting 3-5 Arts & Crafts 3-5 Sewing	6 10-11 Yoga* (Brooklyn) 10-12 Quilting 1-2 Dance 2-3 Yoga*
9 10-11 Chi Gong (Brooklyn) 10:30-11:30 Opera Appreciation 12-1 Art History	10 9:30-12 Photography 10-11 Yoga* (Queens) 10:30-12 Drama 12-2 Sewing (Brooklyn) 12-3 Art 12:30-1:30 Shakespeare 1:30-3 Discussion Group	11 9:30-10:30 Yoga* (Hicksville) 10-12 Choral Group 10-12 Knitting & Crocheting (Beg) 11-12 Dance (Hicksville) 12:30-4:30 Knitting & Crocheting (Inter/Adv) 1-4 Knitting & Crocheting (Brooklyn) 1:30-2:30 Chi Gong (Bronx)	12 10-11 Tai Chi 11-12 Yoga* 12 Lunch Club 12-2 Quilting (Brooklyn) 3-5 Arts & Crafts 3-5 Sewing	13 10-11 Yoga* (Brooklyn) 10-12 Quilting 1-2 Dance 2-3 Yoga*
16 10-11 Chi Gong (Brooklyn) 10:30-11:30 Opera Appreciation 12-1 Art History	17 9:30-12 Photography 10-11 Yoga* (Queens) 10:30-12 Drama 12-2 Sewing (Brooklyn) 12-3 Art 12:30-1:30 Shakespeare 1:30-3 Discussion Group	18 9:30-10:30 Yoga* (Hicksville) 10-12 Knitting & Crocheting (Beg) 11-12 Dance (Hicksville) 12:30-4:30 Knitting & Crocheting (Inter/Adv) 1-4 Knitting & Crocheting (Brooklyn)	19 10-11 Tai Chi 11-12 Yoga* 12 Lunch Club 12-2 Quilting (Brooklyn) 1-3 Birthday Party 3-5 Arts & Crafts 3-5 Sewing	20 10-11 Yoga* (Brooklyn) 10-12 Quilting 10-12 Vision/Hearing Screening 1-2 Dance 2-3 Yoga*
23 10-11 Chi Gong (Brooklyn) 10:30-11:30 Opera Appreciation 12-1 Art History	24 9:30-12 Photography 10-11 Yoga* (Queens) 10:30-12 Drama 12-2 Sewing (Brooklyn) 12-3 Art 12:30-1:30 Shakespeare 1:30-3 Discussion Group	25 9:30-10:30 Yoga* (Hicksville) 10-12 Choral Group 10-12 Knitting & Crocheting (Beg) 11-12 Dance (Hicksville) 12:30-4:30 Knitting & Crocheting (Inter/Adv) 1-4 Knitting & Crocheting (Brooklyn)	26 10-11 Tai Chi 11-12 Yoga* 12 Lunch Club 12-2 Quilting (Brooklyn) 3-5 Arts & Crafts 3-5 Sewing	27 10-11 Yoga* (Brooklyn) 10-12 Quilting 1-2 Dance 2-3 Yoga*
30 10:30-11:30 Opera Appreciation 12-1 Art History	31 9:30-12 Photography 10:30-12 Drama 12-2 Sewing (Brooklyn) 12-3 Art 12:30-1:30 Shakespeare 1:30-3 Discussion Group	Note: All classes are held at our Manhattan Headquarters unless otherwise indicated.		

* Sponsored by HealthCare Partners, IPA

Chi Gong Classes

Try our newest fitness class – Chi Gong – a Chinese healing art that is designed to bring healthy energy into the body. In a meditative atmosphere, participants perform a series of simple movements (while either sitting or standing) that are believed to aid the immune and circulatory systems and help calm the nervous system.

Classes meet in Brooklyn at 25 Elm Place (off Fulton Street) on Mondays from 10:00 am to 11:00 am, and in the Bronx at 2501 Grand Concourse on Wednesdays from 1:30 pm to 2:30 pm. **Note: There are no classes in the Bronx in July; classes will resume in September.**

Shakespeare Class

Join us as we read *The Tempest*, the Bard's last play, and ponder whether it is a comedy or a tale of madness.



Tuesdays, 12:30 pm to 1:30 pm.

1199SEIU RMD
330 West 42nd Street, 9th Floor

New Sewing and Quilting Classes in Brooklyn

Sewing: Tuesdays, noon to 2:00 pm
Quilting: Thursdays, noon to 2:00 pm

Both are held in Rooms 4 & 5. Please check the calendar.

Save the Date Quilting Class Exhibit

The 1199SEIU Retiree Quilting Class Exhibit on Monday, September 24, and Tuesday, September 25, will display the beautiful creations of participants in our Manhattan and Brooklyn quilting classes. Please plan to visit the exhibit at our Manhattan Headquarters at 330 West 42nd Street on the 33rd Floor, from 11:00 am to 1:00 pm.

Vision/Hearing Screening

Friday, July 20
10:00 am – noon

First come, first served

1199SEIU RMD
330 West 42nd Street
9th Floor

Meeting Topics*

July/August * Sponsored by HealthCare Partners, IPA
No Meetings

September
Immunizations

October
Crime Prevention

Yoga Classes

Brooklyn

25 Elm Place (at Fulton)
Rooms 4 & 5
Fridays, 10:00 am – 11:00 am

Bronx

1199SEIU Healthcare & Education Center
2501 Grand Concourse, Room 301
Wednesdays, noon – 1:00 pm
(No classes in July)

Hicksville

100 Duffy Avenue, 3rd Floor
Wednesdays, 9:30 am – 10:30 am

Manhattan Headquarters

330 West 42nd Street, 9th Floor
Thursdays, 11:00 am – noon
Fridays, 2:00 pm – 3:00 pm

New Hyde Park

NS-LIJ Cohen Children's Medical Center Teaching Center – Conference Room
269-01 76th Ave.
(No class in July)

Queens

Devore Dance Center
205-05 Hollis Ave., Main Floor
Tuesdays, 10:00 am – 11:00 am

