



Person-Centered Care for Younger Adults in Nursing Homes

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Learning Objectives

Upon completion of this workshop, participants will be able to:

- describe how the psychosocial stages of lifespan development may affect resident needs and desires.
- describe how the hierarchy of needs may also affect resident needs and desires.
- brainstorm possible strategies and innovative programs to meet these needs and desires.



Erikson's 8 Stages of Psychosocial Development

First four stages concentrate on the first 12 years of development

Focus of these stages is:

- Trust
- Autonomy
- Initiative
- Industry



Identity versus Role Confusion

- “Who am I?”
- Integration of previous stages
- Most important task
- Alternative is “following the crowd”



Stage 6

Intimacy versus Isolation

- Form close relationships
- Otherwise risk isolation



Generativity versus Stagnation

- Caring for others
- Creating a living legacy
- Alternative is stagnation



Stage 8

Ego Integrity versus Despair

- Reflection on life
- Sense of unity with self and others
- Accept death
- Alternative despair/depression
- Are they there yet?



Rivington House

- A long-term care facility exclusively for those with AIDS or symptomatic HIV
- Innovative programming
 - Creative Arts Studio
 - Gay Men's Group
 - Music Jam



Beth Abraham Health Services

Meeting the needs of
younger adults through
creative programs.



Beth Abraham Health Services

- A skilled nursing facility that provides high quality, comprehensive services to clients with chronic illnesses and disabilities who require long-term care.
- Services are provided in a pleasant, home-like environment, utilizing highly trained interdisciplinary staff to maintain each client's optimum health, dignity, comfort and quality of life.



Beth Abraham Health Services

- The percentage of younger adults in Beth Abraham has increased over the years.
- Beth Abraham currently has 157 (35%) clients under the age of 65.



Beth Abraham Health Services

Services provided:

- Music Therapy
- Recreation Therapy
- Health & Sex Education
- Continuing Education Counseling
- Disability Support Groups
- Nutritional Counseling
- Psychological Services
- Art Therapy



Beth Abraham Health Services

THERAPEUTIC RECREATION

- Adaptive bowling
- Foosball
- Basketball
- Air Hockey
- DJ Night
- Comedy Night
- Movie Night
- Talent Shows
- Beth Abe Idol
- Dating Game
- Trips
- Multicultural Celebration
- Pool Tournaments
- Pay-Per-View Requests