



WORKSHOP SUMMARY SHEET

TITLE: Implementing an Evidence Based Hospital Discharge Process: Lessons from Project 'RED'

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SUMMARY: Project RED is an evidence-based hospital discharge process with the primary outcome of reducing hospital utilization. This presentation reviewed the steps involved in implementing such a project, along with the challenges and barriers that come with it.

THE CONTENT OF THIS WORKSHOP APPLY TO THE FOLLOWING AREAS:

Decreasing Costs, Improving Staff/Resident/Patient Satisfaction, Improving Quality, and Reducing Readmissions

THE MOST SIGNIFICANT ROLE LABOR-MANAGEMENT COLLABORATION CAN PLAY IN SUPPORTING THIS WORK IS:

- Redesigning roles by floor, including RN, unit secretary and administrative coordinator to aid in the implementation.

THIS INFORMATION WILL AID YOUR FACILITY IN THE CHANGING THE HEALTH CARE ENVIRONMENT BY:

- Improving quality, patient safety and reducing costs (via reduced hospital utilization)

THE THREE MOST IMPORTANT IDEAS OR LESSONS TO BE SHARED WITH OTHERS ABOUT THIS INITIATIVE:

1. Hospital discharge process needs to be redesigned.
2. An individualized 'After hospital care plan' should be taught and given to each patient prior to leaving the hospital
3. Reinforcement of the care plan prior to post-hospital follow up with primary care provider should take place within 72 hours post hospital discharge

ADDITIONAL RESOURCES:

- Boston University-ProjectRed: <http://www.bu.edu/fammed/projectred/>