Save the Date!
1199SEIU Annual Anne Shore Holiday Banquet

Friday, December 2, 2016, noon to 3:00 pm

- Hilton New York—Sixth Avenue at 54th Street
- $10 member, $20 guest (one guest per retiree)
- Coat check required (additional fee)
- Tickets on sale (money orders only) at local chapter meetings and the 1199SEIU Retired Members Department, 330 West 42nd Street, 9th Floor.

Save the Date!
1199SEIU Florida Retiree West Coast Picnic Is in September!

The annual Florida Retiree West Coast Picnic will be hosted by the Tampa Retirees Chapter on Tuesday, September 13, from 10:00 am to 3:00 pm at Copeland Park, Shelter 504, 3402 West Columbus Drive, Tampa, FL 33607. Guest speakers will include 1199SEIU Secretary-Treasurer Maria Castaneda and Executive Vice President of 1199SEIU United Healthcare Workers East (Florida Region) Monica Russo. We hope to see you there! For more information, please call (813) 274-8615.

Beginners’ Knitting & Crocheting in Queens  NEW LOCATION

The Beginners’ Knitting & Crocheting class that is offered in Queens on Tuesdays from 11:00 am to 1:00 pm four times each month is now held in a new location: Devore Dance Center, 205-05 Hollis Avenue, Main Floor, Jamaica, NY 11412. Please check the calendar for exact dates.
Dear Retired Members,

As you know, this year we celebrate the 65th anniversary of the 1199SEIU Health Care Employees Pension Fund. With remarkable foresight, labor and management came together in 1951 to provide for a defined benefit pension plan for 1199SEIU healthcare workers—something that, for most workers today, has become increasingly rare. As our pension funds continue to grow, more than 97,000 1199SEIU retirees are receiving a monthly pension benefit that provides them the extra financial support they need.

In addition, the supplemental health benefits that many of our retirees receive through the Benefit Funds are an invaluable help to cover some of the costs that Medicare does not pay. But we cannot afford to become complacent. In this turbulent election year, it is more important than ever that we continue to work to protect and preserve the pension and health benefits that you have fought so hard for. As President Gresham points out in his column, threats to such vital programs as Medicare and Social Security demand our attention, and all 1199ers need to make their voices heard at the polls.

In this issue of your Retired Members Bulletin, you will also read the first letter from the new president of the Retired Members Division, Mary Stovall-Merrill, who retired five years ago after working for 36 years as a Clinical Laboratory Technologist at Peninsula Hospital Center. Of course, as always, we include an expansive list of activities, meetings and resources available to you, including our Seniors Out Speaking program.

I want to remind you that your Benefit and Pension Funds are here to help you. If you have any questions about your health or pension benefits, please don’t hesitate to call our Retiree Services Representatives at (646) 473-8666 or (800) 892-2557.

Sincerely,

George Gresham

Estimados Miembros Jubilados,

Como saben, este año celebramos el 65 aniversario del Fondo de Pensiones para los Trabajadores de la Salud de 1199SEIU. Con una previsión admirable, los trabajadores y la administración unieron esfuerzos en 1951 para ofrecer un plan definido de beneficios de pensión para los trabajadores de atención de la salud de 1199SEIU: algo que cada vez es menos frecuente para los trabajadores de hoy en día. A medida que siguen creciendo nuestros fondos de pensiones, más de 97,000 jubilados de 1199SEIU reciben un beneficio de pensión mensual que les brinda el soporte financiero adicional que necesitan.

Además, los beneficios de salud suplementarios que reciben muchos de nuestros jubilados a través de los Fondos de Beneficios tienen un valor incalculable al ayudar a cubrir algunos de los costos que Medicare no paga. Pero no se puede permitir que nos conformemos. En este turbulento año de elecciones, es más importante que nunca que sigamos trabajando para proteger y preservar los beneficios de salud y de pensiones por los que ustedes han luchado tanto. Como señala el Presidente Gresham en su columna, las amenazas a programas de importancia tan vital como Medicare y el Seguro Social requieren nuestra atención, y todos los miembros de 1199 tienen que hacer que sus voces se escuchen en las urnas.

En este número de su Boletín para Miembros Jubilados también podrán leer la primera carta de la nueva presidenta de la División de Miembros Jubilados, Mary Stovall-Merrill, quien se jubiló hace cinco años después de trabajar durante 36 años como Técnico de Laboratorio Clínico en Peninsula Hospital Center. Por supuesto, incluimos como siempre una lista ampliada de actividades, reuniones y recursos a su disposición, incluido nuestro programa Ancianos que Expresan Opiniones.

Me gustaría recordarles que sus Fondos de Beneficios y Pensiones están a su entera disposición para ayudarles. Si tienen alguna pregunta sobre sus beneficios de salud o de pensión, no duden en llamar a nuestros Representantes de Servicios a Jubilados al (646) 473-8666 o al (800) 892-2557.

Atentamente,

Mary Stovall-Merrill
President’s Message
Mensaje de la Presidenta

Dear Sisters and Brothers,

I would like to express my sincere gratitude for your recent participation in our Retired Members Division elections, and I am honored to have the privilege of serving you. As I begin my term as president of this rapidly growing group of retirees, I hope that all of you will join me in helping to uphold our proud tradition of being “Retired but Active.”

Speaking of elections, please remember that this year is an important one for electing our leaders at the national, state and local levels. I urge all of you to exercise your right to vote this fall, both in the state and local primary elections in September and the general elections in November. I’d also like to commend everyone who has been a regular visitor to our Retired Members Department and a participant at chapter meetings. I know the summer heat can make it difficult for some of us to get out as often as we’d like, but as we head into the cooler months of fall, I hope to see even more familiar faces at an upcoming class or chapter meeting.

If you haven’t tried one of the classes offered through our Retired Members Department, let me remind you that there’s something for everyone. Come to the Fund’s Manhattan Headquarters Monday through Friday and you can take classes in yoga, art, drama, quilting or photography, to name just a few. There are lots of classes to get you moving and keep your body—and mind—healthy. Try dance, Tai Chi or Chi Gong (a Chinese practice that is said to help improve circulation and lower stress) in our Brooklyn chapter as well as in our chapter in the Bronx. You can save this bulletin or check the class schedule at www.1199SEIUBenefits.org to take advantage of these opportunities that help you maintain good health.

Of course, staying active does not necessarily keep us healthy. It’s also important to see your healthcare provider as necessary, stay current with your preventive screenings and make an appointment for your annual wellness exam, if you haven’t had one this year. Visiting your healthcare provider for an annual check-up makes it more likely that a warning sign will be caught early and that you’ll stay well.

Finally, I’d like to thank all of you who are current with your Union dues, and ask anyone who has fallen behind to please restart your contributions. Paying your dues helps keep our organization strong and makes a statement about your commitment to the next generation of contributors. Please remember to exercise your right to vote this fall, both in the state and local primary elections in September and the general elections in November. I hope to see even more familiar faces at an upcoming class or chapter meeting.

If you haven’t tried one of the classes offered through our Retired Members Department, let me remind you that there’s something for everyone. Come to the Fund’s Manhattan Headquarters Monday through Friday and you can take classes in yoga, art, drama, quilting or photography, to name just a few. There are lots of classes to get you moving and keep your body—and mind—healthy. Try dance, Tai Chi or Chi Gong (a Chinese practice that is said to help improve circulation and lower stress) in our Brooklyn chapter as well as in our chapter in the Bronx. You can save this bulletin or check the class schedule at www.1199SEIUBenefits.org to take advantage of these opportunities that help you maintain good health.

Of course, staying active does not necessarily keep us healthy. It’s also important to see your healthcare provider as necessary, stay current with your preventive screenings and make an appointment for your annual wellness exam, if you haven’t had one this year. Visiting your healthcare provider for an annual check-up makes it more likely that a warning sign will be caught early and that you’ll stay well.

Finally, I’d like to thank all of you who are current with your Union dues, and ask anyone who has fallen behind to please restart your contributions. Paying your dues helps keep our organization strong and makes a statement about your commitment to the next generation of 1199SEIU members. I encourage all of you to stay active and join me for what are sure to be exciting years ahead.

In solidarity,
Mary Stovall-Merrill

Queridos Hermanos y Hermanas,

Quisiera expresar mi sincera gratitud por su reciente participación en nuestras elecciones de la División de Miembros Jubilados, y me siento honrada de tener el privilegio de servirles. A medida que inicie este período como presidenta de este grupo de jubilados que crece con mucha rapidez, espero que todos ustedes se unan a mí para ayudarme a conservar nuestra orgullosa tradición de ser “Jubilados pero Activos”.

Hablando de elecciones, recuerden que este año es muy importante para elegir a nuestros líderes a nivel nacional, estatal y local. Los animo a todos a que ejerzan su derecho a votar este otoño, tanto en septiembre en las elecciones primarias locales y estatales, como en las elecciones generales de noviembre. También quiero agradecer a todos los que han visitado con regularidad el Departamento de Miembros Jubilados y participado en las reuniones de la agrupación local. Sé que el calor del verano puede hacer que sea difícil para algunos de nosotros salir con la frecuencia que quisieramos, pero a medida que nos dirigimos a los meses más frescos del otoño espero ver más rostros conocidos en alguna próxima clase o reunión de agrupación.

Si no han probado aún alguna de las clases ofrecidas a través de nuestro Departamento de Miembros Jubilados, les recuerdo que hay algo para todos. Vengan de lunes a viernes a la sede central del Fondo en Manhattan y podrán participar en clases de yoga, arte, teatro, elaboración de colchas o fotografía, por nombrar solo unas pocas. Se ofrecen muchas clases para mantenernos en movimiento, y conservar saludable su cuerpo y su mente. Prueben las clases de baile, Tai Chi o Chi Gong (una práctica china que se dice que ayuda a mejorar la circulación y a reducir el estrés) en nuestra agrupación de Brooklyn y también en la del Bronx. Pueden guardar este boletín o ver el programa de clases en www.1199SEIUBenefits.org para aprovechar estas oportunidades que le ayudan a mantenerse con buena salud.

Por supuesto, mantenemos activos no necesariamente nos mantiene saludables. También es importante acudir a sus proveedores de atención de la salud según sea necesario, mantenerse al día con sus exámenes preventivos y hacer una cita para su examen de bienestar anual, si no lo han hecho ya este año. Visitar a su proveedor de atención de la salud para un chequeo anual hace más probable detectar señales de advertencia en forma temprana y mantenerse saludable.

Finalmente, me gustaría agradecer a todos los que se han mantenido al día con sus cuotas del Sindicato y pedirles a quienes se han retrasado que por favor reinicen sus contribuciones. Al pagar sus cuotas están ayudando a que se mantenga fortalecida su organización y expresan su compromiso con la próxima generación de miembros de 1199SEIU. Los aliento a todos a que permanezcan activos y se unan a mí para lo que de seguro van a ser unos años futuros muy interesantes.

En solidaridad,
Mary Stovall-Merrill
Dear Sisters and Brothers,

Donald Trump is a racist bigot. This man told his biographer, “Laziness is a trait, you find it in the Blacks.” He’s also the guy who said, “Black guys counting my money! I hate it. The only kind of people I want counting my money are little short guys that wear yarmulkes every day.” Trump would not denounce the endorsement of the Ku Klux Klan, condoned the beating of Black Lives Matter protesters at his rallies and led the campaign to deny Barack Obama’s U.S. birthright and thereby his legitimacy as president of our country.

Of the nearly 12 million Mexican immigrants in our country—mostly hardworking, low-income families—Trump famously announced, “They’re bringing drugs. They’re bringing crime. They’re rapists … And some, I assume, are good people.”

There are 7 billion human beings on this earth; 1.6 billion, or 23 percent, believe in Islam, the world’s largest religion. Trump wants to ban them from the United States. His campaign slogan should be “Make America Hate Again.”

His bigotry toward women—80 percent of our 1199SEIU members—is legendary. When Fox News’s Megyn Kelly called him out, telling him, “You have called women you don’t like ‘fat pigs,’ ‘dogs,’ ‘slobs,’ and ‘disgusting animals,’” Trump claimed he doesn’t “have the time for total political correctness.” Then he suggested that Kelly’s question was the result of her menstrual cycle.

New York Times interviews with dozens of Trump female employees and women he’s dated reveal a long pattern of sexual abuse and exploitation. He would shut down the government rather than fund Planned Parenthood, wants to outlaw abortion and the reproductive rights of women, and wants to repeal the Affordable Care Act (ACA), which has extended health coverage to millions of women and children.

This presidential election campaign will be like no other we’ve seen in our lifetimes. Racism and “white nationalismo” have moved from the margins into the center of the GOP campaign, and have become the rallying cry for discontented white voters. The hatred that has been unleashed on Barack Obama for the eight years of his presidency has crystallized in the person of Trump, and been incorporated as a central strategy of his campaign.

Division of the American people—white against people of color, native-born against immigrant workers, men against women, straight against LGBT—will be the primary weapon used against us in an attempt to destroy progressive taxation, voting rights, Social Security, Medicare, Medicaid, and Obamacare, environmental protection, abortion rights, jobs programs, fairness to immigrants, union rights, public education, etc. Trump aims to privatize much of what remains of government and otherwise restructure it to the benefit of the very affluent and the big corporations.

The consequences of a Trump presidency should be a wake-up call for us all. A narrow defeat for Trump is not enough. Our aim should be to not just defeat him but to crush him and all that he represents. I am fully confident that we 1199ers are up to the task and ready to fight like never before. It’s not being overly dramatic to say our lives depend on it.

In solidarity,

George Gresham
Yoga Classes

Classes are held four times each month, except where noted.* Please check the calendar for exact dates.

**Bronx**
- **Wednesdays, noon to 1:00 pm**
  - 1199SEIU Healthcare & Education Center
  - 2501 Grand Concourse, Room 301 • Bronx, NY 10468

**Brooklyn**
- **NEW! Advanced Chair Yoga class: Fridays, 10:00 am to 11:00 am**
- **NEW! Beginners’ Chair Yoga class: Fridays, 12:15 pm to 1:15 pm**
  - 25 Elm Place *(between Fulton & Livingston Streets)*, Rooms 4 & 5
  - Brooklyn, NY 11201

**Hicksville**
- **Wednesdays, 10:00 am to 11:00 am**
  - 100 Duffy Avenue, 3rd Floor • Hicksville, NY 11801

**Manhattan Headquarters**
- **NEW! Mondays, 11:00 am to noon**
- **NEW! Wednesdays, 2:00 pm to 3:00 pm**
  - 25 Elm Place *(between Fulton & Livingston Streets)* • Brooklyn, NY 11201

**New Hyde Park**
- **Tuesday, September 20, 1:00 pm to 2:00 pm**
  - *(one class per month)*
  - Northwell Health (formerly NS-LIJ) Cohen Children’s Medical Center Teaching Center—Conference Room • 269-01 76th Avenue
  - New Hyde Park, NY 11040

**Queens**
- **Intermediate Mat Yoga class: Tuesdays, 10:00 am to 11:00 am**
  - 1199SEIU Training and Employment Funds Office
  - 790 Port Richmond Avenue *(off Forest Avenue)* • Staten Island, NY 10302

**Suffolk County**
- **Beginners’ Yoga/Meditation class**
  - *(three classes per month from 11:00 am to 1:00 pm—please see the calendar)*
  - First Baptist Church of Riverhead • 1018 Northville Turnpike
  - Riverhead, NY 11901

**Staten Island**
- **NEW TIME! Mat Yoga class: Wednesdays, 2:30 pm to 3:30 pm**
  - Chair Yoga class: Fridays, 10:00 am to 11:00 am
  - 1199SEIU Benefit and Pension Funds
  - White Plains Office • 99 Church Street • White Plains, NY 10601

Unwind with Mindfulness Meditation in Brooklyn  **NEW CLASS**

Boost your mental and physical well-being with our new Mindfulness-Based Stress Reduction class in Brooklyn. You’ll learn a combination of meditation and yoga to help ease stress and increase your energy. The class meets on Mondays from noon to 1:00 pm. Please check the calendar for exact dates.

Dance Classes

If you’re interested in learning the latest dance steps, come join our dance classes in Manhattan, Brooklyn, and Hicksville. You’ll get moving with the Electric Slide, the Wobble, the Cupid Shuffle and more! Classes are held four times a month. Please check the calendar for exact dates.

**Manhattan Headquarters**
- **Fridays, 1:00 pm to 2:00 pm**
  - 330 West 42nd Street • New York, NY 10036

**Brooklyn**
- **NEW! Mondays, 11:00 am to noon**
- **NEW! Wednesdays, 2:00 pm to 3:00 pm**
  - 25 Elm Place *(between Fulton & Livingston Streets)* • Brooklyn, NY 11201

**Hicksville**
- **Wednesdays, 11:00 am to noon**
  - 100 Duffy Avenue, 3rd Floor • Hicksville, NY 10036

NEW! Wednesday Chi Gong Classes in Brooklyn

Due to popular demand, we have added a Chi Gong class in Brooklyn on Wednesdays from 1:00 pm to 2:00 pm. Chi Gong is also offered in Brooklyn on Mondays from 10:00 am to 11:00 am and in the Bronx on Wednesdays from 1:30 pm to 2:30 pm.

Learn this Chinese healing art that aims to increase the body’s healthy energy. Participants perform simple movements, while both sitting and standing, that are believed to benefit the immune, circulatory and nervous systems. Classes are held four times each month. Please check the calendar for exact dates.

NEW! Falun Dafa and Zumba Classes in Staten Island

Engage your mind, body and spirit with a new Falun Dafa class in Staten Island. An ancient form of chi gong, Falun Dafa consists of a combination of five slow-moving exercises, including meditation techniques to help boost your mental and physical well-being. The class meets on Mondays from 2:00 pm to 3:00 pm.

We’re also offering a new Zumba class in Staten Island. The class meets on Tuesdays from 1:30 pm to 2:30 pm.

Both classes meet at 790 Port Richmond Avenue *(off Forest Avenue)*, Staten Island, NY 10302.

To learn about trip and vacation offers, call (800) 552-6262, ext. 112 & (800) 431-1130, ext. 5537. Please note that the travel companies—not the Funds or the Union—are solely responsible for the trips provided.
## Yoga Classes

**Beginners’ Chair Yoga class:** Tuesdays, 11:15 am to 12:15 pm

**Intermediate Mat Yoga class:** Tuesdays, 10:00 am to 11:00 am

**NEW TIME!**

### Staten Island
- **Devore Dance Center** • 205-05 Hollis Avenue, Main Floor
  - Beginners’ Chair Yoga class: Tuesdays, 11:15 am to 12:15 pm
  - Intermediate Mat Yoga class: Tuesdays, 10:00 am to 11:00 am

### Jamaica, NY
- **Teaching Center—Conference Room** • 269-01 76th Avenue
  - Wednesday Chi Gong Classes
  - Yoga Classes
    - Chair Yoga class: Fridays, 10:00 am to 11:00 am
    - Mat Yoga class: Wednesdays, 2:30 pm to 3:30 pm

### Manhattan
- **1199SEIU Benefit and Pension Funds Office**
  - Beginners’ Yoga/Meditation class

### Brooklyn
- **1199SEIU Healthcare & Education Center**
  - Beginners’ Yoga/Meditation class

### Bronx
- **1199SEIU Benefit and Pension Funds Office**
  - Beginners’ Yoga/Meditation class

### NYC SEPTEMBER CALENDAR

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>11-12</td>
<td>11-12</td>
<td>11-12</td>
<td>11-12</td>
<td>11-12</td>
</tr>
<tr>
<td></td>
<td>11-12</td>
<td>11-12</td>
<td>11-12</td>
<td>11-12</td>
</tr>
<tr>
<td></td>
<td>12-1</td>
<td>12-1</td>
<td>12-1</td>
<td>1-2</td>
</tr>
<tr>
<td></td>
<td>1-3</td>
<td>1-3</td>
<td>1-3</td>
<td>1-2</td>
</tr>
<tr>
<td></td>
<td>2-3</td>
<td>2-3</td>
<td>2-3</td>
<td>1-2</td>
</tr>
<tr>
<td></td>
<td>3-4</td>
<td>3-4</td>
<td>3-4</td>
<td>1-2</td>
</tr>
<tr>
<td></td>
<td>5</td>
<td>5</td>
<td>5</td>
<td>1-2</td>
</tr>
</tbody>
</table>

### Meet the Facilitators

- **Maria** is leading the Beginners’ Chair Yoga class.
- **Sarah** is teaching the Intermediate Mat Yoga class.

### Additional Information

- Classes are open to all retirees and are free of charge. *No registration is required.*
- Please check the calendar for exact dates.

### Office Hours

**OFFICE CLOSED**

### Questions

QUESTIONS: CALL (646) 473-8666 • OUTSIDE NYC (800) 892-2557
Attention, EmblemHealth Members: Get a Flu Shot Right Here at the Fund!

The Fund has partnered with EmblemHealth to offer free flu shots to EmblemHealth members at Fund Headquarters. Get your vaccination on Monday, September 26, from 11:00 am to 3:00 pm, at 330 West 42nd Street, 33rd Floor (Penthouse) and protect yourself before peak cold and flu season gets underway.

Calling All Retired Nurses: Our Next Nurses Meeting Is September 16

The nurses meeting on Friday, September 16, is from 10:00 am to noon at 310 West 43rd Street, 7th Floor.

The Retired Members Division holds quarterly meetings to help nurses stay connected with each other and informed about the latest educational and social issues affecting them. Join us every third Friday in March, June, September and December—we hope you’ll get involved!

Vision Screening Is Back!

Manhattan Headquarters
Friday, September 16
10:00 am to noon
1199SEIU RMD
330 West 42nd Street, 9th Floor

White Plains
Wednesday, September 7
12:30 pm to 2:30 pm
99 Church Street
White Plains, NY 10601

First come, first served. Please note: General Vision Services Vision Screening is only a pre-test. No prescriptions will be written.

The Price of Continuing Education Classes Has Changed

Courses through the 1199SEIU/League Training and Upgrading Fund’s Institute for Continuing Education (ICE) now cost $20 per credit/hour.

Keep up with the latest research, clinical trends and emerging healthcare issues through ICE’s accredited continuing education seminars and symposiums for social workers, dietitians, laboratory technologists, LPNs and more. Through a special arrangement, the three- and six-hour courses are available to retirees. Registration is required, and retirees who are interested in finding out how to sign up must call (646) 473-6916 for more information. Find a schedule of seminars and symposiums at www.1199SEIUBenefits.org/Institute.

Sign Up for “Seniors Out Speaking”

Become a volunteer in the Medicare Rights Center’s “Seniors Out Speaking” (SOS) program and help educate other seniors about how to get the most from their Medicare benefits and related health insurance coverage. For more information about our 1199SEIU SOS volunteer program, please call (646) 473-6916. SOS will meet in Manhattan, Staten Island and Hicksville.

Manhattan Headquarters
Thursday, September 1 • 9:30 am to noon
330 West 42nd Street, 9th Floor
New York, NY 10036

Staten Island
Tuesday, September 13 • 9:30 am to noon
790 Port Richmond Avenue (off Forest Avenue)
Staten Island, NY 10302

Hicksville
Tuesday, September 20 • 9:30 am to noon
100 Duffy Avenue, 3rd Floor
Hicksville, NY 11801

Explore Age-Friendly Websites

Age-Friendly NYC, a joint initiative of the NYC Mayor’s Office, the NYC Council and the New York Academy of Medicine, is dedicated to making New York a great place for seniors. Here are just a few of the initiatives you can read about through their network of websites at www.AgeFriendlyNYC.org:

• To learn about programs for the liberal and creative arts, computers and technology, business, job skills, personal growth and more, go to www.AgeFriendlyCollege.org.

• To learn about cultural events happening in your borough, download NYC-ARTS’ cultural guide books for seniors. The books provide information on ticket and member discounts, accessibility and locations and hours for local museums, dance and theater venues, libraries, zoos and more. Go to www.NYC-ARTS.org/seniors.

Act Now! Come to the Drama Class

The Drama class reads plays and screenplays aloud (no experience or memorization required) and discusses how their themes relate to daily life. In September, the class will view two movies, The Old Settler, starring Phylicia Rashad, and Daughters of the Dust, starring Cora Lee Day. Class is held Tuesdays from 10:30 am to 12:30 pm.

Shakespeare Class

Tuesdays, 12:30 pm to 1:30 pm
1199SEIU RMD
330 West 42nd Street, 9th Floor.

QUESTIONS: CALL (646) 473-8666 • OUTSIDE NYC (800) 892-2557
Mary Stovall-Merrill

1199SEIU members. I encourage all of you to stay active and join me for contributions. Paying your dues helps keep our organization strong and dues, and ask anyone who has fallen behind to please restart your.

Finally, I'd like to thank all of you who are current with your Union will be caught early and that you'll stay well.

Of course, staying active does not necessarily keep us healthy. It's also important to see your healthcare provider as necessary, stay current with wellness exam, if you haven't had one this year. Visiting your healthcare Pruebendar of elections, please remember that this year is an important

Speaking of elections, please remember that this year is an important uphold our proud tradition of being

en solidaridad,

años futuros muy interesantes.

Florida Chapters

Broward – Leon Davis Chapter  
Tuesday, September 13 – 1:00 pm to 3:00 pm  
Tamarac Community Center – Coconut Palm Room  
8601 West Commercial Blvd. • Tamarac, FL 33351

Casselberry – Doris Turner Chapter  
Thursday, September 22 – 11:00 am to 1:00 pm  
Casselberry Public Library  
215 North Oxford Road • Casselberry, FL 32707

Fort Myers Chapter  
Monday, September 26 – 11:00 pm to 1:00 pm  
The Riverside Community Center  
3061 East Riverside Drive • Fort Myers, FL 33916

Miami-Dade – Ossie Davis Chapter  
Thursday, September 1 – 10:30 am to 12:30 pm  
Norland United Methodist Church  
885 NW 195th Street  
Miami Gardens, FL 33169

North Port Chapter  
Tuesday, September 27 – 11:00 pm to 1:00 pm  
Morgan Family Community Center  
6207 West Price Blvd. • North Port, FL 34291

Orlando Chapter  
Wednesday, September 21 – 11:00 pm to 1:00 pm  
UAW Local #788  
1825 West Oak Ridge Road • Orlando, FL 32809

Palm Bay/Melbourne Chapter  
Tuesday, September 20 – 1:30 pm to 3:30 pm  
Palm Bay Community Center – Room C  
1502 Port Malabar Blvd., NE • Palm Bay, FL 32905

Port St. Lucie Chapter  
Wednesday, September 28 – 11:00 pm to 1:00 pm  
Port St. Lucie Community Center  
2195 SE Airoso Blvd. • Port St. Lucie, FL 34984

South Palm Beach Chapter  
Thursday, September 8 – 1:00 pm to noon  
Temple Anshe Shalom  
7099 West Atlantic Avenue • Delray Beach, FL 33446

Tampa Chapter  
Wednesday, September 28 – 11:00 pm to 1:00 pm  
1199SEIU Uhwe Office  
500 North West Shore Blvd. • Tampa, FL 33609

West Palm Beach Chapter  
Wednesday, September 7 – 11:00 pm to 1:00 pm  
St. Christopher’s Episcopal Church – Parish Hall  
1063 North Haverhill Road • West Palm Beach, FL 33417

New York City Chapters

Bronx – Joseph James Chapter  
Friday, September 9 • 11:00 am to 1:00 pm  
1199SEIU Healthcare & Education Center  
2501 Grand Concourse, Room 301 • Bronx, NY 10468

Brooklyn – Marshall Dubin Chapter  
Wednesday, September 28 • 11:00 am to 1:00 pm  
Brooklyn College – Student Center, 2nd Floor  
East 27th Street & Campus Road • Brooklyn, NY 11210

Brooklyn – Mattie Small Chapter  
Friday, September 16 • 11:30 pm to 1:30 pm  
1199SEIU Brooklyn Office  
25 Elm Place (between Fulton & Livingston Streets) • Brooklyn, NY 11201

East Harlem – Leon Davis Chapter  
Friday, September 30 • 10:30 pm to noon  
Jefferson Senior Center  
2205 First Avenue • New York, NY 10029

Hicksville – Milton Konowe Chapter  
Wednesday, September 21 • 11:00 pm to 1:00 pm  
1199SEIU Hicksville Office  
100 Duffy Avenue • Hicksville, NY 11801

New Hyde Park – Eleanor Tilson Chapter  
Tuesday, September 20 • 2:00 pm to 3:00 pm  
Northwell Health (formerly NS-LIU) Cohen Children’s Medical Center  
Teaching Center – Conference Room  
269-01 76th Avenue • New Hyde Park, NY 11040

North Bronx – Bernard Minter Chapter  
Tuesday, September 20 • 1:00 pm to 3:00 pm  
Holy Rosary Church  
1510 Adee Avenue (enter at parking lot) • Bronx, NY 10469

Queens – Edward Garrins Chapter  
Tuesday, September 27 • 11:30 pm to 1:00 pm  
Majority Baptist Church  
115-21 Farmers Blvd. • St. Albans, NY 11412

Staten Island Chapter  
Monday, September 12 • 11:00 pm to 1:00 pm  
1199SEIU Training and Employment Funds Office  
790 Port Richmond Avenue (off Forest Avenue) • Staten Island, NY 10302

Suffolk County Chapter  
Thursday, September 8 • 11:00 pm to 1:00 pm  
First Baptist Church of Riverhead  
1018 Northville Turnpike • Riverhead, NY 11901

Westchester – Hudson Valley Region Chapter  
Stay healthy! Come to our yoga class and chapter meeting on Wednesday, September 7. Vision screening will be held at the chapter meeting. Yoga: 11:30 am • Chapter Meeting: 12:30 pm  
1199SEIU United Healthcare Workers East  
99 Church Street • White Plains, NY 10601

North & South Carolinas Chapter  
Welcome Back!  
Thursday, September 15 • 9:30 am to noon  
Birnie Hope Center • 210 South Purdy Street • Sumter, SC 29150  
For information, call Nonnie B. Perry at (803) 481-0475.