

1199SEIU Benefit and Pension Funds
330 West 42nd Street
New York, NY 10036-6977

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Retirees Ring in the Holidays at Anne Shore Banquet

More than 1,300 retirees celebrated the holidays on December 1, 2017, at the annual Anne Shore Banquet. Mitra Behroozi, Executive Director of the Benefit and Pension Funds, welcomed the group and praised their commitment to staying active. 1199SEIU United Healthcare Workers East President George Gresham also thanked the retirees for their continued outreach efforts and support. June Blain, Director of Member Programs, and Lourdes Rodriguez-Dox, Manager in the Retired Members Division (RMD), joined RMD President Mary Stovall-Merrill at the dais to greet the retirees and host the event.

The seniors enjoyed a plated lunch and reconnected with old friends before spending the afternoon on the dance floor, demonstrating what it means to be "Retired but Active!"



Important News


February 2018

ABOUT CHAPTER MEETINGS AND CLASSES!

Questions: Call (646) 473-8666

Outside NYC: (800) 575-7771

www.1199SEIUBenefits.org



1199SEIU
Retired Members
Bulletin



A Message from the Executive Director

Un Mensaje de la Directora Ejecutiva

Dear Retired Members,

As retired 1199SEIU members, you well know the value of your defined benefit pension—especially at a time when most workers in the United States do not have a similar benefit. Your numbers continue to grow. This year we welcomed nearly 7,000 new retirees, which means *105,000 of you* are now receiving a regular pension check from your Pension Fund.

Many of you receive supplemental health coverage to Medicare through your Benefit Fund, another rare benefit today. But whether your Medicare is supplemented by your Fund or not, with the passage of the “Tax Cut and Jobs Act” in December, all seniors’ healthcare is at risk. The Medicare Rights Center and AARP have reported that budget rules triggered by the bill pose both short- and long-term threats to Medicare, requiring automatic and ongoing cuts, starting with \$25 billion in 2018. As President Gresham writes in his message this month, the challenges and struggles facing retirees this year are not going to be easy.

But as we know, 1199SEIU retirees have faced challenges before. Each December, I am fortunate to meet with many of you at our Benefit and Pension Funds’ annual Anne Shore Banquet in New York City and come away with increased admiration and respect for your commitment to your Union and your engagement in your communities. I look forward to meeting more of you at the annual Florida Retiree Banquet on March 23.

I hope you will always remember that your Benefit and Pension Funds are here to help you. If you ever have any questions about your health or pension benefits, please don’t hesitate to call one of our Retiree Services Representatives at (646) 473-8666 or (800) 575-7771.

Best wishes for a happy and healthy New Year!

Sincerely,

Estimados Miembros Jubilados,

Como miembros jubilados de 1199SEIU, ustedes conocen bien el valor de su pensión de beneficios definidos, especialmente en un momento en que la mayoría de los trabajadores de los Estados Unidos no tienen un beneficio similar. Sus números continúan creciendo. Este año, les dimos la bienvenida a cerca de 7,000 jubilados nuevos, lo que significa que *105,000 de ustedes* ahora reciben con regularidad un cheque de pensión del Fondo de Pensiones.

Muchos de ustedes reciben cobertura de salud complementaria a Medicare a través del Fondo de Beneficios, otro beneficio poco común hoy. Sin embargo, independientemente de si su Medicare está complementado por su Fondo o no, con la aprobación de la “Tax Cut and Jobs Act” (Ley de empleos y reducción de impuestos) de diciembre, toda la atención médica de los adultos mayores se encuentra en riesgo. El Centro de Derechos de Medicare y la AARP han informado que el presupuesto se rige impulsado por la propuesta de ley de amenazas tanto de corto como largo plazo a Medicare, que requiere recortes automáticos y regulares, que comienzan con \$25 mil millones en 2018. Como escribe el Presidente Gresham en su mensaje de este mes, los desafíos y dificultades que enfrentan los jubilados este año no van a ser fáciles.

Pero como sabemos, los jubilados de 1199SEIU han enfrentado desafíos antes. Todos los diciembre, tengo el agrado de encontrarme con muchos de ustedes en nuestro Banquete Anual Anne Shore de los Fondos de Beneficios y Pensiones en la Ciudad de Nueva York y me retiro con gran admiración y respeto por su compromiso con su Sindicato y su participación en las comunidades. Deseo encontrarme con más de ustedes en el Banquete Anual de Jubilados de Florida el 23 de marzo.

Espero que siempre recuerden que sus Fondos de Beneficios y Pensiones están a su entera disposición para ayudarlos. Si tienen alguna pregunta sobre sus beneficios de salud o de pensión, no duden en llamar a uno de nuestros Representantes de Servicios a Jubilados al (646) 473-8666 o al (800) 575-7771.

¡Mis mejores deseos para un Año Nuevo feliz y saludable!

Atentamente,

Help Us Protect Your Pension

To ensure that you continue to receive the pension you’ve earned—and to protect you and the Pension Fund from forgeries and other fraudulent practices—we are verifying our retirees’ pension information. If you have received a letter from the Pension Fund and HMS, with whom we’ve partnered in this program, asking you to update your pension information, please respond as soon as possible. **It’s very important that you respond quickly in order to avoid any disruption in your pension payments.**

Ayúdenos a Proteger Su Pensión

Para asegurarnos de que siga recibiendo la pensión que se ha ganado, y para protegerlo y proteger al Fondo de Pensiones de estafas y otras actividades fraudulentas, debemos verificar la información sobre las pensiones de nuestros jubilados. Si usted ha recibido una carta del Fondo de Pensiones y del HMS, con quien nos asociamos en este programa, solicitándole que actualice su información de pensión, responda lo más pronto posible. **Es muy importante que responda rápidamente para evitar cualquier interrupción en los pagos de su pensión.**



President's Message

Mensaje de la Presidenta

Dear Sisters and Brothers,

In my first message of 2018, I'd like to wish you and your families a happy and healthy New Year, and I hope you enjoyed a wonderful holiday season. I'd also like to remind you that this time of year is ripe for new beginnings, giving you the chance to renew your efforts to fulfill our motto as 1199SEIU retirees who remain "Retired but Active."

With that said, our energy and active lifestyle were on full display at the annual Anne Shore Banquet in New York City in December, when more than 1,300 retirees filled the banquet hall of the Hilton New York. It was a perfect chance to catch up with old friends and dance the afternoon away, and I thank everyone who joined the celebration.

As retired 1199SEIU members, we have lots to be thankful for. Our defined benefit pension is reason enough to celebrate, but we also have other resources that help us stay active and engaged, such as a wide variety of free classes held at our Benefit Fund Headquarters in Manhattan and at our chapters in the Bronx, Brooklyn, Queens, White Plains and Long Island. Choose from yoga, drama, dance, photography, sewing, chi gong, tai chi and many more. Remember to save your *1199SEIU Retired Members Bulletin* or check the class schedules by visiting www.1199SEIUBenefits.org/retiree-activities/.

Not all of our fellow retirees, however, are able to get out as they once did, and I ask anyone who is able, to please join our efforts to reach these members by visiting them or taking them to a chapter meeting. Your monthly chapter meetings are a great way to stay involved and informed. You can learn more about our "Seniors Out Speaking" program, which keeps retirees up to date on their Medicare benefits. Lastly, I urge every retired member who can afford it to keep up with their Union dues.

Finally, let's not forget that February is Black History Month and, in keeping with the spirit of Dr. Martin Luther King, Jr., let us continue to stay active and work to protect our hard-earned benefits for the next generation of retirees.

In solidarity,
Mary Stovall-Merrill

Estimados Hermanos y Hermanas:

En mi primer mensaje de 2018, me gustaría desearles a ustedes y a sus familias un Año Nuevo feliz y saludable, y espero que hayan disfrutado de una maravillosa temporada de fiestas. También me gustaría recordarles que esta época del año es perfecta para nuevos comienzos, dándoles la oportunidad para renovar los esfuerzos para cumplir con nuestro lema como jubilados de 1199SEIU, quienes nos mantenemos "Jubilados pero activos".

Dicho esto, nuestra energía y estilo de vida activa fueron evidentes en el Banquete Anual Anne Shore en la Ciudad de Nueva York llevado a cabo en el mes de diciembre, cuando más de 1,300 jubilados llenaron el salón de banquetes del hotel Hilton New York. Fue una oportunidad perfecta para ponerse al día con viejos amigos y bailar durante la tarde, y les agradezco a todos los que vinieron a celebrar con nosotros.

Como miembros jubilados de 1199SEIU, tenemos mucho que agradecer. Nuestra pensión de beneficios definidos es motivo suficiente para celebrar, pero también tenemos otros recursos que nos ayudan a mantenernos activos y participando, como una amplia variedad de clases gratuitas llevadas a cabo en nuestra sede central del Fondo de Beneficios en Manhattan y en nuestras agrupaciones en Bronx, Brooklyn, Queens, White Plains y Long Island. Elija entre yoga, teatro, baile, fotografía, costura, chi gong, tai chi y muchas más actividades. Recuerden guardar su *Boletín para Miembros Jubilados de 1199SEIU* o consultar los horarios de las clases visitando www.1199SEIUBenefits.org/retiree-activities/.

Sin embargo, no todos nuestros compañeros jubilados están en condiciones de salir como antes lo hacían, y les pido a todos los que lo puedan hacer, que se unan a nuestros esfuerzos de llegar a estos miembros, ya sea visitándolos o llevándolos a una reunión de una agrupación local. Las reuniones mensuales de las agrupaciones son una gran forma de seguir participando y de mantenerse informado. Puede aprender más sobre nuestro programa "Ancianos que Expresan Opiniones" (Seniors Out Speaking), que mantiene a los jubilados actualizados con sus beneficios de Medicare. Por último, invito a cada miembro jubilado que pueda hacerlo a mantenerse al día con sus cuotas Sindicales.

Finalmente, no nos olvidemos que febrero es el Mes de la Historia Afroamericana y, siguiendo el espíritu del Dr. Martin Luther King, Jr., continuemos manteniéndonos activos y trabajando para proteger nuestros beneficios arduamente conseguidos para la próxima generación de jubilados.

En solidaridad,
Mary Stovall-Merrill



A Message from / Un Mensaje de GEORGE GRESHAM

PRESIDENT / PRESIDENTE, 1199SEIU UNITED HEALTHCARE WORKERS EAST

Dear Sisters and Brothers,

1199SEIU retirees who are familiar with this column know that ordinarily we use this space to try to address important challenges facing our Union, to explain campaigns we are engaged in or to address crucial issues of the day.

This time, I'm going to get a bit personal. Last fall, I lost my beloved wife of 40 years. Sandy was the mother of our three children and grandmother to our grandchildren. She was my closest companion, best friend and counselor—the one I looked forward to coming home to every night to talk about whatever was on our minds.

Very few of you ever had the opportunity to meet this beautiful woman, but you should know that she deserves a lot of credit for whatever contributions I've been able to make to our Union. The years of my 1199SEIU membership and my marriage are of nearly the same duration. As my Union responsibilities grew—from Delegate to Organizer to Vice President, Executive Vice President, Secretary Treasurer and now President—Sandy and my kids willingly shared me with our members. They knew and understood how important our work is. This was an enormous contribution on her and their part, and no small sacrifice.

For myself—and most likely for you—the struggles we 1199ers engage in are in the first place for our families. This is not only true of our fights for pensions and retirement security, decent contracts, job protections, wages, benefits, vacation time and such, but also those we wage in our larger communities. We campaign to elect officials who will defend our hard-earned gains and will help advance public education, healthcare and the welfare of our families. We fight to save our planet from environmental degradation for the future of our children and their children.

We are now in the fight of our lives to hold onto our civil rights, our voting rights, our collective bargaining rights, our immigrant rights, our reproductive rights as we face down a greedy, corrupt class of billionaires who would destroy everything our families need to enjoy a decent life—including the very water we drink and the air we breathe.

Of course, for us Union members, the idea of “family” is not limited to just our spouses and children. We—certainly I—think of 1199SEIU as a larger family. We have lots of differences among us—what family does not?—but what holds us together is much stronger than any differences. It's not by accident that we call one another “sister” and “brother.”

The challenges and struggles that await us this year are not going to be easy. We're going to need all of our sisters and brothers more than ever.

In solidarity,

George Gresham

Queridos Hermanos y Hermanas,

Los jubilados de 1199SEIU que conocen esta columna saben que, normalmente, usamos este espacio para tratar de abordar los desafíos importantes que enfrenta nuestro Sindicato, para explicar las campañas en las que participamos o para abordar los problemas esenciales del día.

Esta vez, la voy a hacer un poco más personal. El otoño pasado, perdí a mi amada esposa con quien compartí 40 años. Sandy era la madre de nuestros tres hijos y la abuela de nuestros nietos. Era mi compañera más cercana, mi mejor amiga y consejera, era a quien esperaba que volviera a casa todas las noches para hablar sobre cualquier cosa que tuviéramos en mente.

Muy pocos de ustedes tuvieron la oportunidad de conocer a esta hermosa mujer, pero deben saber que merece mucho crédito por cualquier aporte que yo le haya hecho a nuestro Sindicato. La cantidad de años como miembro de 1199SEIU y de matrimonio son prácticamente los mismos. Como mis responsabilidades en el Sindicato crecieron, de Delegado a Organizador, Vicepresidente, Vicepresidente Ejecutivo, Secretario Tesorero y ahora Presidente, Sandy y mis hijos me compartieron voluntariamente con los miembros. Sabían y entendían lo importante que es nuestro trabajo. Esto fue una contribución enorme de su parte, y no un sacrificio pequeño.

Para mí, y probablemente para la mayoría de ustedes, las dificultades que tenemos los miembros de 1199 son, en primer lugar, para nuestras familias. Esto no solo es verdad por nuestras batallas por pensiones y seguridad para la jubilación, contratos decentes, protecciones laborales, salarios, beneficios, tiempo de vacaciones y más, sino también para aquellos a los que involucramos en nuestras comunidades más grandes. Hacemos campañas para elegir funcionarios que defenderán nuestros logros conseguidos con tanto esfuerzo y ayudarán a que avance la educación pública, la atención médica y el bienestar de nuestras familias. Peleamos para salvar a nuestro planeta de la degradación ambiental para nuestros hijos y sus hijos.

Nos encontramos ahora en la pelea de nuestras vidas para aferrarnos a nuestros derechos civiles, nuestros derechos al voto, nuestros derechos de negociación colectiva, nuestros derechos de inmigrantes y nuestros derechos reproductivos, ya que enfrentamos una clase de mil millones codiciosos y corruptos que destruirían todo lo que nuestras familias necesitan para disfrutar de una vida decente, incluidos el agua que bebemos y el aire que respiramos.

Por supuesto, para los miembros de nuestro Sindicato, la idea de “familia” no se limita solo a nuestras esposas e hijos. Creemos, y en especial yo, que 1199SEIU es una familia más grande. Tenemos muchas diferencias entre nosotros. ¿Qué familia no las tiene? Pero lo que nos mantiene juntos es mucho más fuerte que nuestras diferencias. No es por casualidad que entre nosotros nos llamamos “hermana” y “hermano”.

Los desafíos y las dificultades que nos esperan este año no van a ser fáciles. Vamos a necesitar de todos nuestros hermanos y hermanas más que nunca.

En solidaridad,

George Gresham

Yoga Classes

Classes are held four times each month, except where noted.*
Please check the calendar for exact dates.

Bronx

Wednesdays, noon to 1:00 pm

1199SEIU Healthcare & Education Center
2501 Grand Concourse, Room 301 • Bronx, NY 10468



Brooklyn

Advanced Chair Yoga class: Fridays, 10:00 am to 11:00 am

Beginners' Chair Yoga class: Fridays, 12:15 pm to 1:15 pm

25 Elm Place (between Fulton & Livingston Streets), Rooms 4 & 5
Brooklyn, NY 11201

Hicksville

Yoga/Meditation class: Tuesdays, 9:00 am to 10:00 am*

**(three classes per month—please check the calendar)*

Beginners' Yoga Class: Wednesdays, 9:00 am to 10:00 am

Advanced Yoga Class: Wednesdays, 10:00 am to 11:00 am

100 Duffy Avenue, 3rd Floor • Hicksville, NY 11801

Manhattan Headquarters

Thursdays, 11:00 am to noon • Fridays, 2:00 pm to 3:00 pm

330 West 42nd Street, 9th Floor • New York, NY 10036

New Hyde Park*

Tuesday, February 20, 1:00 pm to 2:00 pm **(one class per month)*

Northwell Health Cohen Children's Medical Center

Teaching Center—Cafeteria—Lower Level

269-01 76th Avenue • New Hyde Park, NY 11040

Queens

Yoga/Meditation class: Mondays, 10:00 am to 11:00 am

Hatha Yoga class: Mondays, 11:15 am to 12:15 pm

Hatha Yoga is the root of the physical yoga practice. Groups and individuals use this ancient, classic yoga style to get fit and encourage a healthy mind-body connection.

Intermediate Mat Yoga class: Tuesdays, 10:00 am to 11:00 am

Beginners' Chair Yoga class: Tuesdays, 11:15 am to 12:15 pm

Devore Dance Center • 205-05 Hollis Avenue, Main Floor • Jamaica, NY 11412

Suffolk County*

Beginners' Yoga/Meditation class

**(three classes per month, from 11:00 am to 1:00 pm—please check the calendar)*

Yoga class: Thursdays, 11:00 am to noon;

Meditation class: Thursdays, noon to 1:00 pm

First Baptist Church of Riverhead • 1018 Northville Turnpike

Riverhead, NY 11901

White Plains

Wednesdays, 11:30 am to 12:30 pm

1199SEIU Benefit and Pension Funds

White Plains Office • 99 Church Street • White Plains, NY 10601

Unwind with Mindfulness Meditation in Brooklyn

Boost your mental and physical well-being with our new Mindfulness-Based Stress Reduction class in Brooklyn. You'll learn a combination of meditation and yoga to help ease stress and increase your energy. The class meets on Mondays from noon to 1:00 pm. **Please check the calendar for exact dates.**

Sign Up for "Seniors Out Speaking"

Become a volunteer in the Medicare Rights Center's "Seniors Out Speaking" (SOS) program and help educate other seniors about their Medicare benefits. For more information about our 1199SEIU SOS volunteer program, call (646) 473-6916.

Manhattan Headquarters

Thursday, February 1 • 9:30 am to noon

330 West 42nd Street, 33rd Floor (Penthouse) • New York, NY 10036

Hicksville • Tuesday, February 20 • 9:30 am to noon

100 Duffy Avenue, 3rd Floor • Hicksville, NY 11801

Dance Classes

If you're interested in learning the latest dance steps, come join our dance classes. Classes are held four times a month, except where noted. **Please check the calendar for exact dates.**

Manhattan Headquarters • Fridays, 1:00 pm to 2:00 pm

330 West 42nd Street • New York, NY 10036

Brooklyn

Mondays, 11:00 am to noon • Wednesdays, 2:00 pm to 3:00 pm

25 Elm Place (between Fulton & Livingston Streets) • Brooklyn, NY 11201

Hicksville • Wednesdays, 11:00 am to noon

100 Duffy Avenue, 3rd Floor • Hicksville, NY 10036

New Hyde Park*

Tuesday, February 20, 2:00 pm to 3:00 pm **(one class per month)*

Northwell Health Cohen Children's Medical Center Teaching Center—Cafeteria—Lower Level • 269-01 76th Avenue • New Hyde Park, NY 11040

Queens • Mondays, 12:30 pm to 1:30 pm

Devore Dance Center • 205-05 Hollis Avenue, Main Floor • Jamaica, NY 11412

Explore Age-Friendly Websites

Age-Friendly NYC, a joint initiative of the NYC Mayor's Office, the NYC Council and the New York Academy of Medicine, is dedicated to making New York a great place for seniors. Here are just a few of the initiatives you can read about through their network of websites at **www.AgeFriendlyNYC.org**:

- To learn about programs for the liberal and creative arts, computers and technology, business, job skills, personal growth and more, go to **www.AgeFriendlyCollege.org**.
- To learn about cultural events happening in your borough, download NYC-ARTS' cultural guide books for seniors. The books provide information on ticket and member discounts, accessibility and locations and hours for local museums, dance and theater venues, libraries, zoos and more. Go to **www.NYC-ARTS.org/seniors**.
- Get information on upcoming cultural events, senior services and programs, community partners and senior centers near your home at the Department for the Aging website, **www.NYC.gov/aging**.
- Join the Theatre Development Fund (TDF), a nonprofit organization that works to make theater affordable and accessible to all. For full details, visit **www.TDF.org**.

Shakespeare Class

Tuesdays, 12:30 pm to 1:30 pm

1199SEIU RMD, 330 West 42nd Street, 9th Floor

The class is now reading *Henry IV, Part 2*, a play about the burden of power, old age and atonement for the past.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Meeting Topics*</p> <p>February: Thyroid Disease</p> <p>March: Kidney Disease</p> <p><i>*Sponsored by HealthCare Partners, IPA</i></p>		<p>All classes are held at our Manhattan Headquarters unless otherwise indicated.</p>		<p>1</p> <p>10-11 Tai Chi 11-12 Yoga* 12-1 Lunch Club 3-5 Arts & Crafts 3-5 Sewing</p>	<p>2</p> <p>10-11 Chair Yoga* (Adv) (BKLYN) 10-12 Quilting 11:15-12:15 Zumba Gold (BKLYN) 12:15-1:15 Chair Yoga* (Beg) (BKLYN) 1-2 Dance 1:30-2:30 Zumba Gold (BKLYN) 2-3 Yoga* 3:30-4:30 Zumba Gold</p>
<p>5</p> <p>10-11 Chi Gong (BKLYN) 10-11 Yoga*/Meditation (QNS) 10:30-11:30 Opera Appreciation 11-12 Dance (BKLYN) 11:15-12:15 Hatha Yoga* (QNS) 12-1 Mindfulness Meditation (BKLYN) 12-1 Art History 12:30-1:30 Dance (QNS) 1:30-3:30 Executive Committee Meeting)</p>	<p>6</p> <p>9-10 Yoga*/Meditation (Hicksville) 9:30-12 Photography 10-11 Mat Yoga* (Int) (QNS) 10:30-12 Drama 11-1 Knitting & Crocheting (Beg) (QNS) 11:15-12:15 Chair Yoga* (Beg) (QNS) 12:30-1:30 Shakespeare 12:30-3 Art 1:15-2:15 Zumba Gold (QNS) 1:30-3 Discussion Group</p>	<p>7</p> <p>9-10 Yoga* (Beg) (Hicksville) 9-11 Knitting & Crocheting (Beg) (BKLYN) 10-11 Yoga* (Adv) (Hicksville) 10-12 Choral Group 10-12 Knitting & Crocheting (Beg) 11-12 Dance (Hicksville) 11-1 Knitting & Crocheting (Int/Adv) (BKLYN) 11:30-12:30 Yoga* (White Plains) 12-1 Yoga* (BX) 12:15-1:15 Zumba-T (Hicksville) 12:30-4:30 Knitting & Crocheting (Int/Adv) 1-2 Chi Gong (BKLYN) 1:30-2:30 Chi Gong (BX) 2-3 Dance (BKLYN) 2:30-3:30 Bingo (White Plains) 3-4 Latin Dance (BX)</p>	<p>8</p> <p>10-11 Tai Chi 11-12 Yoga* 12-1 Lunch Club 1-3 General Membership Meeting 3-5 Arts & Crafts 3-5 Sewing</p>	<p>9</p> <p>10-11 Chair Yoga* (Adv) (BKLYN) 10-12 Quilting 11:15-12:15 Zumba Gold (BKLYN) 12:15-1:15 Chair Yoga* (Beg) (BKLYN) 1-2 Dance 1:30-2:30 Zumba Gold (BKLYN) 2-3 Yoga* 3:30-4:30 Zumba Gold</p>	
<p>12</p> <p>10-11 Chi Gong (BKLYN) 10-11 Yoga*/Meditation (QNS) 10:30-11:30 Opera Appreciation 11-12 Dance (BKLYN) 11:15-12:15 Hatha Yoga* (QNS) 12-1 Mindfulness Meditation (BKLYN) 12-1 Art History 12:30-1:30 Dance (QNS)</p>	<p>13</p> <p>9-10 Yoga*/Meditation (Hicksville) 9:30-12 Photography 10-11 Mat Yoga* (Int) (QNS) 10:30-12 Drama 11-1 Knitting & Crocheting (Beg) (QNS) 11:15-12:15 Chair Yoga* (Beg) (QNS) 12:30-1:30 Shakespeare 12:30-3 Art 1:15-2:15 Zumba Gold (QNS) 1:30-3 Discussion Group</p>	<p>14</p> <p>9-10 Yoga* (Beg) (Hicksville) 9-11 Knitting & Crocheting (Beg) (BKLYN) 10-11 Yoga* (Adv) (Hicksville) 10-12 Knitting & Crocheting (Beg) 11-12 Dance (Hicksville) 11-1 Knitting & Crocheting (Int/Adv) (BKLYN) 11:30-12:30 Yoga* (White Plains) 12-1 Yoga* (BX) 12:15-1:15 Zumba-T (Hicksville) 12:30-4:30 Knitting & Crocheting (Int/Adv) 1-2 Bingo (White Plains) 1-2 Chi Gong (BKLYN) 1:30-2:30 Chi Gong (BX) 2-3 Dance (BKLYN) 3-4 Latin Dance (BX)</p>	<p>15</p> <p>10-11 Tai Chi 11-12 Yoga* 12-1 Lunch Club 1-3 Birthday Party 3-5 Arts & Crafts 3-5 Sewing</p>	<p>16</p> <p>10-11 Chair Yoga* (Adv) (BKLYN) 10-12 Quilting 1-2 Dance 1:30-2:30 Zumba Gold (BKLYN) 2-3 Yoga* 3:30-4:30 Zumba Gold</p>	
<p>19</p> <p>OFFICE CLOSED</p>	<p>20</p> <p>9:30-12 Photography 10-11 Mat Yoga* (Int) (QNS) 10:30-12 Drama 11-1 Knitting & Crocheting (Beg) (QNS) 11:15-12:15 Chair Yoga* (Beg) (QNS) 12:30-1:30 Shakespeare 12:30-3 Art 1-2 Yoga* (New Hyde Park) 1:15-2:15 Zumba Gold (QNS) 1:30-3 Discussion Group 2-3 Dance (New Hyde Park)</p>	<p>21</p> <p>9-10 Yoga* (Beg) (Hicksville) 9-11 Knitting & Crocheting (Beg) (BKLYN) 10-11 Yoga* (Adv) (Hicksville) 10-12 Choral Group 10-12 Knitting & Crocheting (Beg) 11-1 Knitting & Crocheting (Int/Adv) (BKLYN) 11:30-12:30 Yoga* (White Plains) 12-1 Yoga* (BX) 12:30-4:30 Knitting & Crocheting (Int/Adv) 1-2 Bingo (White Plains) 1-2 Chi Gong (BKLYN) 1:30-2:30 Chi Gong (BX) 2-3 Dance (BKLYN) 3-4 Latin Dance (BX)</p>	<p>22</p> <p>10-11 Tai Chi 11-12 Yoga* 12-1 Lunch Club 3-5 Arts & Crafts 3-5 Sewing</p>	<p>23</p> <p>10-11 Chair Yoga* (Adv) (BKLYN) 10-12 Quilting 11:15-12:15 Zumba Gold (BKLYN) 12:15-1:15 Chair Yoga* (Beg) (BKLYN) 1-2 Dance 1:30-2:30 Zumba Gold (BKLYN) 2-3 Yoga* 3:30-4:30 Zumba Gold</p>	
<p>26</p> <p>10-11 Chi Gong (BKLYN) 10-11 Yoga*/Meditation (QNS) 10:30-11:30 Opera Appreciation 11-12 Dance (BKLYN) 11:15-12:15 Hatha Yoga* (QNS) 12-1 Mindfulness Meditation (BKLYN) 12-1 Art History 12:30-1:30 Dance (QNS)</p>	<p>27</p> <p>9-10 Yoga*/Meditation (Hicksville) 9:30-12 Photography 10-11 Mat Yoga* (Int) (QNS) 10:30-12 Drama 11-1 Knitting & Crocheting (Beg) (QNS) 11:15-12:15 Chair Yoga* (Beg) (QNS) 12:30-1:30 Shakespeare 12:30-3 Art 1:15-2:15 Zumba Gold (QNS) 1:30-3 Discussion Group</p>	<p>28</p> <p>9-10 Yoga* (Beg) (Hicksville) 9-11 Knitting & Crocheting (Beg) (BKLYN) 10-11 Yoga* (Adv) (Hicksville) 10-12 Choral Group 10-12 Knitting & Crocheting (Beg) 11-12 Dance (Hicksville) 11-1 Knitting & Crocheting (Int/Adv) (BKLYN) 11:30-12:30 Yoga* (White Plains) 12-1 Yoga* (BX) 12:15-1:15 Zumba-T (Hicksville) 12:30-4:30 Knitting & Crocheting (Int/Adv) 1-2 Bingo (White Plains) 1-2 Chi Gong (BKLYN) 1:30-2:30 Chi Gong (BX) 2-3 Dance (BKLYN) 3-4 Latin Dance (BX)</p>	<p>The Staten Island 1199SEIU Office Is Closed for Retiree Events</p> <p>The 1199SEIU Training and Employment Funds Office at 790 Port Richmond Avenue, Staten Island, is undergoing renovation; therefore, no Staten Island classes, chapter meetings or "Seniors Out Speaking" (SOS) programs will be held, until further notice.</p>		

1199SEIU Annual Florida Retiree Banquet—Friday, March 23, 2018

We hope to see all of our Florida retirees at the annual Florida Retiree Banquet at the Orlando World Center Marriott, 8701 World Center Drive, Orlando, FL 32821.

Program: Registration begins at 9:00 am. Enjoy a continental breakfast until the town hall meeting at 10:30 am. A banquet luncheon will be served at 11:45 am, followed by entertainment and dancing until 3:00 pm.

Reservations Are Required: Tickets are \$10 per member and \$20 per guest. **NO PERSONAL CHECKS.** Please leave the “PAY TO” area of your money order blank until your membership has been verified. Then money orders should be payable to “**1199SEIU NBF.**” (For retirees’ convenience, the Florida-based check cashing company Amscot does not charge for money orders.) Reservation forms will be available onsite at the February chapter meetings, where tickets will also be sold. There are **NO** March Florida chapter meetings.

Banquet Reservation Deadline Is Wednesday, February 28, 2018: Members who do not buy their tickets at a chapter meeting, who cannot attend a meeting or who live outside meeting areas may request a reservation form from Marilyn Silverberg (see below). This form must be submitted **no later than February 28.** To receive your ticket(s) and bus information, mail your money order and reservation form, along with a self-addressed, stamped envelope, to: **Marilyn Silverberg, 8775 Via Tuscany Drive, Boynton Beach, FL 33472.**

DO NOT SEND YOUR MONEY ORDER WITHOUT A RESERVATION FORM. Hotel Reservation Deadline Is Friday, March 2, 2018:

To reserve a room at the Orlando World Center Marriott, 8701 World Center Drive, call (407) 239-4200 or (888) 789-3090. The room reservation block is “**1199SEIU National Benefit and Pension Funds Banquet**” at a special rate of \$163 per night.

Car Transportation: If you are driving to the Orlando World Center Marriott, parking is \$10 per car. Be sure to ask for your discount parking coupon at the banquet.

Bus Transportation: Reserved bus seats will be available only in chapter areas. Please refer to the following bus schedule to confirm the location for parking your car. This information will also be given out at the February chapter meetings.

BUS SCHEDULE

Broward – Leon Davis Chapter

5:15 am – Board bus
Lowe’s parking lot • 8050 West Oakland Park Blvd. Sunrise, FL 33351 (Park closest to Oakland Park Blvd.)

Casselberry – Doris Turner Chapter

8:00 am – Board bus
St. Augustine Church • 375 North Sunset Drive Casselberry, FL 32707 (Park on the Seminola Blvd. side)

Fort Myers Chapter 5:15 am – Board bus
Bealls Shopping Plaza • 1209 Homestead Road North Lehigh Acres, FL 33936 (Park in lower end)

Miami-Dade – Ossie Davis Chapter

4:30 am – Board bus
Norland United Methodist Church
885 NW 195th Street • Miami Gardens, FL 33169 (Park along rear fence, away from building)

North Port Chapter 6:00 am – Board bus

Morgan Family Community Center
6207 West Price Blvd. • North Port, FL 34286 (Located across from North Port High School)

Orlando Chapter 8:00 am – Board bus

UAW Local #788 • 1825 West Oak Ridge Road Orlando, FL 32809 (Park in rear lot of building, on grassy area)

Palm Bay/Melbourne Chapter

6:45 am – Board bus
Palm Bay Community Center—Parks & Recreation
1502 Port Malabar Blvd., NE • Palm Bay, FL 32905 (Park along wood fence, in front grassy area)

Port St. Lucie Chapter 6:30 am – Board bus

Walmart Supercenter • 10855 South US Highway 1 Port St. Lucie, FL 34952 (Enter at traffic light—south entrance—and park to the left)

South Palm Beach Chapter

5:15 am – Board bus
Temple Anshei Shalom
7099 West Atlantic Avenue
Delray Beach, FL 33446 (Park in far rear parking area)

Tampa Chapter – Tampa (first stop)

7:00 am – Board bus
Sun Trust Building (Union meeting site)
500 North West Shore Blvd. • Tampa, FL 33609 (Park on 3rd level **only** and go to main lot, street level, for bus pick-up)

Tampa Chapter – Brandon (second stop)

7:45 am – Board bus
Westfield Mall • 459 Brandon Town Center
Brandon, FL 33511 (Park on southwest side of mall, between Sears and Macy’s)

West Palm Beach Chapter

5:15 am – Board bus
St. Christopher’s Episcopal Church
1063 North Haverhill Road
West Palm Beach, FL 33417 (Park in rear parking lot, away from church on Haverhill Road side)

If you need a reservation form, or have any further questions about the 1199SEIU Florida Retiree Banquet, contact Marilyn Silverberg at (877) 369-8340 (toll free), (561) 369-8340 (in Palm Beach County), (561) 369-8342 (fax) or Marilyn.Silverberg@1199Funds.org.

Watch Your Mail for Your 1099 Tax Form

The 1199SEIU Benefit and Pension Funds are required to report to you and to the Internal Revenue Service the pension income you have received for the year 2017 by filing a Form 1099. You should receive your Form 1099 in early February. Please ensure that your mailing address on file with us is correct, in order to receive this important document. You may verify and/or update your mailing address by using My Account at www.1199SEIUBenefits.org or by calling our Retiree Services Center at (646) 473-8666.

Esté Atento a Su Correspondencia para Obtener Su Formulario de Impuesto 1099

Se solicita que los Fondos de Pensiones y Beneficios de 1199SEIU les informen a usted y al Servicio de Impuestos Internos el ingreso de pensión que usted ha recibido en el año 2017. Para ello, se debe completar el formulario 1099. Usted debe recibir el formulario 1099 a principio de febrero. Asegúrese de que la dirección de correo postal en nuestro archivo sea correcta, para recibir este documento importante. Usted puede verificar y actualizar su dirección de correo postal ingresando en My Account en www.1199SEIUBenefits.org o llamando a nuestro Centro de Servicios para Jubilados al (646) 473-8666.

To learn about trip and vacation offers, call (800) 431-1130, ext. 5537.

Please note that the travel company—not the Funds or the Union—is solely responsible for the trips provided.

Florida Chapters

Broward – Leon Davis Chapter

Tuesday, February 13 – 1:00 pm to 3:00 pm
Tamarac Community Center – Coconut Palm Room
8601 West Commercial Blvd. • Tamarac, FL 33351

Casselberry – Doris Turner Chapter **NEW TIME!**

Thursday, February 22 – 11:00 am to 1:00 pm
Casselberry Public Library
215 North Oxford Road • Casselberry, FL 32707

Fort Myers Chapter

Monday, February 26 – 11:00 am to 1:00 pm
The Riverside Community Center
3061 East Riverside Drive • Fort Myers, FL 33916

Miami-Dade – Ossie Davis Chapter

Thursday, February 1 – 10:30 am to 12:30 pm
Norland United Methodist Church
885 NW 195th Street
Miami Gardens, FL 33169

North Port Chapter

Tuesday, February 27 – 11:00 am to 1:00 pm
Morgan Family Community Center
6207 West Price Blvd. • North Port, FL 34291

Orlando Chapter

Wednesday, February 21 – 11:00 am to 1:00 pm
UAW Local #788
1825 West Oak Ridge Road • Orlando, FL 32809

Palm Bay/Melbourne Chapter

Tuesday, February 20 – 1:30 pm to 3:30 pm
Palm Bay Community Center – Room C
1502 Port Malabar Blvd., NE • Palm Bay, FL 32905

Port St. Lucie Chapter **NEW DAY!**

Monday, February 12 – 11:00 am to 1:00 pm
Port St. Lucie Community Center
2195 SE Airoso Blvd. • Port St. Lucie, FL 34984

South Palm Beach Chapter

Thursday, February 8 – 10:00 am to noon
Temple Anshei Shalom
7099 West Atlantic Avenue • Delray Beach, FL 33446

Tampa Chapter **NEW LOCATION!**

Wednesday, February 28 – 11:00 am to 1:00 pm
Springhill Suites by Marriott
4835 West Cypress Street • Tampa, FL 33607

West Palm Beach Chapter

Wednesday, February 7 – 11:00 am to 1:00 pm
St. Christopher's Episcopal Church – Parish Hall
1063 North Haverhill Road • West Palm Beach, FL 33417

For information, contact Marilyn Silverberg:
Marilyn.Silverberg@1199Funds.org; Toll-free: (877) 369-8340
Palm Beach County: (561) 369-8340; Fax: (561) 369-8342
8775 Via Tuscany Drive • Boynton Beach, FL 33472

New York Chapters

Bronx – Joseph James Chapter

Friday, February 9 • 11:00 am to 1:00 pm
1199SEIU Healthcare & Education Center
2501 Grand Concourse, Room 301 • Bronx, NY 10468

Brooklyn – Marshall Dubin Chapter

Wednesday, February 28 • 11:00 am to 1:00 pm
Brooklyn College – Student Center, 2nd Floor
East 27th Street & Campus Road • Brooklyn, NY 11210

Brooklyn – Mattie Small Chapter

Friday, February 16 • 11:30 am to 1:30 pm
1199SEIU Brooklyn Office
25 Elm Place (*between Fulton & Livingston Streets*) • Brooklyn, NY 11201

East Harlem – Leon Davis Chapter

Friday, February 23 • 10:30 am to noon
Jefferson Senior Center
2205 First Avenue • New York, NY 10029

Hicksville – Milton Konowe Chapter

Wednesday, February 21 • 11:00 am to 1:00 pm
1199SEIU Hicksville Office
100 Duffy Avenue • Hicksville, NY 11801

New Hyde Park – Eleanor Tilson Chapter

Tuesday, February 20 • 3:00 pm to 4:30 pm
Northwell Health (formerly NS-LIJ) Cohen Children's Medical Center
Cafeteria – Lower Level
269-01 76th Avenue • New Hyde Park, NY 11040

North Bronx – Bernard Minter Chapter

Tuesday, February 13 • 1:00 pm to 3:00 pm
Holy Rosary Church
1510 Adee Avenue (*enter at parking lot*) • Bronx, NY 10469

Queens – Edward Garrins Chapter

Tuesday, February 27 • 11:30 am to 1:00 pm
Majority Baptist Church
115-21 Farmers Blvd. • St. Albans, NY 11412

Staten Island Chapter

No classes or meetings until further notice
1199SEIU Training and Employment Funds Office
790 Port Richmond Avenue (*off Forest Avenue*) • Staten Island, NY 10302

Suffolk County Chapter

Meetings and classes will resume in April
First Baptist Church of Riverhead
1018 Northville Turnpike • Riverhead, NY 11901

Westchester – Hudson Valley Region Chapter

Stay healthy! Come to our yoga class and chapter meeting on
Wednesday, February 7: Yoga: 11:30 am • Chapter Meeting: 12:30 pm
1199SEIU United Healthcare Workers East
99 Church Street • White Plains, NY 10601

North & South Carolinas Chapter

Friday, February 16 • 9:30 am to noon
Bernie Hope Center • 210 South Purdy Street • Sumter, SC 29150
For more information, call (843) 861-1265.