Important News

April 2019

ABOUT CHAPTER MEETINGS AND CLASSES!

Questions: Call (646) 473-8666
Outside NYC: (800) 575-7771
www.1199SEIUBenefits.org

HCEPF Retirees: Help Us Protect Your Pension

To ensure that you continue to receive the pension you’ve earned—and to protect you and the Health Care Employees Pension Fund (HCEPF) from forgeries and other fraudulent practices—we are conducting the HCEPF’s 2019 Pension Verification Program. If you receive a letter from the Pension Fund and HMS, the firm we’ve hired to conduct the verification program, it means you are a member of the HCEPF. The letter details the steps you need to take to verify your pension benefit information. It’s very important that you respond quickly in order to avoid any disruption in your pension payments.

Correction: The day of the Florida Retiree Banquet was listed incorrectly in the March 2019 Bulletin. Please note the correct day is Tuesday, April 16. We apologize for any inconvenience.
# New York April Calendar

**Classes are open to all retirees and are free of charge. No registration is required.**

**New York APRIL CALENDAR**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>10-11</td>
<td>10-11</td>
<td>9-10</td>
<td>10-11</td>
<td>10-11</td>
</tr>
<tr>
<td>10-11</td>
<td>10-11</td>
<td>9-10</td>
<td>10-11</td>
<td>10-11</td>
</tr>
<tr>
<td>11:12</td>
<td>Dance (BKLYN)</td>
<td>12-1 Mindfulness Meditation (BKLYN)</td>
<td>12-1 Mindfulness Meditation (BKLYN)</td>
<td>12-1 Mindfulness Meditation (BKLYN)</td>
</tr>
<tr>
<td>12-1</td>
<td>Art History</td>
<td>12:15-12:15 Art History</td>
<td>12:15-12:15 Art History</td>
<td>12:15-12:15 Art History</td>
</tr>
<tr>
<td>12:30-1:30 Dance (QNS)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
</tr>
<tr>
<td>1:30-3:30 Executive Committee Meeting</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
</tr>
<tr>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td>10-11</td>
<td>10-11</td>
<td>9-10</td>
<td>10-11</td>
<td>10-11</td>
</tr>
<tr>
<td>10-11</td>
<td>10-11</td>
<td>9-10</td>
<td>10-11</td>
<td>10-11</td>
</tr>
<tr>
<td>11:12</td>
<td>Dance (BKLYN)</td>
<td>12-1 Mindfulness Meditation (BKLYN)</td>
<td>12-1 Mindfulness Meditation (BKLYN)</td>
<td>12-1 Mindfulness Meditation (BKLYN)</td>
</tr>
<tr>
<td>12-1</td>
<td>Art History</td>
<td>12:15-12:15 Art History</td>
<td>12:15-12:15 Art History</td>
<td>12:15-12:15 Art History</td>
</tr>
<tr>
<td>12:30-1:30 Dance (QNS)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
</tr>
<tr>
<td>1:30-3:30 Executive Committee Meeting</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
</tr>
<tr>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
<tr>
<td>10-11</td>
<td>10-11</td>
<td>9-10</td>
<td>10-11</td>
<td>10-11</td>
</tr>
<tr>
<td>10-11</td>
<td>10-11</td>
<td>9-10</td>
<td>10-11</td>
<td>10-11</td>
</tr>
<tr>
<td>11:12</td>
<td>Dance (BKLYN)</td>
<td>12-1 Mindfulness Meditation (BKLYN)</td>
<td>12-1 Mindfulness Meditation (BKLYN)</td>
<td>12-1 Mindfulness Meditation (BKLYN)</td>
</tr>
<tr>
<td>12-1</td>
<td>Art History</td>
<td>12:15-12:15 Art History</td>
<td>12:15-12:15 Art History</td>
<td>12:15-12:15 Art History</td>
</tr>
<tr>
<td>12:30-1:30 Dance (QNS)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
</tr>
<tr>
<td>1:30-3:30 Executive Committee Meeting</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
</tr>
<tr>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td>10-11</td>
<td>10-11</td>
<td>9-10</td>
<td>10-11</td>
<td>10-11</td>
</tr>
<tr>
<td>10-11</td>
<td>10-11</td>
<td>9-10</td>
<td>10-11</td>
<td>10-11</td>
</tr>
<tr>
<td>11:12</td>
<td>Dance (BKLYN)</td>
<td>12-1 Mindfulness Meditation (BKLYN)</td>
<td>12-1 Mindfulness Meditation (BKLYN)</td>
<td>12-1 Mindfulness Meditation (BKLYN)</td>
</tr>
<tr>
<td>12-1</td>
<td>Art History</td>
<td>12:15-12:15 Art History</td>
<td>12:15-12:15 Art History</td>
<td>12:15-12:15 Art History</td>
</tr>
<tr>
<td>12:30-1:30 Dance (QNS)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
</tr>
<tr>
<td>1:30-3:30 Executive Committee Meeting</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
</tr>
<tr>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
</tr>
<tr>
<td>10-11</td>
<td>10-11</td>
<td>9-10</td>
<td>10-11</td>
<td>10-11</td>
</tr>
<tr>
<td>10-11</td>
<td>10-11</td>
<td>9-10</td>
<td>10-11</td>
<td>10-11</td>
</tr>
<tr>
<td>11:12</td>
<td>Dance (BKLYN)</td>
<td>12-1 Mindfulness Meditation (BKLYN)</td>
<td>12-1 Mindfulness Meditation (BKLYN)</td>
<td>12-1 Mindfulness Meditation (BKLYN)</td>
</tr>
<tr>
<td>12-1</td>
<td>Art History</td>
<td>12:15-12:15 Art History</td>
<td>12:15-12:15 Art History</td>
<td>12:15-12:15 Art History</td>
</tr>
<tr>
<td>12:30-1:30 Dance (QNS)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
<td>1:3 Arts &amp; Crafts (BKLYN)</td>
</tr>
<tr>
<td>1:30-3:30 Executive Committee Meeting</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
<td>3:30-5:30 Yoga/Meditation (Hicksville) Photography Mat Yoga (BKLYN) Lecture</td>
</tr>
</tbody>
</table>

**Meeting Topic**

*April: Your Pharmacy Benefit: How It Works and What You Should Know*

*Presented by an Aetna Health Coach*
Yoga Classes

Classes are held four times each month, except where noted. Variations of yoga practice offered are: Yoga; Mat Yoga; Intermediate Mat Yoga; Beginners’ Yoga; Beginners’ Chair Yoga; Chair Yoga; Advanced Chair Yoga; Hatha Yoga; Advanced Yoga; Beginners’ Yoga/Meditation; and Yoga/Meditation. Please check the calendar to match practice with day/time and location. Locations are:

**Bronx**
1199SEIU Healthcare & Education Center
2501 Grand Concourse, Room 301 • Bronx, NY 10468

**Brooklyn**
25 Elm Place (between Fulton & Livingston Streets), Rooms 4 & 5
Brooklyn, NY 11201

**Hicksville**
100 Duffy Avenue, 3rd Floor • Hicksville, NY 11801

**Manhattan Headquarters**
330 West 42nd Street, 9th Floor • New York, NY 10036

**New Hyde Park** *(one class per month)*
Northwell Health Cohen Children’s Medical Center – Teaching Center Rm. 1 • 269-01 76th Avenue • New Hyde Park, NY 11040

**Queens**
Devoe Dance Center
205-05 Hollis Avenue, Main Floor • Jamaica, NY 11412

**Staten Island**
790 Port Richmond Avenue (off Forest Avenue)
Staten Island, NY 10302

**Suffolk County** *(three classes each per month)*
First Baptist Church of Riverhead
1018 Northville Turnpike • Riverhead, NY 11901

**White Plains**
1199SEIU Benefit and Pension Funds
White Plains Office • 99 Church Street • White Plains, NY 10601

---

“Party Dance Moves”
Now in Staten Island!

Get ready for the dance floor with this low-impact but high-energy dance class at our Staten Island chapter. The class meets four Thursdays per month, from 1:30 pm to 2:30 pm.

**Unwind with Mindfulness Meditation in Brooklyn**

Boost your mental and physical well-being with our new Mindfulness-Based Stress Reduction class in Brooklyn. You’ll learn a combination of meditation and yoga to help ease stress and increase your energy. The class meets on Mondays from noon to 1:00 pm. Please check the calendar for exact dates.

**Dance Classes**

If you’re interested in learning the latest dance steps, come join our dance classes. Classes are held four times a month, except where noted. Please check the calendar for exact dates.

**Manhattan Headquarters**
Fridays, 1:00 pm to 2:00 pm
330 West 42nd Street • New York, NY 10036

**Brooklyn**
Mondays, 11:00 am to noon
Wednesdays, 2:00 pm to 3:00 pm
25 Elm Place (between Fulton & Livingston Streets) • Brooklyn, NY 11201

**Hicksville**
Wednesdays, 11:00 am to noon
100 Duffy Avenue, 3rd Floor • Hicksville, NY 10036

**Queens**
Mondays, 12:30 pm to 1:30 pm
Devore Dance Center 205-05 Hollis Avenue, Main Floor
Jamaica, NY 11412

**Staten Island**
Thursdays, 1:30 pm to 2:30 pm
790 Port Richmond Avenue (off Forest Avenue) • Staten Island, NY 10302

---

Sign Up for “Seniors Out Speaking”

Become a volunteer in the Medicare Rights Center’s “Seniors Out Speaking” (SOS) program and help educate other seniors about their Medicare benefits. For more information about our 1199SEIU SOS volunteer program, call (646) 473-6916.

**Manhattan Headquarters**: Thursday, April 4 • 9:30 am to noon
330 West 42nd Street, 33rd Floor (Penthouse) • New York, NY 10036

**Staten Island**: Tuesday, April 9 • 3:00 pm to 4:30 pm
790 Port Richmond Avenue (off Forest Avenue) • Staten Island, NY 10302

**Hicksville**: Tuesday, April 16 • 9:30 am to noon
100 Duffy Avenue, 3rd Floor • Hicksville, NY 11801

---

**Shakespeare Class**

**Tuesdays, from 12:30 pm to 1:30 pm**

1199SEIU RMD, 330 West 42nd Street, 9th Floor

The class is reading *A Midsummer’s Night Dream*, a phantasmagorical comedy of love and loss, framed by the mischievous antics of imps, spirits, gods and goddesses.

---

To learn about trip and vacation offers, call (800) 431-1130, ext. 5537.

Please note that the travel company—not the Funds or the Union—is solely responsible for the trips provided.

QUESTIONS: CALL (646) 473-8666 • OUTSIDE NYC (800) 575-7771

April 2019
Save the Date!
1199SEIU Florida Retiree Banquet
TUESDAY, APRIL 16, 2019
We hope to see all of our Florida retirees at the Orlando World Center Marriott, 8701 World Center Drive, Orlando, FL 32821.

Reservations are required: Be sure to bring your banquet tickets with you.

Program: Registration begins at 9:00 am. Enjoy a continental breakfast until the town hall meeting at 10:30 am. A banquet luncheon will be served at 11:45 am, followed by entertainment and dancing until 3:00 pm. The registration period has now closed.

Car Transportation: If you are driving to the Orlando World Center Marriott, parking is $11 plus tax per car. Be sure to ask for your discount parking coupon at the banquet.

Bus Transportation: Reserved bus seats will be available only in chapter areas. Please refer to the following bus schedule to confirm the location for parking your car.

BUS SCHEDULE
Broward – Leon Davis Chapter 5:15 am – Board bus
Lowe’s parking lot • 8050 West Oakland Park Blvd. • Sunrise, FL 33351
(Park closest to Oakland Park Blvd.)
Casselberry – Doris Turner Chapter 8:00 am – Board bus
St. Augustine Church • 375 North Sunset Drive • Casselberry, FL 32707
(Park on the Seminola Blvd. side)
Fort Myers Chapter 5:15 am – Board bus
Bealls Shopping Plaza • 1209 Homestead Road North
Lehigh Acres, FL 33936 (Park in lower end) Miami-Dade – Ossie Davis Chapter 4:30 am – Board bus
Norland United Methodist Church • 885 NW 195th Street
Miami Gardens, FL 33169 (Park along rear fence, away from building)
North Port Chapter 6:00 am – Board bus
Morgan Family Community Center • 6207 West Price Blvd,
North Port, FL 34286 (Located across from North Port High School)
Orlando Chapter 8:00 am – Board bus
UAW Local #788 • 1825 West Oak Ridge Road • Orlando, FL 32809
(Park in rear lot of building, on grassy area)
Palm Beach/Melbourne Chapter 6:45 am – Board bus
Palm Bay Community Center–Parks & Recreation • 1502. Port Malabar Blvd., NE
Palm Bay, FL 32905 (Park along wood fence, in front grassy area)
Port St. Lucie Chapter 6:30 am – Board bus
Walmart Supercenter • 10855 South US Highway 1 • Port St. Lucie, FL 34952
(Enter at traffic light—south entrance—and park to the left)
South Palm Beach Chapter 5:15 am – Board bus
Temple Anshei Shalom • 7099 West Atlantic Avenue • Delray Beach, FL 33446
(Park in far rear parking area)
Tampa Chapter – Tampa (first stop) 7:00 am – Board bus
Sun Trust Building (Union meeting site) • 500 North West Shore Blvd.
Tampa, FL 33609 (Park on 3rd level only to go to main lot, street level, for bus pick-up)
Tampa Chapter – Brandon (second stop) 7:45 am – Board bus
Westfield Mall • 459 Brandon Town Center • Brandon, FL 33511
(Park on southwest side of mall, between Sears and Macy’s)
West Palm Beach Chapter 5:15 am – Board bus
St. Christopher’s Episcopal Church • 1063 North Haverhill Road
West Palm Beach, FL 33417
(Park in rear parking lot, away from church on Haverhill Road side)

If you have any further questions about the 1199SEIU Florida Retiree Banquet, contact Lisa Tilson at (877) 369-8340 (toll free), (561) 617-7099 (fax) or Elizabeth.Tilson@1199Funds.org.

QUESTIONS: CALL (646) 473-8666 • OUTSIDE NYC (800) 575-7771

April 2019

Florida Chapters
There are no Florida Chapter Meetings in April

New York Chapters

Bronx – Joseph James Chapter
Friday, April 12 • 11:00 am to 1:00 pm
1199SEIU Healthcare & Education Center
2501 Grand Concourse, Room 301 • Bronx, NY 10468

Brooklyn – Marshall Dubin Chapter
Wednesday, April 24 • 11:00 am to 1:00 pm
Brooklyn College – Student Center, 2nd Floor
East 27th Street & Campus Road • Brooklyn, NY 11210

Brooklyn – Mattie Small Chapter
Friday, April 26 • 11:30 am to 1:30 pm
1199SEIU Brooklyn Office
25 Elm Place (between Fulton & Livingston Streets)
Brooklyn, NY 11201

East Harlem – Leon Davis Chapter
Friday, April 26 • 10:30 am to noon
Jefferson Senior Center
2205 First Avenue • New York, NY 10029

Hicksville – Milton Konowe Chapter
Wednesday, April 17 • 11:00 am to 1:00 pm
1199SEIU Hicksville Office
100 Duffy Avenue • Hicksville, NY 11801

New Hyde Park – Eleanor Tilson Chapter
Tuesday, April 16 • 2:00 pm to 3:30 pm
Northwell Health (formerly NS-LIJ)
Cohen Children’s Medical Center – Teaching Center Room 1
269-01 76th Avenue • New Hyde Park, NY 11040

North Bronx – Bernard Minter Chapter
Tuesday, April 9 • Noon to 2:00 pm
Holy Rosary Church
1510 Adee Avenue (enter at parking lot) • Bronx, NY 10469

Queens – Edward Garrins Chapter
Tuesday, April 23 • 11:30 am to 1:00 pm
Majority Baptist Church
115-21 Farmers Blvd. • St. Albans, NY 11412

Staten Island Chapter
Tuesday, April 9 • 1:30 pm to 3:00 pm
1199SEIU Training and Employment Funds Office
790 Port Richmond Avenue (off Forest Avenue)
Staten Island, NY 10302

Suffolk County Chapter
Thursday, April 11 • 11:00 am to 1:00 pm
First Baptist Church of Riverhead
1018 Northville Turnpike • Riverhead, NY 11901

Westchester – Hudson Valley Region Chapter
Wednesday, April 3 • 12:30 pm to 2:30 pm
1199SEIU United Healthcare Workers East
99 Church Street • White Plains, NY 10601

North & South Carolinas Chapter
Friday, April 26 • 9:30 am to noon
Birnie Hope Center • 210 South Purdy Street • Sumter, SC 29150
For more information, call (843) 861-1265.