

1199SEIU Benefit and Pension Funds
330 West 42nd Street
New York, NY 10036-6977

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The Annual Anne Shore Holiday Banquet Is Sold Out!

This year's 1199SEIU Anne Shore Holiday Banquet is now sold out, but there is a great afternoon in store for retirees who were able to purchase tickets. The banquet will be held on Monday, December 2, 2019, from noon to 3:00 pm at the Hilton New York, Sixth Avenue at 54th Street in Manhattan.

Sign Up for "Seniors Out Speaking"

Become a volunteer in the Medicare Rights Center's "Seniors Out Speaking" (SOS) program and help educate other seniors about their Medicare benefits. For more information about our 1199SEIU SOS volunteer program, call (646) 473-6916.

Manhattan Headquarters

Thursday, November 7 • 9:30 am to noon

330 West 42nd Street, 33rd Floor (Penthouse), New York, NY 10036

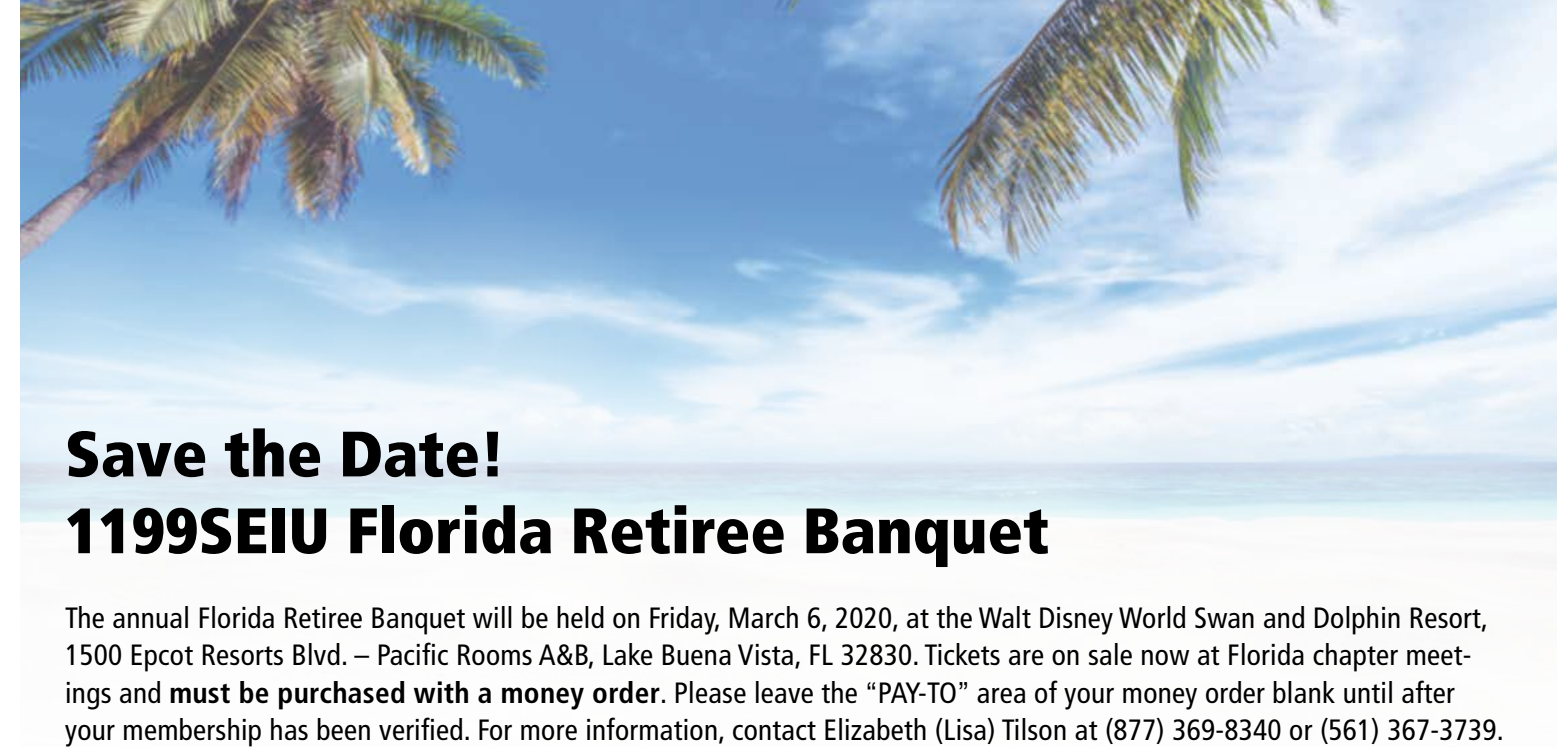
Staten Island **Tuesday, November 12 • 3:00 pm to 4:30 pm**

790 Port Richmond Avenue (off Forest Avenue), Staten Island, NY 10302

Hicksville **Tuesday, November 19 • 9:30 am to noon**

100 Duffy Avenue, 3rd Floor, Hicksville, NY 11801

Questions: Call (646) 473-8666
Outside NYC: (800) 575-7771
www.1199SEIUBenefits.org



Save the Date! 1199SEIU Florida Retiree Banquet

The annual Florida Retiree Banquet will be held on Friday, March 6, 2020, at the Walt Disney World Swan and Dolphin Resort, 1500 Epcot Resorts Blvd. – Pacific Rooms A&B, Lake Buena Vista, FL 32830. Tickets are on sale now at Florida chapter meetings and **must be purchased with a money order**. Please leave the "PAY-TO" area of your money order blank until after your membership has been verified. For more information, contact Elizabeth (Lisa) Tilson at (877) 369-8340 or (561) 367-3739.

Southern Chapters **NOVEMBER MEETINGS**

Florida Chapters

Broward – Leon Davis Chapter

Tuesday, November 5 – 1:00 pm to 3:00 pm

Tamarac Community Center – Coconut Palm Room
8601 West Commercial Blvd. • Tamarac, FL 33351

Casselberry – Doris Turner Chapter **NEW TIME!**

Thursday, November 21 – 12:45 pm to 2:45 pm

Casselberry Public Library
215 North Oxford Road • Casselberry, FL 32707

Fort Myers Chapter

Date Changed Due to Thanksgiving Holiday

Monday, November 11 – 11:00 am to 1:00 pm

The Riverside Community Center
3061 East Riverside Drive • Fort Myers, FL 33916

Miami-Dade – Ossie Davis Chapter

Thursday, November 7 – 10:30 am to 12:30 pm

Norland United Methodist Church
885 NW 195th Street • Miami Gardens, FL 33169

North Port Chapter

Date Changed Due to Thanksgiving Holiday

Tuesday, November 12 – 11:00 am to 1:00 pm

Morgan Family Community Center
6207 West Price Blvd. • North Port, FL 34291

Orlando – George Gresham Chapter

Wednesday, November 20 – 11:00 am to 1:00 pm

UAW Local #788
1825 West Oak Ridge Road • Orlando, FL 32809

Palm Bay/Melbourne Chapter

Tuesday, November 19 – 1:30 pm to 3:30 pm

Palm Bay Community Center – Room C
1502 Port Malabar Blvd., NE • Palm Bay, FL 32905

Port St. Lucie Chapter

Monday, November 4 – 11:00 am to 1:00 pm

Port St. Lucie Community Center
2195 SE Airosa Blvd. • Port St. Lucie, FL 34984

South Palm Beach Chapter

Thursday, November 14 – 10:00 am to noon

Temple Anshei Shalom
7099 West Atlantic Avenue • Delray Beach, FL 33446

Tampa Chapter

Date Changed Due to Thanksgiving Holiday

Wednesday, November 13 – 11:00 am to 1:00 pm

Hillsborough Classroom Teachers Association
3102 North Habana Avenue • Tampa, FL 33607

West Palm Beach Chapter

Wednesday, November 6 – 11:00 am to 1:00 pm

St. Christopher's Episcopal Church – Parish Hall
1063 North Haverhill Road • West Palm Beach, FL 33417

For more information, contact Elizabeth (Lisa) Tilson:
Elizabeth.Tilson@1199Funds.org; Toll-free: (877) 369-8340
Palm Beach County: (561) 367-3739; Fax: (561) 617-7099
PO Box 6688, Delray Beach, FL 33482

North & South Carolinas Chapter

Friday, November 15 – 9:30 am to noon

Birnie Hope Center • 210 South Purdy Street • Sumter, SC 29150
For more information, call (843) 861-1265.

Georgia Chapter

There is no November meeting for the Georgia Chapter. Please check the schedule for upcoming meetings. For more information, call toll-free: (855) 616-1199.

1199SEIU RETIRED MEMBERS

November 2019

BULLETIN

Information about Chapter Meetings, Classes & More!

1199SEIU Funds
Benefit and Pension



Explore Age-Friendly Websites

Age-Friendly NYC, a joint initiative of the NYC Mayor's Office, the NYC Council and the New York Academy of Medicine, is dedicated to making New York a great place for seniors. Here are just a few of the initiatives you can read about through their network of websites at <https://NYAM.org/age-friendly-nyc>:

- To learn about programs for the liberal and creative arts, computers and technology, business, job skills, personal growth and more, go to www.AgeFriendlyCollege.org.
- To learn about cultural events happening in your borough, download NYC-ARTS' cultural guide books for seniors. The books provide information on ticket and member discounts, accessibility and locations and hours for local museums, dance and theater venues, libraries, zoos and more. Go to www.NYC-ARTS.org/seniors.
- Get information on upcoming cultural events, senior services and programs, community partners and senior centers near your home at the Department for the Aging website, www.NYC.gov/aging.
- Join the Theatre Development Fund (TDF), a nonprofit organization that works to make theater affordable and accessible to all. For full details, visit www.TDF.org.

To learn about trip and vacation offers, call (800) 431-1130, ext. 5537.

Please note that the travel company—not the Funds or the Union—is solely responsible for the trips provided.

New York Chapter Meetings

Bronx – Joseph James Chapter

Friday, November 8 • 11:00 am to 1:00 pm
1199SEIU Healthcare & Education Center
2501 Grand Concourse, Room 301
Bronx, NY 10468

Brooklyn – Marshall Dubin Chapter

**Wednesday, November 27
11:00 am to 1:00 pm**
Brooklyn College – Student Center, 2nd Floor
East 27th Street & Campus Road
Brooklyn, NY 11210

Brooklyn – Mattie Small Chapter

Friday, November 15 • 11:30 am to 1:30 pm
1199SEIU Brooklyn Office
25 Elm Place (between Fulton & Livingston Streets)
Brooklyn, NY 11201

Harlem – Leon Davis Chapter

Friday, November 22 • 11:00 am to 1:00 pm
Lt. Joseph P. Kennedy, Jr. Memorial Center
34 West 134th Street • New York, NY 10037

Hicksville – Milton Konowe Chapter

Wednesday, November 20

11:00 am to 1:00 pm
1199SEIU Hicksville Office
100 Duffy Avenue • Hicksville, NY 11801

New Hyde Park – Eleanor Tilson Chapter

Tuesday, November 19 • 2:00 pm to 3:30 pm
Northwell Health Cohen Children's
Medical Center • Teaching Center – Rm. 1
269-01 76th Avenue • New Hyde Park, NY 11040

North Bronx – Bernard Minter Chapter

Tuesday, November 12 • Noon to 2:00 pm
Holy Rosary Church
1510 Adeo Avenue (enter at parking lot)
Bronx, NY 10469

Queens – Edward Garrins Chapter

Tuesday, November 26 • 11:30 am to 1:00 pm
Majority Baptist Church
115-21 Farmers Blvd. • St. Albans, NY 11412

Staten Island Chapter

Tuesday, November 12 • 1:30 pm to 3:00 pm
1199SEIU Training and Employment Funds Office
790 Port Richmond Avenue (off Forest Avenue)
Staten Island, NY 10302

Suffolk County Chapter

Thursday, November 14 • 11:00 am to 1:00 pm
First Baptist Church of Riverhead
1018 Northville Turnpike • Riverhead, NY 11901

Westchester – Hudson Valley Region Chapter

**Wednesday, November 6
12:30 pm to 2:30 pm**
1199SEIU Benefit and Pension Funds
99 Church Street • White Plains, NY 10601

Classes are open to all retirees and are free of charge. No registration is required.

MONDAY	<p>MON 4</p> <p>10-11 Chi Gong (BKLYN) 10-11 Yoga/Meditation (QNS) 10:30-11:30 Opera Appreciation 11-12 Dance (BKLYN) 11:15-12:15 Hatha Yoga (QNS) 12-1 Art History 12-1 Mindfulness Meditation (BKLYN) 12:30-1:30 Dance (QNS) 1-3 Arts & Crafts (BKLYN) 1:30-3:30 Executive Committee Meeting</p>	<p>MON 11</p> <p>10-11 Chi Gong (BKLYN) 10-11 Yoga/Meditation (QNS) 10:30-11:30 Opera Appreciation 11-12 Dance (BKLYN) 11:15-12:15 Hatha Yoga (QNS) 12-1 Art History 12-1 Mindfulness Meditation (BKLYN) 12:30-1:30 Dance (QNS) 1-3 Arts & Crafts (BKLYN)</p>	<p>MON 18</p> <p>10-11 Chi Gong (BKLYN) 10-11 Yoga/Meditation (QNS) 10:30-11:30 Opera Appreciation 11-12 Dance (BKLYN) 11:15-12:15 Hatha Yoga (QNS) 12-1 Art History 12-1 Mindfulness Meditation (BKLYN) 12:30-1:30 Dance (QNS) 1-3 Arts & Crafts (BKLYN)</p>	<p>MON 25</p> <p>10-11 Chi Gong (BKLYN) 10-11 Yoga/Meditation (QNS) 10:30-11:30 Opera Appreciation 11-12 Dance (BKLYN) 11:15-12:15 Hatha Yoga (QNS) 12-1 Art History 12-1 Mindfulness Meditation (BKLYN) 12:30-1:30 Dance (QNS) 1-3 Arts & Crafts (BKLYN)</p>
	<p>TUES 5</p> <p>9-10 Yoga/Meditation (Hicksville) 9:30-12 Photography 10-11 Mat Yoga (Int) (QNS) 10:30-12 Drama 11-1 Knitting & Crocheting (Beg) (QNS) 11:15-12:15 Chair Yoga (Beg) (QNS) 12:30-3 Art 1:15-2:15 Zumba Gold (QNS) 1:30-2:30 Zumba (SI) 1:30-3 Discussion Group 2:30-3:30 Mat Yoga (SI)</p>	<p>TUES 12</p> <p>9-10 Yoga/Meditation (Hicksville) 9:30-12 Photography 10-11 Mat Yoga (Int) (QNS) 10:30-12 Drama 11-1 Knitting & Crocheting (Beg) (QNS) 11:15-12:15 Chair Yoga (Beg) (QNS) 12:30-3 Art 1:15-2:15 Zumba Gold (QNS) 1:30-3 Discussion Group</p>	<p>TUES 19</p> <p>9:30-12 Photography 10-11 Mat Yoga (Int) (QNS) 10:30-12 Drama 11-1 Knitting & Crocheting (Beg) (QNS) 11:15-12:15 Chair Yoga (Beg) (QNS) 12:30-3 Art 1-2 Yoga (New Hyde Park) 1:15-2:15 Zumba Gold (QNS) 1:30-2:30 Zumba (SI) 1:30-3 Discussion Group 2:30-3:30 Mat Yoga (SI)</p>	<p>TUES 26</p> <p>9-10 Yoga/Meditation (Hicksville) 9:30-12 Photography 10-11 Mat Yoga (Int) (QNS) 10:30-12 Drama 11-1 Knitting & Crocheting (Beg) (QNS) 11:15-12:15 Chair Yoga (Beg) (QNS) 12:30-3 Art 1:15-2:15 Zumba Gold (QNS) 1:30-2:30 Zumba (SI) 1:30-3 Discussion Group 2:30-3:30 Mat Yoga (SI)</p>
	<p>WED 6</p> <p>9-10 Yoga (Beg) (Hicksville) 9-11 Knitting & Crocheting (Beg) (BKLYN) 10-11 Yoga (Adv) (Hicksville) 10-12 Knitting & Crocheting (Beg) 10-12 Choral Group 10:15-11:15 Tai Chi (White Plains) 11-12 Dance (Hicksville) 11-1 Knitting & Crocheting (Int/Adv) (BKLYN) 11:30-12:30 Yoga (White Plains) 12-1 Yoga (BX) 12:15-1:15 Zumba-T (Hicksville) 12:30-4:30 Knitting & Crocheting (Int/Adv) 1-2 Chi Gong (BKLYN) 1:30-2:30 Chi Gong (BX) 2-3 Dance (BKLYN) 2:30-3:30 Bingo (White Plains) 3-4 Latin Dance (BX)</p>	<p>WED 13</p> <p>9-10 Yoga (Beg) (Hicksville) 9-11 Knitting & Crocheting (Beg) (BKLYN) 10-11 Yoga (Adv) (Hicksville) 10-12 Choral Group 10-12 Knitting & Crocheting (Beg) 10:15-11:15 Tai Chi (White Plains) 11-12 Dance (Hicksville) 11-1 Knitting & Crocheting (Int/Adv) (BKLYN) 11:30-12:30 Yoga (White Plains) 12-1 Yoga (BX) 12:15-1:15 Zumba-T (Hicksville) 12:30-4:30 Knitting & Crocheting (Int/Adv) 1-2 Bingo (White Plains) 1-2 Chi Gong (BKLYN) 1:30-2:30 Chi Gong (BX) 2-3 Dance (BKLYN) 3-4 Latin Dance (BX)</p>	<p>WED 20</p> <p>9-10 Yoga (Beg) (Hicksville) 9-11 Knitting & Crocheting (Beg) (BKLYN) 10-11 Yoga (Adv) (Hicksville) 10-12 Knitting & Crocheting (Beg) 10:15-11:15 Tai Chi (White Plains) 11-1 Knitting & Crocheting (Int/Adv) (BKLYN) 11:30-12:30 Yoga (White Plains) 12-1 Yoga (BX) 12:30-4:30 Knitting & Crocheting (Int/Adv) 1-2 Bingo (White Plains) 1-2 Chi Gong (BKLYN) 1:30-2:30 Chi Gong (BX) 2-3 Dance (BKLYN) 3-4 Latin Dance (BX)</p>	<p>WED 27</p> <p>9-10 Yoga (Beg) (Hicksville) 9-11 Knitting & Crocheting (Beg) (BKLYN) 10-11 Yoga (Adv) (Hicksville) 10-12 Knitting & Crocheting (Beg) 10-12 Choral Group 10:15-11:15 Tai Chi (White Plains) 11-12 Dance (Hicksville) 11-1 Knitting & Crocheting (Int/Adv) (BKLYN) 11:30-12:30 Yoga (White Plains) 12-1 Yoga (BX) 12:15-1:15 Zumba-T (Hicksville) 12:30-2:30 Knitting & Crocheting (Int/Adv) 1-2 Chi Gong (BKLYN) 1:30-2:30 Chi Gong (BX)</p>
	<p>THUR 7</p> <p>10-11 Tai Chi 11-12 Yoga 11-12 Yoga (Beg) (Suffolk Co) 12-1 Meditation (Suffolk Co) 12:30-1:30 Lunch Club 1-3 General Membership Meeting 1:30-2:30 Party Dance Moves (SI) 2:30-3:30 Chair Yoga (SI) 3-5 Arts & Crafts 3-5 Sewing</p>	<p>THUR 14</p> <p>10-11 Tai Chi 11-12 Yoga 12:30-1:30 Lunch Club 1-3 Birthday Party 1:30-2:30 Party Dance Moves (SI) 2:30-3:30 Chair Yoga (SI) 3-5 Arts & Crafts 3-5 Sewing</p>	<p>THUR 21</p> <p>THANKSGIVING CELEBRATION NO CLASSES</p>	<p>THUR 28</p> <p>OFFICE CLOSED</p>
	<p>FRI 1</p> <p>10-11 Chair Yoga (Adv) (BKLYN) 10-12 Quilting 11:15-12:15 Zumba Gold (BKLYN) 12:15-1:15 Chair Yoga (Beg) (BKLYN) 1-2 Dance 1:30-2:30 Zumba Gold (BKLYN) 2-3 Yoga 3:30-4:30 Zumba Gold</p>	<p>FRI 8</p> <p>10-11 Chair Yoga (Adv) (BKLYN) 10-12 Quilting 11:15-12:15 Zumba Gold (BKLYN) 12:15-1:15 Chair Yoga (Beg) (BKLYN) 1-2 Dance 1:30-2:30 Zumba Gold (BKLYN) 2-3 Yoga 3:30-4:30 Zumba Gold</p>	<p>FRI 15</p> <p>10-11 Chair Yoga (Adv) (BKLYN) 10-12 Quilting 1-2 Dance 1:30-2:30 Zumba Gold (BKLYN) 2-3 Yoga 3:30-4:30 Zumba Gold</p>	<p>FRI 22</p> <p>10-11 Chair Yoga (Adv) (BKLYN) 10-12 Quilting 11:15-12:15 Zumba Gold (BKLYN) 12:15-1:15 Chair Yoga (Beg) (BKLYN) 1-2 Dance 1:30-2:30 Zumba Gold (BKLYN) 2-3 Yoga 3:30-4:30 Zumba Gold</p>