

Dear Retired Members,



As 1199SEIU retirees, many of you receive supplemental health coverage to Medicare through your Benefit Fund, an increasingly rare benefit today—a benefit that only about one in five retirees enjoys. That is why we were pleased to tell you about our partnership with Aetna that, as of January 1, provides coverage for all eligible National Benefit Fund retirees in one nationwide 1199SEIU Aetna Medicare Advantage Plan. In these uncertain times, with rising healthcare costs and the Affordable Care Act under constant attack, we are lucky to have such a robust plan—one that is highly rated for quality and service.

We are also lucky to have such a robust group of retirees: We welcomed more than 7,500 new retirees in 2019, bringing our total to more than 112,000 strong. I was fortunate to celebrate the holidays with many of you at our Benefit and Pension Funds' Annual Anne Shore Banquet in New York City in December. As always, I was struck by your camaraderie, your commitment to your Union and your engagement in your communities. And you certainly live up to your "Retired and Active" motto: Close to 23,000 of you took advantage of the many programs your Retired Members Division (RMD) offered last year.

In addition to your regular updates about classes and chapter meetings in this issue, you will hear from RMD President Mary Stovall-Merrill and read an important message from 1199SEIU United Healthcare Workers East President George Gresham.

As always, please remember that your Benefit and Pension Funds are always here to help you. If you have any questions about your health or pension benefits, please do not hesitate to call our Retiree Services Representatives at (646) 473-8666 or (800) 575-7771.

Sincerely,

Estimados Miembros Jubilados,

Como jubilados de 1199SEIU, muchos de ustedes reciben cobertura de salud complementaria a Medicare a través de su Fondo de Beneficios, un beneficio cada vez menos común hoy, un beneficio del que solo disfruta uno de cada cinco jubilados. Es por eso que nos complace informarles sobre nuestra asociación con Aetna que, a partir del 1 de enero, proporciona cobertura para todos los jubilados elegibles del Fondo Nacional de Beneficios a través de un Plan Aetna Medicare Advantage de 1199SEIU en todo el país. En estos momentos de incertidumbre, a pesar del aumento de los costos de atención médica y de la impugnación de la Ley de Cuidado de Salud Asequible, contamos con la suerte de tener un plan tan sólido, un plan muy valorado por la calidad y el servicio.

También contamos con la suerte de tener un grupo de jubilados tan sólido: en 2019, les dimos la bienvenida a más de 7,500 jubilados nuevos, lo que eleva nuestro total a más de 112,000. En diciembre, tuve el agrado de celebrar las fiestas con muchos de ustedes en nuestro banquete anual Anne Shore de los Fondos de Beneficios y Pensiones en la ciudad de Nueva York. Como siempre, me sorprendió su compañerismo, su compromiso con el sindicato y su participación en las comunidades. Además, sin duda están a la altura de su lema "Jubilados pero activos": cerca de 23,000 de ustedes aprovecharon los numerosos programas que su División de Miembros Jubilados (RMD, por sus siglas en inglés) ofreció el año pasado.

En esta edición, además de las actualizaciones regulares sobre las clases y las reuniones de las agrupaciones, les contaremos sobre la presidenta de la RMD, Mary Stovall-Merrill, y leerán un mensaje importante del presidente de 1199SEIU United Healthcare Workers East, George Gresham.

Como siempre, recuerden que sus Fondos de Pensiones y Beneficios siempre están a su disposición para brindarles ayuda. Si tienen alguna pregunta sobre sus beneficios de salud o de pensión, no duden en llamar a nuestros Representantes de Servicios a Jubilados al (646) 473-8666 o al (800) 575-7771.

Atentamente,

# BULLETIN

Information about Chapter Meetings, Classes & More!



1199SEIU Funds  
Benefit and Pension



## New 1199SEIU Aetna Medicare Advantage Plan for All Eligible NBF Retirees

Effective January 1, 2020, all eligible National Benefit Fund (NBF) retirees living in all 50 states are covered under a single nationwide 1199SEIU Aetna Medicare Advantage Plan, joining our eligible New York City-area retirees who have enjoyed the benefits of this plan since January 2019. The plan offers a broad network of primary care doctors and specialists, with little to no out-of-pocket costs, no matter where you live, travel or move. Thanks to our partnership with Aetna, NBF retirees are eligible for the following:

- Medical, hospital and prescription benefits;
- No co-pay for primary care office visits; and
- Dental, vision and hearing benefits.

In addition, you can now access even more benefits to help you maintain your health, such as home visits, care management programs and preventive screenings, as well as improved coverage for routine hearing and vision exams. It's no wonder a recent survey found that 97 percent of Aetna plan members across the country were very satisfied with their plan.

We hope the transition has been a smooth one for you, but if you have any questions about your benefits, please call our Retiree Services Center at (646) 473-8666 or (800) 575-7771, or Aetna 1199SEIU Member Services at (877) 839-1055.



QUESTIONS: CALL (646) 473-8666 • OUTSIDE NYC (800) 575-7771

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## President's Message / Mensaje de la Presidenta

Dear Sisters and Brothers,

2020 is here! I trust you and your families had a happy and healthy holiday season, and hope your new year is off to a great start. Thank you to everyone who attended the Anne Shore Banquet in New York City for another afternoon of celebration with friends and showing off those dance moves. As we kick off a new decade, it's a great time to reflect on the continued growth of our 1199SEIU retiree family and our commitment to remaining active in our communities.



The resolutions and goals you might have set in January could feel difficult to stick to during the shorter, colder days of mid-winter, but don't feel discouraged! As an 1199SEIU member, you have many resources to help you stay motivated and connected, from free exercise classes to mood- and brain-boosting activities like arts and crafts and weekly discussion groups. Stay up to date on all classes and activities by reviewing the *Bulletin* or browsing the online class schedule at [www.1199SEIUBenefits.org/retiree-activities/](http://www.1199SEIUBenefits.org/retiree-activities/).

February is the month of the heart—as we celebrate love on Valentine's Day and the nationally recognized month of heart health awareness. Nearly half of adults have at least one of the top three risk factors for heart disease, and "Heart Month" is the perfect time to find out where you stand. The good news is that you can manage your risk with the help of your doctor and by making a few small changes to your lifestyle with diet and exercise. You can also "show some love" this month by reaching out to members in your community who experience less mobility due to illness or disability. Briefly visiting someone who is homebound or inviting them to attend an event with you increases connections and can even help beat the winter blues.

Here's to another great year!

In solidarity,  
Mary Stovall-Merrill

Estimados Hermanos y Hermanas,

¡Ya llegó el 2020! Espero que ustedes y sus familias hayan pasado una temporada festiva feliz y saludable, y que su año nuevo tenga un excelente comienzo. Gracias a todos los que asistieron al banquete Anne Shore en la ciudad de Nueva York para celebrar otra tarde con amigos y lucirse con sus pasos de baile. A medida que comenzamos una década nueva, es un buen momento para reflexionar sobre el crecimiento continuo de nuestra familia de jubilados de 1199SEIU y sobre nuestro compromiso de permanecer activos en las comunidades.

Las resoluciones y los objetivos que posiblemente hayan establecido en enero podrían ser difíciles de cumplir durante los días más cortos y más fríos de pleno invierno, ¡pero no se desanimen! Como miembros de 1199SEIU, cuentan con muchos recursos que ayudan a mantenerlos motivados y conectados, desde clases de ejercicio gratuitas hasta actividades que estimulan el estado de ánimo y el cerebro, como artes y manualidades y grupos de debate semanales. Para mantenerse informados sobre todas las clases y actividades, revisen el *Boletín* o consulten el programa de clases en línea en [www.1199SEIUBenefits.org/retiree-activities/](http://www.1199SEIUBenefits.org/retiree-activities/).

Febrero es el mes del corazón, ya que celebramos el amor en el Día de San Valentín y el mes de concientización sobre la salud del corazón reconocido a nivel nacional. Casi la mitad de los adultos tienen al menos uno de los tres principales factores de riesgo de enfermedad cardíaca y el "Mes del corazón" es el momento perfecto para que averigüen cuál es su situación. La buena noticia es que pueden controlar el riesgo con la ayuda de su médico y mediante unos pocos cambios en su estilo de vida, con dieta y ejercicio. Este mes, también pueden "mostrar un poco de amor" ayudando a los miembros de su comunidad que tienen menos movilidad debido a una enfermedad o discapacidad. Visitar brevemente a alguien que está confinado en su hogar o invitarlo a asistir a un evento con ustedes aumenta los contactos e incluso puede ayudar a vencer la depresión de invierno.

¡Les deseamos otro gran año!

En solidaridad,  
Mary Stovall-Merrill

## Nuevo Plan Aetna Medicare Advantage de 1199SEIU Para Todos los Jubilados Elegibles del NBF

A partir del 1 de enero de 2020, todos los jubilados elegibles del Fondo Nacional de Beneficios (NBF, por sus siglas en inglés) que vivan en los 50 estados tendrán cobertura a través de un solo Plan Aetna Medicare Advantage de 1199SEIU en todo el país y se unirán a nuestros jubilados elegibles del área de la ciudad de Nueva York que han disfrutado de los beneficios de este plan desde enero de 2019. El plan ofrece una amplia red de especialistas y médicos de atención primaria, con pocos o ningún gasto de su bolsillo, sin importar dónde vivan, viajen o se muden. Gracias a nuestra asociación con Aetna, los jubilados del NBF son elegibles para recibir los siguientes beneficios:

- beneficios médicos, de hospital y de medicamentos recetados;
- no hay copago por las visitas al consultorio médico de atención primaria; y
- beneficios dentales, oftalmológicos y auditivos.

Además, ahora pueden acceder a más beneficios que les ayudarán a mantener su salud, como visitas domiciliarias, programas de administración de la atención y exámenes médicos preventivos, así como a una cobertura mejorada para los exámenes oftalmológicos y auditivos de rutina. No es de extrañar que en una encuesta reciente se descubriera que el 97 por ciento de los miembros del plan de Aetna en todo el país estaban muy satisfechos con su plan.

Esperamos que la transición les haya sido fácil, pero si tienen alguna pregunta sobre sus beneficios, llamen a nuestro Centro de Servicios para Jubilados al (646) 473-8666 o (800) 575-7771, o a Servicio para Miembros de Aetna 1199SEIU al (877) 839-1055.



QUESTIONS: CALL (646) 473-8666 • OUTSIDE NYC (800) 575-7771

## Save the Date! 1199SEIU Florida Retiree Banquet

1199SEIU Annual Florida Retiree Banquet • Friday, March 6, 2020

We hope to see all of our Florida retirees at the Annual Florida Retiree Banquet at the Walt Disney World Swan and Dolphin Resort, 1500 Epcot Resorts Blvd., Pacific Rooms A&B, Lake Buena Vista, FL 32830.

**Bus Reservation Deadline Is Friday, February 7, 2020:** Members who do not buy their tickets at a chapter meeting, who cannot attend a meeting or who live outside meeting areas may request a reservation form from Lisa Tilson (see below). To receive your ticket(s) and bus information, mail your money order and reservation form, along with a self-addressed, stamped envelope, to: **Lisa Tilson, PO Box 6688, Delray Beach, FL 33482.**

**DO NOT SEND YOUR MONEY ORDER WITHOUT A RESERVATION FORM.**

**Car Transportation:** If you are driving to the Walt Disney World Swan and Dolphin Resort, parking is \$25 plus tax per car on the Dolphin side of the joint property.

**Bus Transportation:** Reserved bus seats will be available only in chapter areas. Please refer to the following bus schedule to confirm the location for parking your car. This information will also be given out at the February chapter meetings.

### BUS SCHEDULE

**Broward – Leon Davis Chapter 5:15 am – Board bus**  
Lowe's parking lot • 8050 West Oakland Park Blvd.  
Sunrise, FL 33351 (Park closest to Oakland Park Blvd.)

**Broward – Ossie Davis Chapter 4:30 am – Board bus**  
1199SEIU UHWE Florida Region Office • 2881 Corporate Way  
Miramar, FL 33025 (Park on the east side of the building)

**Casselberry – Doris Turner Chapter 8:00 am – Board bus**  
St. Augustine Church • 375 North Sunset Drive • Casselberry, FL 32707  
(Park on the Seminola Blvd. side—Do not block the pastor's driveway)

**Fort Myers Chapter 5:15 am – Board bus**  
Bealls Shopping Plaza • 1209 Homestead Road North  
Lehigh Acres, FL 33936 (Park in lower end)

**North Port Chapter 6:00 am – Board bus**  
Morgan Family Community Center • 6207 West Price Blvd.  
North Port, FL 34291 (Located across from North Port High School)

**Orlando – George Gresham Chapter 8:00 am – Board bus**  
UAW Local #788 • 1825 West Oak Ridge Road  
Orlando, FL 32809 (Park in rear lot of building, on grassy area)

**Palm Bay/Melbourne Chapter 6:45 am – Board bus**  
Palm Bay Community Center—Parks & Recreation • 1502 Port Malabar Blvd., NE  
Palm Bay, FL 32905 (Park along wood fence, in front grassy area)

**Port St. Lucie Chapter 6:30 am – Board bus**  
Walmart Supercenter • 10855 South US Highway 1 • Port St. Lucie, FL 34952  
(Enter at traffic light—south entrance—and park to the left)

**South Palm Beach Chapter 5:15 am – Board bus**  
Temple Anshei Shalom • 7099 West Atlantic Avenue  
Delray Beach, FL 33446 (Park in far rear parking area)

**Tampa Chapter – Tampa (first stop) 7:00 am – Board bus**  
Sun Trust Building (Union meeting site) • 500 North West Shore Blvd.  
Tampa, FL 33609 (Park on 3rd level **only** and go to main lot, street level, for bus pick-up)

**Tampa Chapter – Brandon (second stop) 7:45 am – Board bus**  
Westfield Mall • 459 Brandon Town Center • Brandon, FL 33511  
(Park on southwest side of mall, between Sears and Macy's)

**West Palm Beach Chapter 5:15 am – Board bus**  
St. Christopher's Episcopal Church • 1063 North Haverhill Road  
West Palm Beach, FL 33417 (Park in rear parking lot, away from church on Haverhill Road side)

If you need a reservation form, or have any further questions about the 1199SEIU Florida Retiree Banquet OR the Florida chapter meetings, contact Lisa Tilson at (877) 369-8340 (toll free), (561) 617-7099 (fax) or [Elizabeth.Tilson@1199Funds.org](mailto:Elizabeth.Tilson@1199Funds.org) (email).

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### Southern Chapters FEBRUARY MEETINGS

#### Florida Chapters (There are NO meetings in March)

##### **Broward – Leon Davis Chapter**

**Tuesday, Feb. 4 – 1:00 pm to 3:00 pm**  
Tamarac Community Center – Coconut Palm Room  
8601 West Commercial Blvd. • Tamarac, FL 33351

##### **Broward – Ossie Davis Chapter NEW LOCATION!**

**Thursday, Feb. 6 – 10:30 am to 12:30 pm**  
1199SEIU UHWE Florida Region Office  
2881 Corporate Way • Miramar, FL 33025

##### **Casselberry – Doris Turner Chapter NEW TIME!**

**Thursday, Feb. 20 – 11:00 am to 1:00 pm**  
Casselberry Public Library • 215 North Oxford Road • Casselberry, FL 32707

##### **Fort Myers Chapter Monday, Feb. 24 – 11:00 am to 1:00 pm**

The Riverside Community Cntr. • 3061 East Riverside Dr. • Fort Myers, FL 33916

##### **North Port Chapter Tuesday, Feb. 25 – 11:00 am to 1:00 pm**

Morgan Family Community Cntr. • 6207 West Price Blvd. • North Port, FL 34291

##### **Orlando – George Gresham Chapter**

**Wednesday, February 19 – 11:00 am to 1:00 pm**  
UAW Local #788 • 1825 West Oak Ridge Road • Orlando, FL 32809

##### **Palm Bay/Melbourne Chapter Tuesday, Feb. 18 – 1:30 pm to 3:30 pm**

Palm Bay Community Cntr.—Room C • 1502 Port Malabar Blvd., NE  
Palm Bay, FL 32905

##### **Port St. Lucie Chapter Monday, Feb. 3 – 11:00 am to 1:00 pm**

Port St. Lucie Community Cntr. • 2195 SE Airoso Blvd. • Port St. Lucie, FL 34984

##### **South Palm Beach Chapter Thursday, Feb. 13 – 10:00 am to noon**

Temple Anshei Shalom • 7099 West Atlantic Ave. • Delray Beach, FL 33446

##### **Tampa Chapter Wednesday, Feb. 26 – 11:00 am to 1:00 pm**

Hillsborough Classroom Teachers Assoc. • 3102 N. Habana Ave. • Tampa, FL 33607

##### **West Palm Beach Chapter Wednesday, Feb. 5 – 11:00 am to 1:00 pm**

St. Christopher's Episcopal Church – Parish Hall  
1063 North Haverhill Road • West Palm Beach, FL 33417

#### North & South Carolinas Chapter

**Friday, February 21 – 9:30 am to noon**

Birnie Hope Center • 210 South Purdy Street • Sumter, SC 29150  
For more information, call (843) 861-1265.

#### Georgia Chapter

There is no February meeting for the Georgia Chapter. Please check the schedule for upcoming meetings. For more information, call toll-free: (855) 616-1199.

February 2020

February 2020

## Retirees Ring in the Holidays at Annual Anne Shore Banquet

More than 1,250 retirees braved a snowstorm to celebrate the holiday season on December 9 at the Annual Anne Shore Banquet in Manhattan. Attendees also heard from Norma Amsterdam, 1199SEIU RN Division Executive Vice President, on the eve of her joining them as a retiree. Retirees reconnected with old friends—and made a few new ones—and showed their holiday spirit out on the dance floor.



## Los jubilados dieron comienzo a las fiestas en el banquete anual Anne Shore

Más de 1,250 jubilados no se dejaron amilanar por la tormenta de nieve y celebraron la temporada de fiestas el 9 de diciembre, en el banquete anual Anne Shore en Manhattan. Los asistentes también escucharon discursos de Norma Amsterdam, la vicepresidenta ejecutiva de la División de Enfermería de 1199SEIU, que se unirá a sus filas pronto. Los jubilados recuperaron el contacto con viejos amigos (e hicieron algunos nuevos) y mostraron su espíritu festivo en la pista de baile.

## Explore Age-Friendly Websites

Age-Friendly NYC, a joint initiative of the NYC Mayor's Office, the NYC Council and the New York Academy of Medicine, is dedicated to making New York a great place for seniors. Here are just a few of the initiatives you can read about through their network of websites at <https://NYAM.org/age-friendly-nyc>:

- To learn about programs for the liberal and creative arts, computers and technology, business, job skills, personal growth and more, go to [www.AgeFriendlyCollege.org](http://www.AgeFriendlyCollege.org).
- To learn about cultural events happening in your borough, download NYC-ARTS' cultural guide books for seniors. The books provide information on ticket and member discounts, accessibility, and locations and hours for local museums, dance and theater venues, libraries, zoos and more. Go to [www.NYC-ARTS.org/seniors](http://www.NYC-ARTS.org/seniors).
- Get information on upcoming cultural events, senior services and programs, community partners and senior centers near your home at the Department for the Aging website, [www.NYC.gov/aging](http://www.NYC.gov/aging).
- Join the Theatre Development Fund (TDF), a nonprofit organization that works to make theater affordable and accessible to all. For full details, visit [www.TDF.org](http://www.TDF.org).



## Sign Up for "Seniors Out Speaking"

Become a volunteer in the Medicare Rights Center's "Seniors Out Speaking" (SOS) program and help educate other seniors about their Medicare benefits. For more information about our 1199SEIU SOS volunteer program, call (646) 473-6916.

**Manhattan Headquarters:**  
Thursday, February 6 • 9:30 am to noon  
330 West 42nd Street, 33rd Floor (Penthouse)  
New York, NY 10036

**Staten Island:**  
Tuesday, February 11 • 3:00 pm to 4:30 pm  
790 Port Richmond Avenue (off Forest Avenue)  
Staten Island, NY 10302

**Hicksville:**  
Tuesday, February 25 • 9:30 am to noon  
100 Duffy Avenue, 3rd Floor  
Hicksville, NY 11801



A MESSAGE FROM / UN MENSAJE DE

## GEORGE GRESHAM

PRESIDENT / PRESIDENTE, 1199SEIU UNITED HEALTHCARE WORKERS EAST

Dear Sisters and Brothers,

I don't know about you, but I'm pretty tired of the media describing Donald Trump's base as "the white working class." For one thing, we know that his real base is Wall Street, the oil, chemical, mining and timber interests—the billionaire class to whom he and his Republican congressional cronies gave away \$1.5 trillion in our taxes last year. For another, polls show that Trump voters in 2016 had an average annual income of \$90,000. And the whole concept of "the white working class" is a lie. The working class in these United States is multiracial and multinational, and it has always been that way. Any visit to an auto factory, steel mill or coal mine makes that quite clear.

Three years after his election, it is now obvious to all that Trump's entire worldview, political strategy and method of rule is one of sowing division among the American people—and especially among workers—using racism, religious bias, misogyny and xenophobia as his weapons. Trump is hardly the first to do so, but he is the first president to do so in such an open way since Woodrow Wilson promoted the Ku Klux Klan a century ago.

When I was a kid growing up, it was common adult wisdom to tell us that "you can't fight City Hall," meaning that those in power were too strong to go up against. This was pretty convenient for those in City Hall. There is truth in the idea that individuals—at least those of us who aren't part of the One Percent—have little strength fighting the powers that be. But we in 1199SEIU, none of us people of wealth, know that we do have strength to confront City Hall—or the White House—when we are united. The entire purpose of a union is to use our collective strength to win gains for ourselves and our families on the job and in our communities.

There's never been a moment—at least in my lifetime—when maintaining our unity has been so essential. When I say "our unity," I'm talking about within our Union, and together with the working class as a whole and with our partners. With his daily Twitter incitements to hatred, his white supremacist rallies, his stacking the courts with far-right extremists and his executive orders criminalizing immigrants (including children), Trump has launched an unending campaign to divide us against one another in the interests of enriching the already ultra-rich, not least of all himself.

We are always being tested. Freedom is indeed a constant struggle. As Frederick Douglass argued more than a century ago, power concedes nothing without a struggle; it never has and it never will. And the key to victories in those struggles is our unity. Without it, we are powerless. But with our unity, we have great power. As our sisters and brothers in Latin America say, "¡El pueblo unido jamás será vencido!" The people united will never be defeated.

In solidarity,

George Gresham

Queridos Hermanos y Hermanas,

No conozco su opinión, pero yo estoy bastante cansado de que los medios describan la base de Donald Trump como "la clase trabajadora blanca". Por un lado, sabemos que su base real es Wall Street, los intereses petroleros, químicos, mineros y madereros: la clase multimillonaria a la que él y sus compinches republicanos del Congreso regalaron \$1.5 billones en impuestos el año pasado. Por otro lado, según las encuestas, los votantes de Trump en 2016 tuvieron un ingreso anual promedio de \$90,000. Además, el concepto general de "la clase trabajadora blanca" es una mentira. La clase trabajadora en los Estados Unidos es multirracial y multinacional, y siempre ha sido así. Cualquier visita a una fábrica de automóviles, fábrica de acero o mina de carbón lo deja bastante claro.

Ahora, tres años después de su elección, es evidente para todos que la visión del mundo, la estrategia política y el método de gobierno de Trump en su totalidad consisten en sembrar la división entre el pueblo estadounidense (y especialmente entre los trabajadores) utilizando como sus armas el racismo, el prejuicio religioso, la misoginia y la xenofobia. Trump no es el primero en hacerlo, pero es el primer presidente en hacer esto de manera tan abierta desde que Woodrow Wilson promovió el Ku Klux Klan hace un siglo.

Cuando era niño, a medida que crecía, era habitual que los adultos nos dijeran que "no se podía luchar contra el Ayuntamiento", lo que significa que aquellas personas en el poder eran demasiado fuertes para enfrentarlas. Esto era bastante conveniente para aquellos que ocupaban cargos en el Ayuntamiento. Es cierta la idea de que los individuos, por lo menos los que no somos parte del uno por ciento, tenemos poca fuerza para luchar contra los poderes fácticos. Sin embargo, en 1199SEIU, ninguno de nosotros, personas de riqueza, sabemos que tenemos la fortaleza para enfrentarnos al Ayuntamiento, o la Casa Blanca, cuando estamos unidos. Todo el propósito de un sindicato es utilizar nuestra fuerza colectiva para beneficiarnos a nosotros mismos y beneficiar a nuestras familias, en el trabajo y en nuestras comunidades.

Nunca existió un momento, al menos en mi vida, en que mantener nuestra unidad haya sido tan esencial. Cuando digo "nuestra unidad", me refiero a las relaciones dentro de nuestro sindicato y junto con la clase trabajadora en su totalidad y con nuestros socios. Con sus incitaciones diarias al odio en Twitter, sus manifestaciones de supremacistas blancos, el amontonamiento de extremistas de ultraderecha en tribunales y sus órdenes ejecutivas de criminalizar a los inmigrantes (incluidos los niños), Trump ha lanzado una campaña interminable para dividirnos unos a otros en aras de enriquecer a los ya ultrarricos, empezando por él mismo.

Siempre estamos a prueba. La libertad es, desde luego, una lucha constante. Como Frederick Douglass argumentó hace más de un siglo: "El poder no concede nada si no se le exige. Nunca lo hizo y nunca lo hará". Además, la clave de las victorias en esas luchas es nuestra unidad. Sin ella, somos impotentes. Sin embargo, con nuestra unidad, tenemos un gran poder. Como dicen nuestras hermanas y nuestros hermanos en América Latina: "¡El pueblo unido jamás será vencido!". (The people united will never be defeated).

En solidaridad,

George Gresham

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# New York Chapter Meetings

## **Midtown Manhattan Chapter** Thursday, February 27 • 1:00 pm to 2:30 pm

1199SEIU Retired Members Division  
330 West 42nd Street, 9th Floor • New York, NY 10036

## **Bronx – Joseph James Chapter** Friday, February 14 • 11:00 am to 1:00 pm

1199SEIU Healthcare & Education Center  
2501 Grand Concourse, Room 301 • Bronx, NY 10468

## **Brooklyn – Marshall Dubin Chapter**

### Wednesday, February 26 • 11:00 am to 1:00 pm

Brooklyn College – Student Center, 2nd Floor  
East 27th Street & Campus Road  
Brooklyn, NY 11210

## **Brooklyn – Mattie Small Chapter** Friday, February 21 • 11:30 am to 1:30 pm

1199SEIU Brooklyn Office  
25 Elm Place (between Fulton & Livingston Streets)  
Brooklyn, NY 11201

## **Harlem – Leon Davis Chapter** Friday, February 28 • 11:00 am to 1:00 pm

Lt. Joseph P. Kennedy, Jr. Memorial Center  
34 West 134th Street • New York, NY 10037

## **Hicksville – Milton Konowe Chapter**

### Wednesday, February 19 • 11:00 am to 1:00 pm

1199SEIU Hicksville Office  
100 Duffy Avenue • Hicksville, NY 11801

## **New Hyde Park – Eleanor Tilson Chapter**

### Tuesday, February 18 • 2:00 pm to 3:30 pm

Northwell Health Cohen Children’s Medical Center, Teaching Center – Rm. 1  
269-01 76th Avenue • New Hyde Park, NY 11040

## **North Bronx – Bernard Minter Chapter** Tuesday, February 11 • Noon to 2:00 pm

Holy Rosary Church  
1510 Adee Avenue (enter at parking lot) • Bronx, NY 10469

## **Queens – Edward Garrins Chapter** Tuesday, February 25 • 11:30 am to 1:00 pm

Majority Baptist Church  
115-21 Farmers Blvd. • St. Albans, NY 11412

## **Staten Island Chapter** Tuesday, February 11 • 1:30 pm to 3:00 pm

1199SEIU Training and Employment Funds Office  
790 Port Richmond Avenue (off Forest Avenue) • Staten Island, NY 10302

## **Suffolk County Chapter** Thursday, February 13 • 11:00 am to 1:00 pm

First Baptist Church of Riverhead  
1018 Northville Turnpike • Riverhead, NY 11901

## **Westchester – Hudson Valley Region Chapter**

### Wednesday, February 5 • 12:30 pm to 2:30 pm

1199SEIU Benefit and Pension Funds  
99 Church Street • White Plains, NY 10601

Classes are open to all retirees and are free of charge. No registration is required.

# New York FEBRUARY CALENDAR

|        |  |   |   |   |  |  |  |  |
|--------|--|---|---|---|--|--|--|--|
| MONDAY | <p><b>All classes are held at our Manhattan Headquarters unless otherwise indicated.</b></p> | <p><b>MON 3</b></p> <p>10-11 Chi Gong (BKLYN)<br/>10-11 Yoga/Meditation (QNS)<br/>10:30-11:30 Opera Appreciation<br/>11-12 Party Dance Moves (BKLYN)<br/>11:15-12:15 Hatha Yoga (QNS)<br/>12-1 Art History<br/>12-1 Mindfulness Meditation (BKLYN)<br/>12:30-1:30 Party Dance Moves (QNS)<br/>1-3 Arts &amp; Crafts (BKLYN)<br/>1:30-3:30 Executive Committee Meeting</p> | <p><b>MON 10</b></p> <p>10-11 Chi Gong (BKLYN)<br/>10-11 Yoga/Meditation (QNS)<br/>10:30-11:30 Opera Appreciation<br/>11-12 Party Dance Moves (BKLYN)<br/>11:15-12:15 Hatha Yoga (QNS)<br/>12-1 Art History<br/>12-1 Mindfulness Meditation (BKLYN)<br/>12:30-1:30 Party Dance Moves (QNS)<br/>1-3 Arts &amp; Crafts (BKLYN)</p>                              | <p><b>MON 17</b></p> <p><b>OFFICE CLOSED</b></p>  | <p><b>MON 24</b></p> <p>10-11 Chi Gong (BKLYN)<br/>10-11 Yoga/Meditation (QNS)<br/>10:30-11:30 Opera Appreciation<br/>11-12 Party Dance Moves (BKLYN)<br/>11:15-12:15 Hatha Yoga (QNS)<br/>12-1 Art History<br/>12-1 Mindfulness Meditation (BKLYN)<br/>12:30-1:30 Party Dance Moves (QNS)<br/>1-3 Arts &amp; Crafts (BKLYN)</p>   |  |  |  |
|        | TUESDAY  | <p><b>Health Meeting Topics</b></p> <p><i>Aetna will not present Health Meeting Topics until further notice.</i></p>  | <p><b>TUES 4</b></p> <p>9-10 Yoga/Meditation (Hicksville)<br/>9:30-12 Photography<br/>10-11 Mat Yoga (Int) (QNS)<br/>10:30-12 Drama<br/>11-1 Knitting &amp; Crocheting (Beg) (QNS)<br/>11:15-12:15 Chair Yoga (Beg) (QNS)<br/>12:30-3 Art<br/>1:15-2:15 Zumba Gold (QNS)<br/>1:30-2:30 Zumba (SI)<br/>1:30-3 Discussion Group<br/>2:30-3:30 Mat Yoga (SI)</p> | <p><b>TUES 11</b></p> <p>9-10 Yoga/Meditation (Hicksville)<br/>9:30-12 Photography<br/>10-11 Mat Yoga (Int) (QNS)<br/>10:30-12 Drama<br/>11-1 Knitting &amp; Crocheting (Beg) (QNS)<br/>11:15-12:15 Chair Yoga (Beg) (QNS)<br/>12:30-3 Art<br/>1:15-2:15 Zumba Gold (QNS)<br/>1:30-3 Discussion Group</p>   | <p><b>TUES 18</b></p> <p>9:30-12 Photography<br/>10-11 Mat Yoga (Int) (QNS)<br/>10:30-12 Drama<br/>11-1 Knitting &amp; Crocheting (Beg) (QNS)<br/>11:15-12:15 Chair Yoga (Beg) (QNS)<br/>12:30-3 Art<br/>1-2 Yoga (New Hyde Park)<br/>1:15-2:15 Zumba Gold (QNS)<br/>1:30-2:30 Zumba (SI)<br/>1:30-3 Discussion Group<br/>2:30-3:30 Mat Yoga (SI)</p>  | <p><b>TUES 25</b></p> <p>9-10 Yoga/Meditation (Hicksville)<br/>9:30-12 Photography<br/>10-11 Mat Yoga (Int) (QNS)<br/>10:30-12 Drama<br/>11-1 Knitting &amp; Crocheting (Beg) (QNS)<br/>11:15-12:15 Chair Yoga (Beg) (QNS)<br/>12:30-3 Art<br/>1:15-2:15 Zumba Gold (QNS)<br/>1:30-2:30 Zumba (SI)<br/>1:30-3 Discussion Group<br/>2:30-3:30 Mat Yoga (SI)</p>   |  |  |
|        |  | WEDNESDAY   |   | <p><b>WED 5</b></p> <p>9-10 Yoga (Beg) (Hicksville)<br/>9-11 Knitting &amp; Crocheting (Beg) (BKLYN)<br/>10-11 Yoga (Adv) (Hicksville)<br/>10-12 Knitting &amp; Crocheting (Beg)<br/>10-12 Choral Group<br/>10:15-11:15 Tai Chi (White Plains)<br/>11-12 Party Dance Moves (Hicksville)<br/>11-1 Knitting &amp; Crocheting (Int/Adv) (BKLYN)<br/>11:30-12:30 Yoga (White Plains)<br/>12-1 Yoga (BX)<br/>12:15-1:15 Zumba-T (Hicksville)<br/>12:30-4:30 Knitting &amp; Crocheting (Int/Adv)<br/>1-2 Chi Gong (BKLYN)<br/>1:30-2:30 Chi Gong (BX)<br/>2-3 Party Dance Moves (BKLYN)<br/>2:30-3:30 Bingo (White Plains)<br/>3-4 Latin Dance (BX)</p> | <p><b>WED 12</b></p> <p>9-10 Yoga (Beg) (Hicksville)<br/>9-11 Knitting &amp; Crocheting (Beg) (BKLYN)<br/>10-11 Yoga (Adv) (Hicksville)<br/>10-12 Knitting &amp; Crocheting (Beg)<br/>10-12 Choral Group<br/>10:15-11:15 Tai Chi (White Plains)<br/>11-12 Party Dance Moves (Hicksville)<br/>11-1 Knitting &amp; Crocheting (Int/Adv) (BKLYN)<br/>11:30-12:30 Yoga (White Plains)<br/>12-1 Yoga (BX)<br/>12:15-1:15 Zumba-T (Hicksville)<br/>12:30-4:30 Knitting &amp; Crocheting (Int/Adv)<br/>1-2 Bingo (White Plains)<br/>1-2 Chi Gong (BKLYN)<br/>1:30-2:30 Chi Gong (BX)<br/>2-3 Party Dance Moves (BKLYN)<br/>3-4 Latin Dance (BX)</p> | <p><b>WED 19</b></p> <p>9-10 Yoga (Beg) (Hicksville)<br/>9-11 Knitting &amp; Crocheting (Beg) (BKLYN)<br/>10-11 Yoga (Adv) (Hicksville)<br/>10-12 Knitting &amp; Crocheting (Beg)<br/>10:15-11:15 Tai Chi (White Plains)<br/>11-1 Knitting &amp; Crocheting (Int/Adv) (BKLYN)<br/>11:30-12:30 Yoga (White Plains)<br/>12-1 Yoga (BX)<br/>12:30-4:30 Knitting &amp; Crocheting (Int/Adv)<br/>1-2 Bingo (White Plains)<br/>1-2 Chi Gong (BKLYN)<br/>1:30-2:30 Chi Gong (BX)<br/>2-3 Party Dance Moves (BKLYN)<br/>3-4 Latin Dance (BX)</p> | <p><b>WED 26</b></p> <p>9-10 Yoga (Beg) (Hicksville)<br/>9-11 Knitting &amp; Crocheting (Beg) (BKLYN)<br/>10-11 Yoga (Adv) (Hicksville)<br/>10-12 Knitting &amp; Crocheting (Beg)<br/>10-12 Choral Group<br/>10:15-11:15 Tai Chi (White Plains)<br/>11-12 Party Dance Moves (Hicksville)<br/>11-1 Knitting &amp; Crocheting (Int/Adv) (BKLYN)<br/>11:30-12:30 Yoga (White Plains)<br/>12-1 Yoga (BX)<br/>12:15-1:15 Zumba-T (Hicksville)<br/>12:30-4:30 Knitting &amp; Crocheting (Int/Adv)<br/>1-2 Bingo (White Plains)<br/>1-2 Chi Gong (BKLYN)<br/>1:30-2:30 Chi Gong (BX)<br/>2-3 Party Dance Moves (BKLYN)<br/>3-4 Latin Dance (BX)</p> |  |
|        |  |   | THURSDAY  |    | <p><b>THUR 6</b></p> <p>10-11 Tai Chi<br/>11-12 Yoga<br/>11-12 Yoga (Beg) (Suffolk Co)<br/>12-1 Meditation (Suffolk Co)<br/>12:30-1:30 Lunch Club<br/>1:30-2:30 Party Dance Moves (SI)<br/>1:30-3:30 General Membership Meeting<br/>2:30-3:30 Chair Yoga (SI)<br/>3-5 Arts &amp; Crafts<br/>3-5 Sewing</p>   | <p><b>THUR 13</b></p> <p>10-11 Tai Chi<br/>11-12 Yoga<br/>12:30-1:30 Lunch Club<br/>1:30-2:30 Party Dance Moves (SI)<br/>2:30-3:30 Chair Yoga (SI)<br/>3-5 Arts &amp; Crafts<br/>3-5 Sewing</p>  | <p><b>THUR 20</b></p> <p>10-11 Tai Chi<br/>11-12 Yoga<br/>11-12 Yoga (Beg) (Suffolk Co)<br/>12-1 Meditation (Suffolk Co)<br/>12:30-1:30 Lunch Club<br/>1-3 Birthday Party<br/>1:30-2:30 Party Dance Moves (SI)<br/>2:30-3:30 Chair Yoga (SI)<br/>3-5 Arts &amp; Crafts<br/>3-5 Sewing</p>  | <p><b>THUR 27</b></p> <p>10-11 Tai Chi<br/>11-12 Yoga<br/>11-12 Yoga (Beg) (Suffolk Co)<br/>12-1 Meditation (Suffolk Co)<br/>12:30-1:30 Lunch Club<br/>1:30-2:30 Party Dance Moves (SI)<br/>2:30-3:30 Chair Yoga (SI)<br/>3-5 Arts &amp; Crafts<br/>3-5 Sewing</p> |
|        |  |   |   | FRIDAY  | <p><b>FRI 7</b></p> <p>10-11 Chair Yoga (Adv) (BKLYN)<br/>10-12 Quilting<br/>11:15-12:15 Zumba Gold (BKLYN)<br/>12:15-1:15 Chair Yoga (Beg) (BKLYN)<br/>1-2 Party Dance Moves<br/>1:30-2:30 Zumba Gold (BKLYN)<br/>2-3 Yoga<br/>3:30-4:30 Zumba Gold</p>   | <p><b>FRI 14</b></p> <p>10-11 Chair Yoga (Adv) (BKLYN)<br/>10-12 Quilting<br/>11:15-12:15 Zumba Gold (BKLYN)<br/>12:15-1:15 Chair Yoga (Beg) (BKLYN)<br/>1-2 Party Dance Moves<br/>1:30-2:30 Zumba Gold (BKLYN)<br/>2-3 Yoga<br/>3:30-4:30 Zumba Gold</p>  | <p><b>FRI 21</b></p> <p>10-11 Chair Yoga (Adv) (BKLYN)<br/>10-12 Quilting<br/>1-2 Party Dance Moves<br/>1:30-2:30 Zumba Gold (BKLYN)<br/>2-3 Yoga<br/>3:30-4:30 Zumba Gold</p>   | <p><b>FRI 28</b></p> <p>10-11 Chair Yoga (Adv) (BKLYN)<br/>10-12 Quilting<br/>11:15-12:15 Zumba Gold (BKLYN)<br/>12:15-1:15 Chair Yoga (Beg) (BKLYN)<br/>1-2 Party Dance Moves<br/>1:30-2:30 Zumba Gold (BKLYN)<br/>2-3 Yoga<br/>3:30-4:30 Zumba Gold</p>          |