

Save the Date!

1199SEIU Florida Retiree Banquet

Friday, March 6, 2020

We hope to see all of our Florida retirees at the Annual Florida Retiree Banquet at the Walt Disney World Swan and Dolphin Resort (Dolphin side), 1500 Epcot Resorts Blvd., Pacific Rooms A&B, Lake Buena Vista, FL 32830.

Be sure to bring your banquet tickets. No tickets will be sold at the door.

Program: Enjoy a continental breakfast beginning at 9:00 am. The banquet will begin at 10:00 am, and will include music and dancing until 3:00 pm.

Car Transportation: If you are driving to the Walt Disney World Swan and Dolphin Resort, parking is \$25 (plus tax) per car.

Bus Transportation: Reserved bus seats will be available only in chapter areas. Please refer to the following bus schedule to confirm the location for parking your car.

BUS SCHEDULE

Broward – Leon Davis Chapter 5:15 am – Board bus

Lowe's parking lot • 8050 West Oakland Park Blvd. Sunrise, FL 33351 (Park closest to Oakland Park Blvd.)

Broward – Ossie Davis Chapter 4:30 am – Board bus

1199SEIU UHWE Florida Region Office • 2881 Corporate Way Miramar, FL 33025 (Park on the east side of the building)

Casselberry – Doris Turner Chapter 8:00 am – Board bus

St. Augustine Church • 375 North Sunset Drive • Casselberry, FL 32707 (Park on the Seminola Blvd. side—**Do not block the pastor's driveway**)

Fort Myers Chapter 5:15 am – Board bus

Bealls Shopping Plaza • 1209 Homestead Road North Lehigh Acres, FL 33936 (Park in lower end)

North Port Chapter 6:00 am – Board bus

Morgan Family Community Center • 6207 West Price Blvd. North Port, FL 34286 (Located across from North Port High School)

Orlando – George Gresham Chapter 8:00 am – Board bus

UAW Local #788 • 1825 West Oak Ridge Road Orlando, FL 32809 (Park in rear lot of building, on grassy area)

Palm Bay/Melbourne Chapter 6:45 am – Board bus

Palm Bay Community Center—Parks & Recreation • 1502 Port Malabar Blvd., NE Palm Bay, FL 32905 (Park along wood fence, in front grassy area)

Port St. Lucie Chapter 6:30 am – Board bus

Walmart Supercenter • 10855 South US Highway 1 • Port St. Lucie, FL 34952 (Enter at traffic light—south entrance—and park to the left)

South Palm Beach Chapter 5:15 am – Board bus

Temple Anshei Shalom • 7099 West Atlantic Avenue Delray Beach, FL 33446 (Park in far rear parking area)

Tampa Chapter – Tampa (first stop) 7:00 am – Board bus

Sun Trust Building (Union meeting site) • 500 North West Shore Blvd. Tampa, FL 33609 (Park on 3rd level **only** and go to main lot, street level, for bus pick-up)

Tampa Chapter – Brandon (second stop) 7:45 am – Board bus

Westfield Mall • 459 Brandon Town Center • Brandon, FL 33511 (Park on southwest side of mall, between Sears and Macy's)

West Palm Beach Chapter 5:15 am – Board bus

St. Christopher's Episcopal Church • 1063 North Haverhill Road West Palm Beach, FL 33417 (Park in rear parking lot, away from church on Haverhill Road side)

If you have any further questions about the 1199SEIU Florida Retiree Banquet, contact Lisa Tilson at (877) 369-8340 (toll-free), (561) 617-7099 (fax) or Elizabeth.Tilson@1199Funds.org (email).

Southern Chapters MARCH MEETINGS

Florida Chapters

There are no Florida Chapter Meetings in March.

North & South Carolinas Chapter

Friday, March 20 – 9:30 am to noon

Birnie Hope Center • 210 South Purdy Street • Sumter, SC 29150
For more information, call (843) 861-1265.

Georgia Chapter

There is no March meeting. Please check the schedule for upcoming meetings. For more information, call toll-free: (855) 616-1199.

New York Chapters MARCH MEETINGS

Bronx – Joseph James Chapter

Friday, March 13 • 11:00 am to 1:00 pm

1199SEIU Healthcare & Education Center
2501 Grand Concourse, Room 301 • Bronx, NY 10468

Brooklyn – Marshall Dubin Chapter

Wednesday, March 25 • 11:00 am to 1:00 pm

Brooklyn College – Student Center, 2nd Floor
East 27th Street & Campus Road • Brooklyn, NY 11210

Brooklyn – Mattie Small Chapter

Friday, March 20 • 11:30 am to 1:30 pm

1199SEIU Brooklyn Office
25 Elm Place (between Fulton & Livingston Streets) • Brooklyn, NY 11201

Harlem – Leon Davis Chapter Friday, March 27 • 11:00 am to 1:00 pm

Lt. Joseph P. Kennedy, Jr. Memorial Center
34 West 134th Street • New York, NY 10037

Hicksville – Milton Konowe Chapter

Wednesday, March 18 • 11:00 am to 1:00 pm

1199SEIU Hicksville Office
100 Duffy Avenue • Hicksville, NY 11801

Midtown Manhattan Chapter

Thursday, March 5 • 1:00 pm to 2:30 pm

1199SEIU Retired Members Division
330 West 42nd Street, 9th Floor • New York, NY 10036

New Hyde Park – Eleanor Tilson Chapter

Tuesday, March 17 • 2:00 pm to 3:30 pm

Northwell Health Cohen Children's Medical Center, Teaching Center – Rm. 1
269-01 76th Avenue • New Hyde Park, NY 11040

North Bronx – Bernard Minter Chapter

Tuesday, March 10 • Noon to 2:00 pm

Holy Rosary Church • 1510 Adey Avenue (enter at parking lot) • Bronx, NY 10469

Queens – Edward Garrins Chapter

Tuesday, March 24 • 11:30 am to 1:00 pm

Majority Baptist Church • 115-21 Farmers Blvd. • St. Albans, NY 11412

Staten Island Chapter Tuesday, March 10 • 1:30 pm to 3:00 pm

1199SEIU Training and Employment Funds Office
790 Port Richmond Avenue (off Forest Avenue) • Staten Island, NY 10302

Suffolk County Chapter Thursday, March 12 • 11:00 am to 1:00 pm

First Baptist Church of Riverhead
1018 Northville Turnpike • Riverhead, NY 11901

Westchester – Hudson Valley Region Chapter

Wednesday, March 4 • 12:30 pm to 2:30 pm

1199SEIU Benefit and Pension Funds
99 Church Street • White Plains, NY 10601

1199SEIU RETIRED MEMBERS

BULLETIN

March 2020

Information about Chapter Meetings, Classes & More!



1199SEIU Funds
Benefit and Pension



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1199SEIU Benefit and Pension Funds

Save the Date for the Biannual Quilting Exhibit!

Join us for an exhibit of handmade and machine-made quilts showcasing our talented retirees' craft and artistry. **The exhibit will open at 10:00 am on Monday, April 6**, in the Penthouse (33rd Floor) at Benefit and Pension Funds Headquarters, 330 West 42nd Street in Manhattan. The quilts will be on display until Friday, April 10, with viewing hours from 10:00 am to 4:00 pm.

Calling All Retired Nurses!

The nurses' meeting will be on Friday, March 20, from 10:00 am to noon, at 330 West 42nd Street, 13th Floor.

The Retired Members Department holds quarterly meetings to help retired nurses stay connected with each other and informed about the latest educational and social issues affecting them. Join us in March, June, September and December—we hope you'll get involved!

New Location for Queens Classes!

All classes held at the Devore Dance Center in Queens will now meet at **Majority Baptist Church, 115-21 Farmers Blvd. • St. Albans, NY 11412.** Please check the calendar for dates and times.

Sign Up for "Seniors Out Speaking"

Become a volunteer in the Medicare Rights Center's "Seniors Out Speaking" (SOS) program and help educate other seniors about their Medicare benefits. For more information about our 1199SEIU SOS volunteer program, call (646) 473-6916.

Manhattan Headquarters: Thursday, March 5 • 9:30 am to noon
330 West 42nd Street, 33rd Floor (Penthouse) • New York, NY 10036

Staten Island: Tuesday, March 10 • 3:00 pm to 4:30 pm
790 Port Richmond Avenue (off Forest Avenue) • Staten Island, NY 10302

Hicksville: Tuesday, March 17 • 9:30 am to noon
100 Duffy Avenue, 3rd Floor • Hicksville, NY 11801



Explore Age-Friendly Websites

Age-Friendly NYC, a joint initiative of the NYC Mayor's Office, the NYC Council and the New York Academy of Medicine, is dedicated to making New York a great place for seniors. Here are just a few of the initiatives you can read about through their network of websites at <https://NYAM.org/age-friendly-nyc>:

- To learn about programs for the liberal and creative arts, computers and technology, business, job skills, personal growth and more, go to www.AgeFriendlyCollege.org.
- To learn about cultural events happening in your borough, download NYC-ARTS' cultural guide books for seniors. The books provide information on ticket and member discounts, accessibility, and locations and hours for local museums, dance and theater venues, libraries, zoos and more. Go to www.NYC-ARTS.org/seniors.
- Get information on upcoming cultural events, senior services and programs, community partners and senior centers near your home at the Department for the Aging website, www.NYC.gov/aging.
- Join the Theatre Development Fund (TDF), a nonprofit organization that works to make theater affordable and accessible to all. For full details, visit www.TDF.org.

Classes are open to all retirees and are free of charge. No registration is required.

New York **MARCH** CALENDAR

MONDAY	MON 2 10-11 Chi Gong (BKLYN) 10-11 Yoga/Meditation (QNS) 10:30-11:30 Opera Appreciation 11-12 Party Dance Moves (BKLYN) 11:15-12:15 Hatha Yoga (QNS) 12-1 Art History 12-1 Mindfulness Meditation (BKLYN) 12:30-1:30 Party Dance Moves (QNS) 1-3 Arts & Crafts (BKLYN) 1:30-3:30 Executive Committee Meeting	MON 9 10-11 Chi Gong (BKLYN) 10-11 Yoga/Meditation (QNS) 10:30-11:30 Opera Appreciation 11-12 Party Dance Moves (BKLYN) 11:15-12:15 Hatha Yoga (QNS) 12-1 Art History 12-1 Mindfulness Meditation (BKLYN) 12:30-1:30 Party Dance Moves (QNS) 1-3 Arts & Crafts (BKLYN)	MON 16 10-11 Chi Gong (BKLYN) 10-11 Yoga/Meditation (QNS) 10:30-11:30 Opera Appreciation 11-12 Party Dance Moves (BKLYN) 11:15-12:15 Hatha Yoga (QNS) 12-1 Art History 12-1 Mindfulness Meditation (BKLYN) 12:30-1:30 Party Dance Moves (QNS) 1-3 Arts & Crafts (BKLYN)	MON 23 10-11 Chi Gong (BKLYN) 10-11 Yoga/Meditation (QNS) 10:30-11:30 Opera Appreciation 11-12 Party Dance Moves (BKLYN) 11:15-12:15 Hatha Yoga (QNS) 12-1 Art History 12-1 Mindfulness Meditation (BKLYN) 12:30-1:30 Party Dance Moves (QNS) 1-3 Arts & Crafts (BKLYN)	MON 30 10:30-11:30 Opera Appreciation 12-1 Art History
	TUES 3 9-10 Yoga/Meditation (Hicksville) 9:30-12 Photography 10-11 Mat Yoga (Int) (QNS) 10:30-12 Drama 11-1 Knitting & Crocheting (Beg) (QNS) 11:15-12:15 Chair Yoga (Beg) (QNS) 12:30-3 Art 1:15-2:15 Zumba Gold (QNS) 1:30-2:30 Zumba (SI) 1:30-3 Discussion Group 2:30-3:30 Mat Yoga (SI)	TUES 10 9-10 Yoga/Meditation (Hicksville) 9:30-12 Photography 10-11 Mat Yoga (Int) (QNS) 10:30-12 Drama 11-1 Knitting & Crocheting (Beg) (QNS) 11:15-12:15 Chair Yoga (Beg) (QNS) 12:30-3 Art 1:15-2:15 Zumba Gold (QNS) 1:30-3 Discussion Group	TUES 17 9:30-12 Photography 10-11 Mat Yoga (Int) (QNS) 10:30-12 Drama 11-1 Knitting & Crocheting (Beg) (QNS) 11:15-12:15 Chair Yoga (Beg) (QNS) 12:30-3 Art 1-2 Yoga (New Hyde Park) 1:15-2:15 Zumba Gold (QNS) 1:30-2:30 Zumba (SI) 1:30-3 Discussion Group 2:30-3:30 Mat Yoga (SI)	TUES 24 9-10 Yoga/Meditation (Hicksville) 9:30-12 Photography 10-11 Mat Yoga (Int) (QNS) 10:30-12 Drama 11-1 Knitting & Crocheting (Beg) (QNS) 11:15-12:15 Chair Yoga (Beg) (QNS) 12:30-3 Art 1:15-2:15 Zumba Gold (QNS) 1:30-3 Discussion Group 1:30-2:30 Zumba (SI) 2:30-3:30 Mat Yoga (SI)	TUES 31 9:30-12 Photography 10:30-12 Drama 12:30-3 Art 1:30-3 Discussion Group
	WED 4 9-10 Yoga (Beg) (Hicksville) 9-11 Knitting & Crocheting (Beg) (BKLYN) 10-11 Yoga (Adv) (Hicksville) 10-12 Knitting & Crocheting (Beg) 10-12 Choral Group 10:15-11:15 Tai Chi (White Plains) 11-12 Party Dance Moves (Hicksville) 11-1 Knitting & Crocheting (Int/Adv) (BKLYN) 11:30-12:30 Yoga (White Plains) 12-1 Yoga (BX) 12:15-1:15 Zumba-T (Hicksville) 12:30-4:30 Knitting & Crocheting (Int/Adv) 1-2 Chi Gong (BKLYN) 1:30-2:30 Chi Gong (BX) 2-3 Party Dance Moves (BKLYN) 2:30-3:30 Bingo (White Plains) 3-4 Latin Dance (BX)	WED 11 9-10 Yoga (Beg) (Hicksville) 9-11 Knitting & Crocheting (Beg) (BKLYN) 10-11 Yoga (Adv) (Hicksville) 10-12 Knitting & Crocheting (Beg) 10-12 Choral Group 10:15-11:15 Tai Chi (White Plains) 11-12 Party Dance Moves (Hicksville) 11-1 Knitting & Crocheting (Int/Adv) (BKLYN) 11:30-12:30 Yoga (White Plains) 12-1 Yoga (BX) 12:15-1:15 Zumba-T (Hicksville) 12:30-4:30 Knitting & Crocheting (Int/Adv) 1-2 Bingo (White Plains) 1-2 Chi Gong (BKLYN) 1:30-2:30 Chi Gong (BX) 2-3 Party Dance Moves (BKLYN) 2-3 Party Dance Moves (BKLYN) 3-4 Latin Dance (BX)	WED 18 9-10 Yoga (Beg) (Hicksville) 9-11 Knitting & Crocheting (Beg) (BKLYN) 10-11 Yoga (Adv) (Hicksville) 10-12 Knitting & Crocheting (Beg) 10:15-11:15 Tai Chi (White Plains) 11-1 Knitting & Crocheting (Int/Adv) (BKLYN) 11:30-12:30 Yoga (White Plains) 12-1 Yoga (BX) 1-2 Bingo (White Plains) 1-2 Chi Gong (BKLYN) 1:30-2:30 Chi Gong (BX) 2-3 Party Dance Moves (BKLYN) 3-4 Latin Dance (BX)	WED 25 9-10 Yoga (Beg) (Hicksville) 9-11 Knitting & Crocheting (Beg) (BKLYN) 10-11 Yoga (Adv) (Hicksville) 10-12 Knitting & Crocheting (Beg) 10-12 Choral Group 10:15-11:15 Tai Chi (White Plains) 11-12 Party Dance Moves (Hicksville) 11-1 Knitting & Crocheting (Int/Adv) (BKLYN) 11:30-12:30 Yoga (White Plains) 12-1 Yoga (BX) 12:15-1:15 Zumba-T (Hicksville) 12:30-4:30 Knitting & Crocheting (Int/Adv) 1-2 Bingo (White Plains) 1-2 Chi Gong (BKLYN) 1:30-2:30 Chi Gong (BX) 2-3 Party Dance Moves (BKLYN) 3-4 Latin Dance (BX)	All classes are held at our Manhattan Headquarters unless otherwise indicated.
	THUR 5 10-11 Tai Chi 11-12 Yoga 11-12 Yoga (Beg) (Suffolk Co) 12-1 Meditation (Suffolk Co) 12:30-1:30 Lunch Club 1-3 General Membership Meeting 1:30-2:30 Party Dance Moves (SI) 2:30-3:30 Chair Yoga (SI) 3-5 Arts & Crafts 3-5 Sewing	THUR 12 10-11 Tai Chi 11-12 Yoga 12:30-1:30 Lunch Club 1:30-2:30 Party Dance Moves (SI) 2:30-3:30 Chair Yoga (SI) 3-5 Arts & Crafts 3-5 Sewing	THUR 19 10-11 Tai Chi 11-12 Yoga 11-12 Yoga (Beg) (Suffolk Co) 12-1 Meditation (Suffolk Co) 12:30-1:30 Lunch Club 1-3 Birthday Party 1:30-2:30 Party Dance Moves (SI) 2:30-3:30 Chair Yoga (SI) 3-5 Arts & Crafts 3-5 Sewing	THUR 26 10-11 Tai Chi 11-12 Yoga 11-12 Yoga (Beg) (Suffolk Co) 12-1 Meditation (Suffolk Co) 12:30-1:30 Lunch Club 1:30-2:30 Party Dance Moves (SI) 2:30-3:30 Chair Yoga (SI) 3-5 Arts & Crafts 3-5 Sewing	Health Meeting Topics <i>Aetna will not present Health Meeting Topics until further notice.</i>
	FRI 6 10-11 Chair Yoga (Adv) (BKLYN) 10-12 Quilting 11:15-12:15 Zumba Gold (BKLYN) 12:15-1:15 Chair Yoga (Beg) (BKLYN) 1-2 Party Dance Moves 1:30-2:30 Zumba Gold (BKLYN) 2-3 Yoga 3:30-4:30 Zumba Gold	FRI 13 10-11 Chair Yoga (Adv) (BKLYN) 10-12 Quilting 11:15-12:15 Zumba Gold (BKLYN) 12:15-1:15 Chair Yoga (Beg) (BKLYN) 1-2 Party Dance Moves 1:30-2:30 Zumba Gold (BKLYN) 2-3 Yoga 3:30-4:30 Zumba Gold	FRI 20 10-11 Chair Yoga (Adv) (BKLYN) 10-12 Quilting 10-12 Retired Nurses' Quarterly Meeting 1-2 Party Dance Moves 1:30-2:30 Zumba Gold (BKLYN) 2-3 Yoga 3:30-4:30 Zumba Gold	FRI 27 10-11 Chair Yoga (Adv) (BKLYN) 10-12 Quilting 11:15-12:15 Zumba Gold (BKLYN) 12:15-1:15 Chair Yoga (Beg) (BKLYN) 1-2 Party Dance Moves 1:30-2:30 Zumba Gold (BKLYN) 2-3 Yoga 3:30-4:30 Zumba Gold	