

Southern Chapters APRIL MEETINGS

Florida Chapters

Broward – Leon Davis Chapter

Tuesday, April 7 – 1:00 pm to 3:00 pm

Tamarac Community Center – Coconut Palm Room
8601 West Commercial Blvd. • Tamarac, FL 33351

Broward – Ossie Davis Chapter

Thursday, April 2 – 10:30 am to 12:30 pm

1199SEIU UHWE Florida Region Office
2881 Corporate Way • Miramar, FL 33025

Casselberry – Doris Turner Chapter **NEW TIME!**

Thursday, April 16 – 11:00 am to 1:00 pm

Casselberry Public Library
215 North Oxford Road • Casselberry, FL 32707

Fort Myers Chapter

Monday, April 27 – 11:00 am to 1:00 pm

The Riverside Community Center
3061 East Riverside Drive • Fort Myers, FL 33916

North Port Chapter

Tuesday, April 28 – 11:00 am to 1:00 pm

Morgan Family Community Center
6207 West Price Blvd. • North Port, FL 34291

Orlando – George Gresham Chapter **NO MEETING NEW LOCATION TO BE ANNOUNCED**

Palm Bay/Melbourne Chapter

Tuesday, April 14 – 1:30 pm to 3:30 pm

Palm Bay Community Center – Room C
1502 Port Malabar Blvd., NE • Palm Bay, FL 32905

Port St. Lucie Chapter

Monday, April 6 – 11:00 am to 1:00 pm

Port St. Lucie Community Center
2195 SE Airoso Blvd. • Port St. Lucie, FL 34984

South Palm Beach Chapter **NO MEETING**

Temple Anshei Shalom

7099 West Atlantic Avenue • Delray Beach, FL 33446

Tampa Chapter

Wednesday, April 29 – 11:00 am to 1:00 pm

Hillsborough Classroom Teachers Association
3102 North Habana Avenue • Tampa, FL 33607

West Palm Beach Chapter

Wednesday, April 1 – 11:00 am to 1:00 pm

St. Christopher's Episcopal Church – Parish Hall
1063 North Haverhill Road • West Palm Beach, FL 33417

For information, contact Elizabeth (Lisa) Tilson:
Elizabeth.Tilson@1199Funds.org; Toll-free: (877) 369-8340
Palm Beach County: (561) 367-3739; Fax: (561) 617-7099
PO Box 6688, Delray Beach, FL 33482

North & South Carolinas Chapter

Friday, April 17 – 9:30 am to noon

Birnie Hope Center • 210 South Purdy Street • Sumter, SC 29150
For more information, call (843) 861-1265.

April 2020

Georgia Chapter

There is no April meeting for the Georgia Chapter. Please check the schedule for upcoming meetings. For more information, call toll-free: (855) 616-1199.

New York Chapters APRIL MEETINGS

Bronx – Joseph James Chapter

Friday, April 3 • 11:00 am to 1:00 pm

1199SEIU Healthcare & Education Center
2501 Grand Concourse, Room 301 • Bronx, NY 10468

Brooklyn – Marshall Dubin Chapter

Wednesday, April 29 • 11:00 am to 1:00 pm

Brooklyn College – Student Center, 2nd Floor
East 27th Street & Campus Road • Brooklyn, NY 11210

Brooklyn – Mattie Small Chapter

Friday, April 17 • 11:30 am to 1:30 pm

1199SEIU Brooklyn Office
25 Elm Place (between Fulton & Livingston Streets) • Brooklyn, NY 11201

Harlem – Leon Davis Chapter

Friday, April 24 • 11:00 am to 1:00 pm

Lt. Joseph P. Kennedy, Jr. Memorial Center
34 West 134th Street • New York, NY 10037

Hicksville – Milton Konowe Chapter

Wednesday, April 15 • 11:00 am to 1:00 pm

1199SEIU Hicksville Office
100 Duffy Avenue • Hicksville, NY 11801

Midtown Manhattan Chapter

Thursday, April 2 • 1:00 pm to 2:30 pm

1199SEIU Retired Members Division
330 West 42nd Street, 9th Floor • New York, NY 10036

New Hyde Park – Eleanor Tilson Chapter

Tuesday, April 21 • 2:00 pm to 3:30 pm

Northwell Health Cohen Children's Medical Center, Teaching Center – Rm. 1
269-01 76th Avenue • New Hyde Park, NY 11040

North Bronx – Bernard Minter Chapter

Tuesday, April 14 • Noon to 2:00 pm

Holy Rosary Church
1510 Adeo Avenue (enter at parking lot) • Bronx, NY 10469

Queens – Edward Garrins Chapter

Tuesday, April 28 • 11:30 am to 1:00 pm

Majority Baptist Church
115-21 Farmers Blvd. • St. Albans, NY 11412

Staten Island Chapter

Tuesday, April 14 • 1:30 pm to 3:00 pm

1199SEIU Training and Employment Funds Office
790 Port Richmond Avenue (off Forest Avenue) • Staten Island, NY 10302

Suffolk County Chapter

Thursday, April 9 • 11:00 am to 1:00 pm

First Baptist Church of Riverhead
1018 Northville Turnpike • Riverhead, NY 11901

Westchester – Hudson Valley Region Chapter

Wednesday, April 1 • 12:30 pm to 2:30 pm

1199SEIU Benefit and Pension Funds
99 Church Street • White Plains, NY 10601

QUESTIONS: CALL (646) 473-8666 • OUTSIDE NYC (800) 575-7771

1199SEIU RETIRED MEMBERS

April 2020

BULLETIN

Information about Chapter Meetings, Classes & More!



Your Benefit and Pension Funds Are Moving!

In early May, your Benefit and Pension Funds are moving, with the Union, to a new location in Manhattan: 498 Seventh Avenue, at West 37th Street. The new space is convenient to many bus and subway lines – including the 1, 2, 3, 7, Q, N, R, W, A, C and E. While our address may be changing, the quality service we provide our retirees will remain the same. All Headquarters classes will be canceled beginning Friday, April 24, and will resume in May in our new space. Stay tuned for additional details.

1199SEIU Funds Benefit and Pension

Non-Profit Org.
U.S. Postage
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New York, NY
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1199SEIU Benefit and Pension Funds
330 West 42nd Street
New York, NY 10036-6977
Address Service Requested



New York Retirees: Support Team 1199 as We Walk for Mental Health on May 9

Join Team 1199 for the National Alliance on Mental Illness's NAMIWalks NYC to help increase awareness of mental health issues and raise funds to promote advocacy, education and community engagement. If you can't make the 5K walk, which begins and ends at the South Street Seaport, you can participate as a volunteer or "virtual walker." And, of course, you can still support Team 1199 by making a donation. To join the walk or donate, visit www.namiwalks.org/team/Team1199.

Save the Date for the Biannual Quilting Exhibit!

Join us for an exhibit of handmade and machine-made quilts showcasing our talented retirees' craft and artistry. **The exhibit will open at 10:00 am on Monday, April 6**, in the Penthouse (33rd Floor) at Fund Headquarters, 330 West 42nd Street, in Manhattan. The quilts will be on display until Friday, April 10, with viewing hours from 10:00 am to 4:00 pm.

Beginners' Chi Gong Now in Brooklyn

Learn to relieve stress with a combination of slow body movements, deep breathing and meditation, performed while seated or standing. The new beginners' class will take place four times per month, from 11:30 am to 12:30 pm. **Please check the calendar for exact dates.**

New Location for Queens Classes!

All classes previously held at the Devore Dance Center in Queens now meet at Majority Baptist Church, 115-21 Farmers Blvd. • St. Albans, NY 11412. Please check the calendar for dates and times.

Sign Up for "Seniors Out Speaking"

Become a volunteer in the Medicare Rights Center's "Seniors Out Speaking" (SOS) program and help educate other seniors about their Medicare benefits. For more information about our 1199SEIU SOS volunteer program, call (646) 473-6916.

Manhattan Headquarters: Thursday, April 2 • 9:30 am to noon
330 West 42nd Street, 33rd Floor (Penthouse) • New York, NY 10036

Staten Island: Tuesday, April 14 • 3:00 pm to 4:30 pm
790 Port Richmond Avenue (off Forest Avenue) • Staten Island, NY 10302

Hicksville: Tuesday, April 21 • 9:30 am to noon
100 Duffy Avenue, 3rd Floor • Hicksville, NY 11801

Explore Age-Friendly Websites

Age-Friendly NYC, a joint initiative of the NYC Mayor's Office, the NYC Council and the New York Academy of Medicine, is dedicated to making New York a great place for seniors. Here are just a few of the initiatives you can read about through their network of websites at <https://NYAM.org/age-friendly-nyc>:

- To learn about programs for the liberal and creative arts, computers and technology, business, job skills, personal growth and more, go to www.AgeFriendlyCollege.org.
- To learn about cultural events happening in your borough, download NYC-ARTS' cultural guide books for seniors. The books provide information on ticket and member discounts, accessibility, and locations and hours for local museums, dance and theater venues, libraries, zoos and more. Go to www.NYC-ARTS.org/seniors.
- Get information on upcoming cultural events, senior services and programs, community partners and senior centers near your home at the Department for the Aging website, www.NYC.gov/aging.
- Join the Theatre Development Fund (TDF), a nonprofit organization that works to make theater affordable and accessible to all. For full details, visit www.TDF.org.

Classes are open to all retirees and are free of charge. No registration is required.

New York APRIL CALENDAR

MONDAY	<p>All classes are held at our Manhattan Headquarters unless otherwise indicated.</p> 	<p>MON 6</p> <p>10-11 Chi Gong (BKLYN) 10-11 Yoga/Meditation (QNS) 10:30-11:30 Opera Appreciation 11-12 Party Dance Moves (BKLYN) 11:15-12:15 Hatha Yoga (QNS) 12-1 Art History 12-1 Mindfulness Meditation (BKLYN) 12:30-1:30 Party Dance Moves (QNS) 1-3 Arts & Crafts (BKLYN) 1:30-3:30 Executive Committee Meeting</p>	<p>MON 13</p> <p>10-11 Chi Gong (BKLYN) 10-11 Yoga/Meditation (QNS) 10:30-11:30 Opera Appreciation 11-12 Party Dance Moves (BKLYN) 11:15-12:15 Hatha Yoga (QNS) 12-1 Art History 12-1 Mindfulness Meditation (BKLYN) 12:30-1:30 Party Dance Moves (QNS) 1-3 Arts & Crafts (BKLYN)</p>	<p>MON 20</p> <p>10-11 Chi Gong (BKLYN) 10-11 Yoga/Meditation (QNS) 10:30-11:30 Opera Appreciation 11-12 Party Dance Moves (BKLYN) 11:15-12:15 Hatha Yoga (QNS) 12-1 Art History 12-1 Mindfulness Meditation (BKLYN) 12:30-1:30 Party Dance Moves (QNS) 1-3 Arts & Crafts (BKLYN)</p>	<p>MON 27</p> <p>Headquarters classes canceled</p> <p>10-11 Chi Gong (BKLYN) 10-11 Yoga/Meditation (QNS) 11-12 Party Dance Moves (BKLYN) 11:15-12:15 Hatha Yoga (QNS) 12-1 Mindfulness Meditation (BKLYN) 12:30-1:30 Party Dance Moves (QNS) 1-3 Arts & Crafts (BKLYN)</p>			
	TUESDAY	<p>Health Meeting Topics</p> <p><i>Aetna will not present Health Meeting Topics until further notice.</i></p>	<p>TUES 7</p> <p>9-10 Yoga/Meditation (Hicksville) 9:30-12 Photography 10-11 Mat Yoga (Int) (QNS) 10:30-12 Drama 11-1 Knitting & Crocheting (Beg) (QNS) 11:15-12:15 Chair Yoga (Beg) (QNS) 12:30-3 Art 1:15-2:15 Zumba Gold (QNS) 1:30-2:30 Zumba (SI) 1:30-3 Discussion Group 2:30-3:30 Mat Yoga (SI)</p>	<p>TUES 14</p> <p>9-10 Yoga/Meditation (Hicksville) 9:30-12 Photography 10-11 Mat Yoga (Int) (QNS) 10:30-12 Drama 11-1 Knitting & Crocheting (Beg) (QNS) 11:15-12:15 Chair Yoga (Beg) (QNS) 12:30-3 Art 1:15-2:15 Zumba Gold (QNS) 1:30-3 Discussion Group</p>	<p>TUES 21</p> <p>9:30-12 Photography 10-11 Mat Yoga (Int) (QNS) 10:30-12 Drama 11-1 Knitting & Crocheting (Beg) (QNS) 11:15-12:15 Chair Yoga (Beg) (QNS) 12:30-3 Art 1-2 Yoga (New Hyde Park) 1:15-2:15 Zumba Gold (QNS) 1:30-2:30 Zumba (SI) 1:30-3 Discussion Group 2:30-3:30 Mat Yoga (SI)</p>	<p>TUES 28</p> <p>Headquarters classes canceled</p> <p>9-10 Yoga/Meditation (Hicksville) 10-11 Mat Yoga (Int) (QNS) 11-1 Knitting & Crocheting (Beg) (QNS) 11:15-12:15 Chair Yoga (Beg) (QNS) 1:15-2:15 Zumba Gold (QNS) 1:30-2:30 Zumba (SI) 2:30-3:30 Mat Yoga (SI)</p>		
		WEDNESDAY	<p>WED 1</p> <p>9-10 Yoga (Beg) (Hicksville) 9-11 Knitting & Crocheting (Beg) (BKLYN) 10-11 Yoga (Adv) (Hicksville) 10-12 Knitting & Crocheting (Beg) 10-12 Choral Group 10:15-11:15 Tai Chi (White Plains) 11-12 Party Dance Moves (Hicksville) 11-1 Knitting & Crocheting (Int/Adv) (BKLYN) 11:30-12:30 Yoga (White Plains) 11:30-12:30 Chi Gong (Beg) (BKLYN) 12-1 Yoga (BX) 12:15-1:15 Zumba-T (Hicksville) 12:30-4:30 Knitting & Crocheting (Int/Adv) 1-2 Chi Gong (Adv) (BKLYN) 1:30-2:30 Chi Gong (BX) 2-3 Party Dance Moves (BKLYN) 2:30-3:30 Bingo (White Plains) 3-4 Latin Dance (BX)</p>	<p>WED 8</p> <p>9-10 Yoga (Beg) (Hicksville) 9-11 Knitting & Crocheting (Beg) (BKLYN) 10-11 Yoga (Adv) (Hicksville) 10-12 Knitting & Crocheting (Beg) 10-12 Choral Group 10:15-11:15 Tai Chi (White Plains) 11-12 Party Dance Moves (Hicksville) 11-1 Knitting & Crocheting (Int/Adv) (BKLYN) 11:30-12:30 Yoga (White Plains) 11:30-12:30 Chi Gong (Beg) (BKLYN) 12-1 Yoga (BX) 12:15-1:15 Zumba-T (Hicksville) 12:30-4:30 Knitting & Crocheting (Int/Adv) 1-2 Bingo (White Plains) 1-2 Chi Gong (Adv) (BKLYN) 1:30-2:30 Chi Gong (BX) 2-3 Party Dance Moves (BKLYN) 3-4 Latin Dance (BX)</p>	<p>WED 15</p> <p>9-10 Yoga (Beg) (Hicksville) 9-11 Knitting & Crocheting (Beg) (BKLYN) 10-11 Yoga (Adv) (Hicksville) 10-12 Knitting & Crocheting (Beg) 10:15-11:15 Tai Chi (White Plains) 11-1 Knitting & Crocheting (Int/Adv) (BKLYN) 11:30-12:30 Yoga (White Plains) 11:30-12:30 Chi Gong (Beg) (BKLYN) 12-1 Yoga (BX) 12:30-4:30 Knitting & Crocheting (Int/Adv) 1-2 Bingo (White Plains) 1-2 Chi Gong (Adv) (BKLYN) 1:30-2:30 Chi Gong (BX) 2-3 Party Dance Moves (BKLYN) 3-4 Latin Dance (BX)</p>	<p>WED 22</p> <p>9-10 Yoga (Beg) (Hicksville) 9-11 Knitting & Crocheting (Beg) (BKLYN) 10-11 Yoga (Adv) (Hicksville) 10-12 Knitting & Crocheting (Beg) 10-12 Choral Group 10:15-11:15 Tai Chi (White Plains) 11-12 Party Dance Moves (Hicksville) 11-1 Knitting & Crocheting (Int/Adv) (BKLYN) 11:30-12:30 Yoga (White Plains) 11:30-12:30 Chi Gong (Beg) (BKLYN) 12-1 Yoga (BX) 12:15-1:15 Zumba-T (Hicksville) 12:30-4:30 Knitting & Crocheting (Int/Adv) 1-2 Bingo (White Plains) 1-2 Chi Gong (Adv) (BKLYN) 1:30-2:30 Chi Gong (BX) 2-3 Party Dance Moves (BKLYN) 3-4 Latin Dance (BX)</p>	<p>WED 29</p> <p>Headquarters classes canceled</p>	
			THURSDAY	<p>THUR 2</p> <p>10-11 Tai Chi 11-12 Yoga 11-12 Yoga (Beg) (Suffolk Co) 12-1 Meditation (Suffolk Co) 12:30-1:30 Lunch Club 1:30-2:30 Party Dance Moves (SI) 2:30-3:30 Chair Yoga (SI) 3-5 Arts & Crafts 3-5 Sewing</p>	<p>THUR 9</p> <p>10-11 Tai Chi 11-12 Yoga 12:30-1:30 Lunch Club 1:30-2:30 Party Dance Moves (SI) 2:30-3:30 Chair Yoga (SI) 3-5 Arts & Crafts 3-5 Sewing</p>	<p>THUR 16</p> <p>10-11 Tai Chi 11-12 Yoga 11-12 Yoga (Beg) (Suffolk Co) 12-1 Meditation (Suffolk Co) 12:30-1:30 Lunch Club 1-3 Birthday Party 1:30-2:30 Party Dance Moves (SI) 2:30-3:30 Chair Yoga (SI) 3-5 Arts & Crafts 3-5 Sewing</p>	<p>THUR 23</p> <p>10-11 Tai Chi 11-12 Yoga 11-12 Yoga (Beg) (Suffolk Co) 12-1 Meditation (Suffolk Co) 12:30-1:30 Lunch Club 1:30-2:30 Party Dance Moves (SI) 2:30-3:30 Chair Yoga (SI) 3-5 Arts & Crafts 3-5 Sewing</p>	<p>THUR 30</p> <p>Headquarters classes canceled</p>
				FRIDAY	<p>FRI 3</p> <p>10-11 Chair Yoga (Adv) (BKLYN) 10-12 Quilting 11:15-12:15 Zumba Gold (BKLYN) 12:15-1:15 Chair Yoga (Beg) (BKLYN) 1-2 Party Dance Moves 1:30-2:30 Zumba Gold (BKLYN) 2-3 Yoga 3:30-4:30 Zumba Gold</p>	<p>FRI 10</p> <p>OFFICE CLOSED</p>	<p>FRI 17</p> <p>10-11 Chair Yoga (Adv) (BKLYN) 10-12 Quilting 1-2 Party Dance Moves 1:30-2:30 Zumba Gold (BKLYN) 2-3 Yoga 3:30-4:30 Zumba Gold</p>	<p>FRI 24</p> <p>Headquarters classes canceled</p> <p>10-11 Chair Yoga (Adv) (BKLYN) 11:15-12:15 Zumba Gold (BKLYN) 12:15-1:15 Chair Yoga (Beg) (BKLYN) 1:30-2:30 Zumba Gold (BKLYN)</p>