

# MENTAL HEALTH: TRAUMA-INFORMED CARE

*A Six-Hour Interprofessional Symposium for Healthcare Workers*



**Sunday, May 22, 2022 | 8:45 am – 4:30 pm (ET)**

## Live Webcast (Internet) Only

[1199SEIUBenefits.org/Institute](https://1199SEIUBenefits.org/Institute)

## Registration Deadline

**Friday, May 20, 2022 | 12:00 pm (ET)**



Anesthesia Techs  
CASACs  
Central Sterile Techs  
Clinical Laboratory Practitioners  
Dietitians

Imaging Technologists  
Medical Records Coders  
Licensed Practical Nurses  
Paramedics and EMTs  
Pharmacists

Pharmacy Technicians  
Rehab Therapists  
Respiratory Therapists  
Physician Assistants

Social Workers  
Surgical Techs



**1199SEIU**  
United Healthcare Workers East

**(212) 894-4390 | E-mail: [Institute@1199Funds.org](mailto:Institute@1199Funds.org) | [1199SEIUBenefits.org/Institute](https://1199SEIUBenefits.org/Institute)**

# PROGRAM AND LEARNING OBJECTIVES

Program Moderator:

**Jessica Feldman, MS, LMHC, CPRP**

**Project Director, Center for Practice Innovations at Columbia University, New York, NY**

## 8:45am LOG-ON TIME

9:20am **Welcome and Introductory Remarks**

9:30am **“Trauma-Informed Care: Keynote Overview”**: Aynisa Leonardo, LCAT, ATR-BC

**Learning Objectives:** Upon completion, participants will be able to:

1. Understand the emotional, cognitive, social and psychological dimensions of trauma;
2. Define three elements of trauma-informed care;
3. Identify at least two therapeutic methods that effectively target symptoms related to post-traumatic stress disorder; and
4. Discuss various screening and treatment methods.

10:30am **“Nursing Considerations: Trauma-Informed Mental Health Considerations in Practice (Keynote)”**: Linda A. Barile, PhD, RN

**Learning Objectives:** Upon completion, participants will be able to:

1. Review assessment techniques specific to trauma-informed considerations in practice;
2. Discuss tips for preventing re-trauma;
3. Describe vicarious trauma;
4. Discuss the stress/anger cycle;
5. Explore the circle of emotional regulation; and
6. Explain stress reducing strategies and coping mechanisms.

11:30am **“Trauma-Informed Care from a Social Justice Lens: A Call to Action (Keynote)”**: Laura Quiros, PhD, LMSW

**Learning Objectives:** Upon completion, participants will be able to:

1. Understand trauma and trauma-informed practice from a social justice perspective;
2. Learn skills in practicing and leading through a trauma-informed social justice lens; and
3. Help build a community of leaders with a trauma-informed social justice approach.

## 12:30pm Lunch Break

1:30pm **“Panel Discussion: Trauma-Informed Care from the Experts”**

**Panelists:** Linda A. Barile, PhD, RN | Aynisa Leonardo, LCAT, ATR-BC | Laura Quiros, PhD, LMSW

**Learning Objectives:** Upon completion, participants will be able to:

1. Identify direct hands-on interventions and applied skills for the screening and treatment of individuals with trauma histories;
2. Discuss the characteristics of resilience; and
3. Explain the role of hope.

3:00pm **“Panel Discussion: Trauma-Informed Care from the Frontlines”**

**Panelists:** Michael Blady, LCSW-R | Sandrine Etienne, LMSW | Melissa T. Hinds, MSN, RN

**Learning Objectives:** Upon completion, participants will be able to:

1. Describe the immune system and immune cell function;
2. Recognize clinical signs and symptoms that would warrant a work-up for a primary immunodeficiency disorder;
3. Identify the laboratory tests required to diagnose the most common immunodeficiency disorders; and
4. Describe treatment options, including immunoglobulin replacement therapy, for patients with primary immunodeficiency disorders.

## 4:30pm Participants Submit Online Evaluations

## PRESENTERS

### **Linda A. Barile, PhD, RN**

Professional Director, HAVEN, the Health Assistance Intervention Education Network, East Berlin, CT Nurse Educator; Associate Professor, Central Connecticut State University, New Britain, CT

### **Michael Blady, LCSW-R**

Michael Blady Consulting LLC; Adjunct Faculty, Silberman School of Social Work, Hunter College, New York, NY

### **Sandrine Etienne, LMSW**

Medical Social Worker, Northwell Health at Home, Garden City, NY

### **Melissa T. Hinds, MSN, RN**

Associate Director, Health and Technology, Center for Practice Innovations at Columbia University, New York, NY; Adjunct Lecturer, Allied Health, CUNY – Bronx Community College, NY.

### **Aynisa Leonardo, LCAT, ATR-BC**

Senior Director of Business Development, Director of Training and Education, Wellbridge Addiction Treatment and Research, Calverton, NY

### **Laura Quiros, PhD, LMSW**

Associate Professor, School of Social Work, Adelphi University, Garden City, NY

## ACCREDITATION

### **CASACs**

An application has been submitted to the New York State Office of Alcoholism and Substance Abuse Services for six (6) clock hours.

### **Clinical Laboratory Practitioners**

This continuing medical laboratory education activity is recognized by the American Society for Clinical Pathology (ASCP) for six (6) CMLE credits. ASCP CMLE credits are acceptable for the ASCP Board of Registry Certification Maintenance Program.

### **Dietitians/Dietetic Technicians**

An application has been submitted to the Commission for Dietetic Registration (CDR) for six (6) continuing education units.

### **Imaging Technologists**

An application has been submitted to the American Society of Radiologic Technologists (ASRT) for Category A continuing education credits. The American Registry for Diagnostic Medical Sonography (ARDMS) accepts ASRT Category A credits.

### **LPNs/RNs/Nurse Practitioners**

This course is approved by the California Board of Registered Nursing for six (6) continuing education credits.

### **Medical Records Coders**

An application has been submitted to the American Health Information Management Association (AHIMA) for six (6) continuing education credits.

### **Occupational Therapists/Occupational Therapy Assistants**

An application has been submitted to the New York State Occupational Therapy Association, Inc. (NYSOTA) for contact hours (NY licensees only).

### **Paramedics/EMTs**

An application has been submitted to the Regional Emergency Medical Services Council of New York City for EMS CME credits.

### **Pharmacists and Pharmacy Technicians**

The New York State Council of Health-system Pharmacists (NYSCHP) is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education.

Module A (AM): This course, 0134-0000-22-115-L01-P; 0134-0000-22-115-L01-T, is approved for 0.3 CEUs (3 contact hours).

Module B (PM): This course, 0134-0000-22-116-L01-P; 0134-0000-22-116-L01-T, is approved for 0.3 CEUs (3 contact hours).

Statements of Continuing Pharmacy Education Credit are available to participants upon the conclusion of the program through survey links. Participants have 45 days from date of program to claim credits and must verify attendance at the meeting by entering the program CE code.

### **Physical Therapists/Physical Therapy Assistants**

An application has been submitted to the New York Physical Therapy Association (NYPTA) for contact hours (NY licensees only).

### **Physician Assistants**

An application has been submitted to the Assistant Review Panel for six (6) AAPA Category 1 CME credits.

### **Respiratory Therapists**

An application has been submitted to the American Association for Respiratory Care (AARC) for six (6) continuing education credits.

### **Social Workers**

The 1199SEIU League Training and Upgrading Fund SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers under provider #0286. Licensed NYS Social Workers are required to provide NYS license number to receive certificate of credit. This course is approved for six (6) continuing education hours.

**All other healthcare professionals: You will receive certificates of attendance.  
Please check with your accrediting board with respect to receiving credit for this program.  
Email [Institute@1199funds.org](mailto:Institute@1199funds.org) for accreditation updates.**

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**Registration is online only**

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- Register from the convenience of your home or office
- Receive immediate confirmation after you have registered

**Registration deadline:**

**Friday, May 20, 2022**

**12:00 pm (ET)**

**FREE FOR 1199SEIU MEMBERS**

## **Training and Employment Fund Members:**

Members must have been a part-time or full-time employee for at least one year, work at least three-fifths of a regular workweek, and work for an employer who contributes to the 1199SEIU League Training and Upgrading Fund or the 1199SEIU Greater New York Education Fund.

## **City of New York Education, Child and Eldercare Fund Members**

Pharmacists, Dietitians, Clinical Laboratory Practitioners and LPNs must have worked with NYC Health + Hospitals or a mayoral agency for at least one year.

## **Registered Nurse Training and Job Security Fund members**

Members must have been a part-time or full-time employee for at least one year and work for an employer who contributes to the 1199SEIU/Hospital League Health Care Industry Registered Nurse Training and Job Security Fund.

## **All Other Participants**

- Module A only: \$75
- Module B only: \$75
- Module A+B: \$150

## **Live Webcast (Internet)**

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	<b>MODULE A</b>	<b>MODULE B</b>
<b>LOG-ON TIME</b>	8:45am DST	12:30pm DST
<b>START TIME</b>	9:20am DST	1:30pm DST

## **WEBCAST TECHNICAL REQUIREMENTS**

- ▶ <https://presentations.akamaized.net/ProductResources/Production/HTML/ComputerTips/ComputerTips.html>

## **FOR QUESTIONS UNRELATED TO TECHNICAL SUPPORT:**

Contact the 1199SEIU Training and Upgrading Fund office at (212) 894-4390 or email us at [Institute@1199Funds.org](mailto:Institute@1199Funds.org).

## **Refund and Cancellation Policy**

Registrants who cancel must do so at least 48 hours before the program date to avoid a penalty. To cancel, contact the 1199SEIU League Training and Upgrading Fund (TUF) by telephone (212) 894-4390 or e-mail [Institute@1199Funds.org](mailto:Institute@1199Funds.org). TUF reserves the right to cancel or reschedule a program in the event of insufficient enrollment or unforeseen circumstances. Participants will be notified and given the option of a refund, or to attend the rescheduled program or an alternate program.