NBF AND NBF ROCHESTER SAR

HIPAA NOTICE

If you would like a copy of the Funds' Notice of HIPAA Privacy Practices, please visit www.1199SEIUBenefits.org, or request one in writing by writing to the 1199SEIU Benefit Funds Privacy Officer at 498 Seventh Avenue, 9th Floor, New York, NY 10018.

SUMMARY ANNUAL REPORT 1199SEIU National Benefit Fund for Health and Human Service Employees

This is a summary of the annual report of the 1199SEIU National Benefit Fund for Health and Human Service Employees (the "Fund"), EIN: 13-1628401, for the period January 1, 2022, to December 31, 2022. This is a welfare benefit plan offering life insurance, PPO contract, health, dental, vision and prescription drug benefits. The annual report has been filed with the Employee Benefits Security Administration, as required under the Employee Retirement Income Security Act of 1974 (ERISA).

Except with respect to the benefits specified under "Insurance Information" below, the plan is self-insured and has committed to pay covered claims out of plan assets.

Insurance Information

The plan has contracts with Amalgamated Life Insurance Company ("Amalgamated Life"), Guardian Life Insurance Company of America, Excellus BlueCross BlueShield ("Excellus BCBS"), Aetna Life Insurance Company, Emblem Health, MVP Select Care, Dental Service of Massachusetts, Inc. DBA Delta Dental of MA to pay certain life insurance, PPO contract, dental benefits, and accidental death and dismemberment claims incurred under the terms of the plan. The total premiums paid for the plan year ending December 31, 2022, were \$154,540,066.

Because the Amalgamated Life and Excellus BCBS contracts are so-called "experience-rated" contracts, the premium costs are affected by, among other things, the number and size of claims. Of the total insurance premiums paid for the plan year ending December 31, 2022, the premiums paid under such "experience-rated" contracts were \$11,198,012, and the total of all benefit claims paid under these experience-rated contracts during the plan year was \$8,350,109.

Basic Financial Statement

The value of plan assets, after subtracting liabilities of the plan, was \$162,396,045 as of December 31, 2022, compared to \$132,728,999 as of January 1, 2022. During the plan year, the plan experienced an increase in its net assets of \$29,667,046. This change includes unrealized appreciation and depreciation in the value of plan assets; that is, the difference between the value of the plan's assets at the end of the year and the value of the assets at the beginning of the year, or the cost of assets acquired during the year. During the plan year, the plan had total income of \$2,066,779,638, including employer contributions of \$2,052,633,806, other contributions of \$6,266,000, gain in earnings from investments of \$761,866, COBRA payments of \$4,406,627, and other earnings of \$2,711,339. Plan expenses were \$2,037,112,592. These expenses included \$91,351,866 in administrative expenses, \$1,921,593,653 in benefits paid to participants and beneficiaries, \$24,674 in investment and advisor fees, \$263,603 in interest expenses, \$14,060,632 in lease expenses and \$9,818,164 in other expenses.

Your Rights to Additional Information

You have the right to receive a copy of the full annual report, or any part thereof, on request. The items listed below are included in that report:

- 1. An accountant's report;
- 2. Financial information and information on payments to service providers;
- 3. Assets held for investment;
- 4. Insurance information, including sales commissions paid by insurance carriers;
- 5. Information regarding any common or collective trusts, pooled separate accounts, master trusts or 103-12 investment entities in which the plan participates; and
- 6. Actuarial information regarding the funding of the plan.

To obtain a copy of the full annual report, or any part thereof, write to the Board of Trustees of the 1199SEIU National Benefit Fund for Health and Human Service Employees, who is the plan administrator, at PO Box 842, New York, NY 10108-0842, or call Member Services at (646) 473-9200.

You also have the right to receive from the plan administrator, on request and at no charge, a statement of the assets and liabilities of the plan and accompanying notes, or a statement of income and expenses of the plan and accompanying notes, or both. If you request a copy of the full annual report from the plan administrator, these two statements and accompanying notes will be included as part of that report.

You also have the legally protected right to examine the annual report at the main office of the plan at the 1199SEIU National Benefit Fund for Health and Human Service Employees, 498 Seventh Avenue, 9th Floor, New York, NY 10018, and at the U.S. Department of Labor in Washington, DC, or to obtain a copy from the U.S. Department of Labor upon payment of copying costs. Requests to the Department should be addressed to: U.S. Department of Labor, Employee Benefits Security Administration, Public Disclosure Room, 200 Constitution Avenue NW, Room N-1513, Washington, DC 20210.