



## Weight Management and Nutrition

### A 3-hour Accredited Seminar for Dietitian and Nutritionist

- 6:00 pm — “Regulation of Weight Status, Including Role of Gut Hormones and Food Intake”
- 7:00 pm — “Lifestyle Approach with Emphasis on Behavioral and Nutritional Strategies”
- 8:00 pm — “ Mechanism or Action of Recent Pharmaceutical Interventions to Possibly Complement Nutritional Interventions for Weight Management”

**Thursday**  
**March 7, 2024**

**5:30 pm to 9:00 pm (EST)**

- Eligible 1199SEIU members:  
No out-of-pocket costs
- All other participants: \$75

**To register or for more information, please visit**

**[1199SEIUBenefits.org/continuing ed-events](https://1199SEIUBenefits.org/continuing-ed-events),**

or email [Institute@1199Funds.org](mailto:Institute@1199Funds.org).

**Registration deadline is**  
Wednesday  
March 6, 2024

## LIVE WEBCAST

**via Zoom**

