

YOUTH MENTAL HEALTH: RISK FACTORS, PREVENTION, AND SUPPORT

A Six-Hour Interprofessional Symposium for Healthcare Workers



REGISTER
<https://bit.ly/3PI5DFU>



This six-hour symposium explores youth mental health, highlighting prevention, treatment, and support strategies for care teams.

Dr. Mackenzie Sommerhalder will discuss strategies for supporting youth with severe behaviors and promoting safety and stability. Dr. Carmen Lopez-Arvizu will examine youth suicide awareness, resilience, and trauma-informed support. Dr. Joseph McGuire will review assessment and treatment approaches for childhood anxiety disorders. Dr. Erika Chiappini will explore somatic symptom disorders, including assessment and collaborative care strategies. Dr. Carol Vidal will conclude with updates and recommendations on social media and adolescent mental health.

LIVE WEBCAST:

Sunday, June 14th, 2026 | 8:45 am – 4:30 pm (ET)

The deadline to register for this event is Friday, June 12th, 2026 at noon.

No out-of-pocket cost for eligible 1199SEIU members!

■ All other participants: \$150

Register at <https://bit.ly/3PI5DFU>

Accreditation

CASACs
Clinical Laboratory Practitioners
Dietitians/Dietetic Technicians
Imaging Technologists
LPNs/RNs/Nurse Practitioners
Medical Records Coders
Occupational Therapists/
Occupational Therapy Assistants
Pharmacists and Pharmacy
Technicians
Physical Therapists/Physical
Therapy Assistants
Respiratory Therapists
Social Workers

All other healthcare professionals will receive a general certificate of attendance. Please check with your accreditation board with respect to receiving credit for this program..



1199SEIU
United Healthcare Workers East

Contact us: (212) 894-4390 | Institute@1199Funds.org

<https://www.1199seiubenefits.org/seminars-and-symposiums/>