

For information on upcoming trip and vacation offers, call (800) 552-6262, ext. 112, and (800) 431-1130, ext. 5537.

## Florida Chapters

### Broward – Leon Davis Chapter

Tuesday, October 9 – noon

Tamarac Public Library

8701 West Commercial Blvd. • Tamarac, FL 33351

### Casselberry – Doris Turner Chapter

Thursday, October 18 – 11:00 am

Casselberry Public Library

215 North Oxford Road • Casselberry, FL 32707

### Fort Myers Chapter

Monday, October 22 – 11:00 am to 1:00 pm

The Riverside Community Center

3601 Riverside Drive • Fort Myers, FL 33902

### Miami-Dade – Ossie Davis Chapter

Friday, October 5 – 10:30 am

18441 NW 2<sup>nd</sup> Avenue

Lincoln Building – North Wing, Suite 502 (Penthouse)

Miami Gardens, FL 33169

### North Port Chapter

Tuesday, October 23 – 11:00 am to 1:00 pm

Morgan Family Community Center

6207 West Price Blvd. • North Port, FL 34288

### Orlando Chapter

Wednesday, October 17 – 11:00 am

UAW Local #788

1825 West Oak Ridge Road • Orlando, FL 32809

### Palm Bay/Melbourne Chapter

Tuesday, October 23 – 1:30 pm

Palm Bay United Methodist Church, Fellowship Hall

2100 Port Malabar Blvd., NE • Palm Bay, FL 32905

### Port St. Lucie Chapter

Wednesday, October 24 – 11:00 am

Port St. Lucie Community Center

2195 SE Airoso Blvd. • Port St. Lucie, FL 34984

### South Palm Beach Chapter

Thursday, October 11 – 10:00 am

Temple Emeth

5780 West Atlantic Avenue • Delray Beach, FL 33446

### Tampa Chapter

Wednesday, October 24 – 11:00 am to 1:00 pm

1199SEIU UHWE Office

500 N. West Shore Blvd. • Tampa, FL 33609

For directions, call Jennilee Reyes at (813) 898-1940.

### West Palm Beach Chapter

Wednesday, October 3 – 11:00 am

St. Christopher's Episcopal Church, Parish Hall

1063 North Haverhill Road • West Palm Beach, FL 33414

For information about Florida chapter meetings, contact Marilyn Silverberg: Toll-free (877) 369-8340; in Palm Beach County (561) 369-8340; fax (561) 369-8342; 8775 Via Tuscany Drive • Boynton Beach, FL 33472

## North & South Carolinas Chapter

Friday, October 19 – 9:30 am to noon

Birnie Hope Center

210 South Purdy Street • Sumter, SC 29150

For information, call Nonnie B. Perry at (803) 481-0475.



1199SEIU  
Retired Members  
DIVISION

about chapter meetings  
and classes!

IMPORTANT  
NEWS

(646) 473-8666 • www.1199SEIUBenefits.org

## Save the Date!

### 1199SEIU Annual Anne Shore Holiday Banquet

Friday, December 14, 11:00 am – 3:00 pm • Hilton New York – Sixth Avenue at 54<sup>th</sup> Street

\$10 member, \$20 guest (one guest per retiree) • Coat check required (additional fee)

Tickets on sale (*money order only*) at local chapter meetings and the 1199SEIU Retired Members Division, 330 West 42<sup>nd</sup> Street, 9<sup>th</sup> Floor

### New Retiree Chapter in White Plains

We are pleased to announce that the first meeting of our newest retiree chapter will be held on Wednesday, October 3, from 1:00 pm to 3:00 pm, at the 1199SEIU Office at 99 Church Street in White Plains. Please plan to attend so you can meet old friends and make new ones, and help get the chapter meetings off to a strong start. **We hope to see you there!**

### 2013 Brings New Classes in Queens and Staten Island

In 2013, we will offer a variety of new classes in Queens and Staten Island. In Queens, you can enjoy Men's Exercise; Chess, Checkers and Dominoes; and Beginners' Knitting and Crochet. On Staten Island, try out classes in Yoga, Computers, and Men's Exercise. Please check future RMD publications for more information.

1199SEIU Benefit and Pension Funds  
330 West 42<sup>nd</sup> Street  
New York, NY 10036-6977

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# NYC OCTOBER CALENDAR & CHAPTER MEETINGS

All classes are open to retirees and free of charge

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> 10-11 Chi Gong (Brooklyn) 10:30-11:30 Opera Appreciation 12-1 Art History 1:30-3:30 Executive Committee Meeting	<b>2</b> 9:30-12 Photography 10-11 Yoga* (Queens) 10:30-12 Drama 12-2 Sewing (Brooklyn) 12-3 Art 12:30-1:30 Shakespeare 1:30-3 Discussion Group	<b>3</b> 9:30-10:30 Yoga* (Hicksville) 10-12 Choral Group 10-12 Knitting & Crocheting (Beg) 11-12 Dance (Hicksville) 12-1 Yoga* (Bronx) 12-1:30-4:30 Knitting & Crocheting (Inter/Adv) 1-4 Knitting & Crocheting (Brooklyn) 1:30-2:30 Chi Gong (Bronx)	<b>4</b> 10-11 Tai Chi 11-12 Yoga* 12 Lunch Club 1-3 General Membership Meeting 12-2 Quilting (Brooklyn) 3-5 Arts & Crafts 3-5 Sewing	<b>5</b> 10-11 Yoga* (Brooklyn) 10-12 Quilting 1-2 Dance 2-3 Yoga*
<b>8</b> 10-11 Chi Gong (Brooklyn) 10:30-11:30 Opera Appreciation 12-1 Art History	<b>9</b> 9:30-12 Photography 10-11 Yoga* (Queens) 10:30-12 Drama 12-2 Sewing (Brooklyn) 12-3 Art 12:30-1:30 Shakespeare 1:30-3 Discussion Group	<b>10</b> 9:30-10:30 Yoga* (Hicksville) 10-12 Choral Group 10-12 Knitting & Crocheting (Beg) 11-12 Dance (Hicksville) 12-1 Yoga* (Bronx) 12:30-4:30 Knitting & Crocheting (Inter/Adv) 1-4 Knitting & Crocheting (Brooklyn) 1:30-2:30 Chi Gong (Bronx)	<b>11</b> 10-11 Tai Chi 11-12 Yoga* 12 Lunch Club 12-2 Quilting (Brooklyn) 3-5 Arts & Crafts 3-5 Sewing	<b>12</b> 10-11 Yoga* (Brooklyn) 10-12 Quilting 1-2 Dance 2-3 Yoga*
<b>15</b> 10-11 Chi Gong (Brooklyn) 10:30-11:30 Opera Appreciation 12-1 Art History	<b>16</b> 9:30-12 Photography 10-11 Yoga* (Queens) 10:30-12 Drama 12-2 Sewing (Brooklyn) 12-3 Art 12:30-1:30 Shakespeare 1-2 Yoga (New Hyde Park) 1:30-3 Discussion Group	<b>17</b> 9:30-10:30 Yoga* (Hicksville) 10-12 Knitting & Crocheting (Beg) 12-1 Yoga* (Bronx) 12:30-4:30 Knitting & Crocheting (Inter/Adv) 1-4 Knitting & Crocheting (Brooklyn) 1:30-2:30 Chi Gong (Bronx)	<b>18</b> 10-11 Tai Chi 11-12 Yoga* 12 Lunch Club 12-2 Quilting (Brooklyn) 1-3 Birthday Party 3-5 Arts & Crafts 3-5 Sewing	<b>19</b> 10-11 Yoga* (Brooklyn) 10-12 Quilting 10-12 Vision/Hearing Screening 1-2 Dance 2-3 Yoga*
<b>22</b> 10-11 Chi Gong (Brooklyn) 10:30-11:30 Opera Appreciation 12-1 Art History	<b>23</b> 9:30-12 Photography 10-11 Yoga* (Queens) 10:30-12 Drama 12-2 Sewing (Brooklyn) 12-3 Art 12:30-1:30 Shakespeare 1:30-3 Discussion Group	<b>24</b> 9:30-10:30 Yoga* (Hicksville) 10-12 Choral Group 10-12 Knitting & Crocheting (Beg) 11-12 Dance (Hicksville) 12-1 Yoga* (Bronx) 12:30-4:30 Knitting & Crocheting (Inter/Adv) 1-4 Knitting & Crocheting (Brooklyn) 1:30-2:30 Chi Gong (Bronx)	<b>25</b> 10-11 Tai Chi 11-12 Yoga* 12 Lunch Club 12-2 Quilting (Brooklyn) 3-5 Arts & Crafts 3-5 Sewing	<b>26</b> 10-11 Yoga* (Brooklyn) 10-12 Quilting 1-2 Dance 2-3 Yoga*
<b>29</b> 10:30-11:30 Opera Appreciation 12-1 Art History	<b>30</b> 9:30-12 Photography 10:30-12 Drama 12-2 Sewing (Brooklyn) 12-3 Art 12:30-1:30 Shakespeare 1:30-3 Discussion Group	<b>31</b> 10-12 Choral Group 10-12 Knitting & Crocheting (Beg) 11-12 Dance (Hicksville) 12:30-4:30 Knitting & Crocheting (Inter/Adv) 1-4 Knitting & Crocheting (Brooklyn)	<b>All classes are held at our Manhattan Headquarters unless otherwise indicated.</b>	

\* Sponsored by HealthCare Partners, IPA

**BRONX - JOSEPH JAMES CHAPTER**  
Friday, Oct. 12 • 10:00 am – noon  
1199SEIU Healthcare & Education Center  
2501 Grand Concourse, Room 301

**BROOKLYN - MARSHALL DUBIN CHAPTER**  
Wednesday, Oct. 31 • 11:00 am – 1:00 pm  
Brooklyn College  
Student Center, 2<sup>nd</sup> Floor  
East 27<sup>th</sup> Street & Campus Road

**BROOKLYN - MATTIE SMALL CHAPTER**  
Friday, Oct. 19 • 11:30 am – 1:30 pm  
1199SEIU Brooklyn Office  
25 Elm Place (off Fulton Street)

**EAST HARLEM - LEON DAVIS CHAPTER**  
Friday, Oct. 26 • 10:30 am – noon  
Jefferson Senior Center  
2205 First Avenue

**HICKSVILLE - MILTON KONOWE CHAPTER**  
Wednesday, Oct. 17 • 11:00 am – 1:00 pm  
1199SEIU Hicksville Office  
100 Duffy Avenue

**NEW HYDE PARK - ELEANOR TILSON CHAPTER**  
Tuesday, Oct. 16 • 2:05 pm – 3:30 pm  
NS-LIJ Cohen Children's Medical Center  
Teaching Center – Conference Room  
269-01 76<sup>th</sup> Avenue

**NORTH BRONX - BERNARD MINTER CHAPTER**  
Tuesday, Oct. 16 • 1:00 pm – 3:00 pm  
Holy Rosary Church  
1510 Adee Avenue (enter at parking lot)

**QUEENS - ST. ALBANS CHAPTER**  
Tuesday, Oct. 23 • 11:30 am – 1:00 pm  
Guy Brewer Democratic Club  
197-01 Linden Blvd.

**STATEN ISLAND CHAPTER**  
Monday, Oct. 8 • 11:00 am – 1:00 pm  
1199SEIU Training and Employment  
Funds Office  
790 Port Richmond Ave., 1<sup>st</sup> Floor (off Forest Ave.)

**WHITE PLAINS CHAPTER**  
Wednesday, Oct. 3 • 1:00 pm to 3:00 pm  
1199SEIU Office, 99 Church Street

**Meeting Topics** \*Sponsored by Health-Care Partners, IPA

<b>October</b>	Crime Prevention
<b>November</b>	Food Safety

**Vision/Hearing Screening**  
Friday, October 19 • 10:00 am - noon  
**1199SEIU RMD**  
330 West 42<sup>nd</sup> Street, 9<sup>th</sup> Floor

## Yoga Classes

**Bronx** 1199SEIU Healthcare & Education Center  
2501 Grand Concourse, Room 301  
Wednesdays, noon – 1:00 pm

**Brooklyn** 25 Elm Place (at Fulton Street), Rooms 4 & 5  
Fridays, 10:00 am – 11:00 am

**Hicksville** 100 Duffy Avenue, 3<sup>rd</sup> Floor  
Wednesdays, 9:30 am – 10:30 am

**Manhattan Headquarters** 330 West 42<sup>nd</sup> Street, 9<sup>th</sup> Floor  
Thursdays, 11:00 am – noon; Fridays, 2:00 pm – 3:00 pm

**New Hyde Park** NS-LIJ Cohen Children's Medical Center  
Teaching Center – Conference Room  
269-01 76<sup>th</sup> Ave.  
Tuesday, Oct. 16, 1:00 pm – 2:00 pm (One class only)

**Queens** Devore Dance Center  
205-05 Hollis Ave., Main Floor  
Tuesdays, 10:00 am – 11:00 am

## Chi Gong Classes

Try our newest fitness class – Chi Gong – a Chinese healing art that is designed to bring healthy energy into the body. In a meditative atmosphere, participants perform a series of simple movements (while either sitting or standing) that are believed to aid the immune and circulatory systems and help calm the nervous system.

Classes meet in Brooklyn at 25 Elm Place (off Fulton Street) on Mondays from 10:00 am to 11:00 am, and in the Bronx at 2501 Grand Concourse on Wednesdays from 1:30 pm to 2:30 pm.

## Join the Drama Class

This fall, the Drama Class will read plays and screenplays aloud and discuss the themes and how they relate to our lives. We will also watch films (when available) of these works, including Lorraine Hansberry's *A Raisin in the Sun*. No experience or memorization is required, so please join us!

## New Sewing and Quilting Classes in Brooklyn

**Sewing: Tuesdays, noon to 2:00 pm**

**Quilting: Thursdays, noon to 2:00 pm**

Both are held in Rooms 4 & 5. Please check the calendar.

## Shakespeare Class

Please join us as we read *The Tempest*, the Bard's last play, and ponder whether it is a comedy or a tale of madness.  
Tuesdays, 12:30 pm to 1:30 pm.

**1199SEIU RMD**  
330 West 42<sup>nd</sup> Street, 9<sup>th</sup> Floor

