

Important News

January 2017

ABOUT CHAPTER MEETINGS AND CLASSES!



1199SEIU
Retired Members
Bulletin

(646) 473-8666 • www.1199SEIUBenefits.org

Questions: Call (646) 473-8666
Outside NYC: (800) 575-7771
www.1199SEIUBenefits.org

1199SEIU Annual Florida Retiree Banquet Friday, March 3, 2017

We hope to see all of our Florida retirees at the Annual Florida Retiree Banquet at the
Orlando World Center Marriott
8701 World Center Drive • Orlando, FL 32821-6358

Program: Registration begins at 9:00 am. Enjoy a continental breakfast until the town hall meeting at 10:30 am. A banquet luncheon will be served at 11:45 am, followed by entertainment and dancing until 3:00 pm.

Reservations Are Required: Tickets are \$10 per member and \$20 per guest; **NO PERSONAL CHECKS.** Money orders should be payable to “1199SEIU NBF.” (For retirees’ convenience, the Florida-based check cashing company Amscot does not charge for money orders.) Reservation forms will be available onsite at the January and February chapter meetings, where tickets will also be sold. There are **NO** March Florida chapter meetings.

Banquet Reservation Deadline Is Thursday, February 23, 2017. Members who do not buy their tickets at a chapter meeting, who cannot attend a meeting or who live outside meeting areas may request a reservation form from Marilyn Silverberg (see below). This form must be submitted **no later than February 23.** To receive your ticket(s) and bus information, mail your money order and reservation form, along with a self-addressed, stamped envelope, to: **Marilyn Silverberg, Florida Field Coordinator, 8775 Via Tuscany Drive, Boynton Beach, FL 33472. PLEASE DO NOT SEND YOUR MONEY ORDER WITHOUT A RESERVATION FORM.**

Hotel Reservation Deadline Is Friday, February 10, 2017. To reserve a room at the Orlando World Center Marriott, 8701 World Center Drive, call (407) 239-4200 or (888) 789-3090, or visit <https://aws.passkey.com/go/1199SEIU2017>. The room reservation block is “1199SEIU National Benefit and Pension Funds Banquet” at a special rate of \$163 per night.

Bus Transportation: Reserved bus seats will be available only in chapter areas. Please confirm the location for parking your car at the February chapter meetings.

Car Transportation: If you are driving to the Orlando World Center Marriott, parking is \$10 per car.

*If you need a reservation form, or have any questions about the 1199SEIU Florida Retiree Banquet, contact Marilyn Silverberg at (877) 369-8340 (toll-free), (561) 369-8340 (in Palm Beach County), (561) 369-8342 (fax) or Marilyn.Silverberg@1199Funds.org.

Beginners’ Knitting & Crocheting in Queens **NEW LOCATION**

The Beginners’ Knitting & Crocheting class that is offered in Queens on Tuesdays from 11:00 am to 1:00 pm four times each month is now held at **Devore Dance Center, 205-05 Hollis Avenue, Main Floor, Jamaica, NY, 11412.** Please check the calendar for exact dates.

The Price of Continuing Education Classes Has Changed

Courses through the **1199SEIU League Training and Upgrading Fund’s Institute for Continuing Education (ICE)** now cost \$20 per credit/hour.

Keep up with the latest research, clinical trends and emerging healthcare issues through ICE’s accredited continuing education seminars and symposiums for social workers, dietitians, laboratory technologists, LPNs and more. Through a special arrangement, the three- and six-hour courses are available to retirees. **Registration is required, and retirees who are interested in finding out how to sign up must call (646) 473-6916 for more information.** Find a schedule of seminars and symposiums at www.1199SEIUBenefits.org/Institute.

Explore Age-Friendly Websites

Age-Friendly NYC, a joint initiative of the NYC Mayor’s Office, the NYC Council and the New York Academy of Medicine, is dedicated to making New York a great place for seniors. Here are just a few of the initiatives you can read about through their network of websites at www.AgeFriendlyNYC.org:

- To learn about programs for the liberal and creative arts, computers and technology, business, job skills, personal growth and more, go to www.AgeFriendlyCollege.org.
- To learn about cultural events happening in your borough, download NYC-ARTS’ cultural guide books for seniors. The books provide information on ticket and member discounts, accessibility, and locations and hours for local museums, dance and theater venues, libraries, zoos and more. Go to www.NYC-ARTS.org/seniors.

**To learn about trip and vacation offers,
call (800) 431-1130, ext. 5537.**

Please note that the travel company—not the Funds or the Union—is solely responsible for the trips provided.

Florida Chapters

Broward – Leon Davis Chapter

Tuesday, January 10 – 1:00 pm to 3:00 pm
Tamarac Community Center – Coconut Palm Room
8601 West Commercial Blvd. • Tamarac, FL 33351

Casselberry – Doris Turner Chapter **NEW TIME**

Thursday, January 19 – 12:45 pm to 2:45 pm
Casselberry Public Library
215 North Oxford Road • Casselberry, FL 32707

Fort Myers Chapter

Monday, January 23 – 11:00 am to 1:00 pm
The Riverside Community Center
3061 East Riverside Drive • Fort Myers, FL 33916

Miami-Dade – Ossie Davis Chapter

Thursday, January 5 – 10:30 am to 12:30 pm
Norland United Methodist Church
885 NW 195th Street
Miami Gardens, FL 33169

North Port Chapter

Tuesday, January 24 – 11:00 am to 1:00 pm
Morgan Family Community Center
6207 West Price Blvd. • North Port, FL 34291

Orlando Chapter

Wednesday, January 18 – 11:00 am to 1:00 pm
UAW Local #788
1825 West Oak Ridge Road • Orlando, FL 32809

Palm Bay/Melbourne Chapter

Tuesday, January 17 – 1:30 pm to 3:30 pm
Palm Bay Community Center – Room C
1502 Port Malabar Blvd., NE • Palm Bay, FL 32905

Port St. Lucie Chapter

Wednesday, January 25 – 11:00 am to 1:00 pm
Port St. Lucie Community Center
2195 SE Airosa Blvd. • Port St. Lucie, FL 34984

South Palm Beach Chapter

Thursday, January 12 – 10:00 am to noon
Temple Anshei Shalom
7099 West Atlantic Avenue • Delray Beach, FL 33446

Tampa Chapter

Wednesday, January 25 – 11:00 am to 1:00 pm
1199SEIU UHWE Office
500 North West Shore Blvd. • Tampa, FL 33609

West Palm Beach Chapter

Wednesday, January 4 – 11:00 am to 1:00 pm
St. Christopher's Episcopal Church – Parish Hall
1063 North Haverhill Road • West Palm Beach, FL 33417

For information, contact Marilyn Silverberg:
Marilyn.Silverberg@1199Funds.org; Toll-free: (877) 369-8340
Palm Beach County: (561) 369-8340; Fax: (561) 369-8342
8775 Via Tuscan Drive • Boynton Beach, FL 33472

New York City Chapters

Bronx – Joseph James Chapter

Friday, January 13 • 11:00 am to 1:00 pm
1199SEIU Healthcare & Education Center
2501 Grand Concourse, Room 301 • Bronx, NY 10468

Brooklyn – Marshall Dubin Chapter

Wednesday, January 25 • 11:00 am to 1:00 pm
Brooklyn College – Student Center, 2nd Floor
East 27th Street & Campus Road • Brooklyn, NY 11210

Brooklyn – Mattie Small Chapter

Friday, January 20 • 11:30 am to 1:30 pm
1199SEIU Brooklyn Office
25 Elm Place (*between Fulton & Livingston Streets*) • Brooklyn, NY 11201

East Harlem – Leon Davis Chapter

Friday, January 27 • 10:30 am to noon
Jefferson Senior Center
2205 First Avenue • New York, NY 10029

Hicksville – Milton Konowe Chapter

Wednesday, January 18 • 11:00 am to 1:00 pm
1199SEIU Hicksville Office
100 Duffy Avenue • Hicksville, NY 11801

New Hyde Park – Eleanor Tilson Chapter

Tuesday, January 17 • 2:00 pm to 3:00 pm
Northwell Health Cohen Children's Medical Center
Teaching Center – Conference Room
269-01 76th Avenue • New Hyde Park, NY 11040

North Bronx – Bernard Minter Chapter

Tuesday, January 10 • 1:00 pm to 3:00 pm
Holy Rosary Church
1510 Adea Avenue (*enter at parking lot*) • Bronx, NY 10469

Queens – Edward Garrins Chapter

Tuesday, January 24 • 11:30 am to 1:00 pm
Majority Baptist Church
115-21 Farmers Blvd. • St. Albans, NY 11412

Staten Island Chapter

Monday, January 9 • 11:00 am to 1:00 pm
1199SEIU Training and Employment Funds Office
790 Port Richmond Avenue (*off Forest Avenue*) • Staten Island, NY 10302

Suffolk County Chapter

CHAPTER MEETINGS WILL RESUME IN APRIL
11:00 am to 1:00 pm
First Baptist Church of Riverhead
1018 Northville Turnpike • Riverhead, NY 11901

Westchester – Hudson Valley Region Chapter

Stay healthy! Come to our yoga class and chapter meeting on
Wednesday, January 11. Yoga: 11:30 am • Chapter Meeting: 12:30 pm
1199SEIU United Healthcare Workers East
99 Church Street • White Plains, NY 10601

North & South Carolinas Chapter

Friday, January 20 • 9:30 am to noon

Birnie Hope Center • 210 South Purdy Street • Sumter, SC 29150
For information, call Nonnie B. Perry at (803) 481-0475.

NEW! Unwind with Mindfulness Meditation in Brooklyn

Boost your mental and physical well-being with our new Mindfulness-based Stress Reduction class in Brooklyn. You'll learn a combination of meditation and yoga to help ease stress and increase your energy. The class meets on **Mondays from noon to 1:00 pm**. Please check the calendar for exact dates.

NEW! Falun Dafa and Zumba Classes in Staten Island

Mondays, 2:00 pm to 3:00 pm (Falun Dafa)
Tuesdays, 1:30 pm to 2:30 pm (Zumba)

Both classes meet at 790 Port Richmond Avenue (off Forest Avenue), Staten Island, NY, 10302.

Engage your mind, body and spirit with a new Falun Dafa class in Staten Island. An ancient form of chi gong, Falun Dafa consists of a combination of five slow-moving exercises, including meditation techniques to help boost your mental and physical well-being.

NEW! Wednesday Chi Gong Classes in Brooklyn

Due to popular demand, we have added a Chi Gong class in Brooklyn on **Wednesdays from 1:00 pm to 2:00 pm**. Chi Gong is also offered in Brooklyn on Mondays from 10:00 am to 11:00 am, and in the Bronx on Wednesdays from 1:30 pm to 2:30 pm.

Learn this Chinese healing art that aims to increase the body's healthy energy. Participants perform simple movements, while both sitting and standing, that are believed to benefit the immune, circulatory and nervous systems. Classes are held four times each month. **Please check the calendar for exact dates.**

Dance Classes

If you're interested in learning the latest dance steps, come join our dance classes in Manhattan, Brooklyn and Hicksville. You'll get moving with the Electric Slide, the Wobble, the Cupid Shuffle and more! Classes are held four times a month. **Please check the calendar for exact dates.**

Manhattan Headquarters **Fridays, 1:00 pm to 2:00 pm**
330 West 42nd Street • New York, NY 10036

Brooklyn

Mondays, 11:00 am to noon

Wednesdays, 2:00 pm to 3:00 pm

25 Elm Place (between Fulton & Livingston Streets) • Brooklyn, NY 11201

Hicksville **Wednesdays, 11:00 am to noon**

100 Duffy Avenue, 3rd Floor • Hicksville, NY 11801

Shakespeare Class

Tuesdays, 12:30 pm to 1:30 pm

1199SEIU RMD, 330 West 42nd Street, 9th Floor

The class is currently reading *Henry IV, Part 1*.

Yoga Classes

Classes are held four times each month, except where noted.*
Please check the calendar for exact dates.

Bronx

Wednesdays, noon to 1:00 pm

1199SEIU Healthcare & Education Center

2501 Grand Concourse, Room 301 • Bronx, NY 10468



Brooklyn

Advanced Chair Yoga class: Fridays, 10:00 am to 11:00 am

Beginners' Chair Yoga class: Fridays, 12:15 pm to 1:15 pm

25 Elm Place (between Fulton & Livingston Streets), Rooms 4 & 5

Brooklyn, NY 11201

Hicksville

NEW CLASS • Starting January 11

Beginners' Yoga Class: Wednesdays, 9:00 am to 10:00 am

NEW CLASS • Starting January 11

Advanced Yoga Class: Wednesdays, 10:00 am to 11:00 am

100 Duffy Avenue, 3rd Floor • Hicksville, NY 11801

The yoga class on Wednesday, January 4, from 10:00 am to 11:00 am, will be for all skill levels.

Manhattan Headquarters

Thursdays, 11:00 am to noon

Fridays, 2:00 pm to 3:00 pm

330 West 42nd Street, 9th Floor • New York, NY 10036

New Hyde Park*

Tuesday, January 17, 1:00 pm to 2:00 pm

* (one class per month)

Northwell Health Cohen Children's Medical Center

Teaching Center—Conference Room

269-01 76th Avenue • New Hyde Park, NY 11040

Queens

Intermediate Mat Yoga class: Tuesdays, 10:00 am to 11:00 am

Beginners' Chair Yoga class: Tuesdays, 11:15 am to 12:15 pm

Devore Dance Center • 205-05 Hollis Avenue, Main Floor • Jamaica, NY 11412

Staten Island

Mat Yoga class: Mondays, 3:00 pm to 4:00 pm

Chair Yoga class: Fridays, 10:00 am to 11:00 am

1199SEIU Training and Employment Funds Office

790 Port Richmond Avenue (off Forest Avenue) • Staten Island, NY 10302

Suffolk County*

CLASSES WILL RESUME IN APRIL

Beginners' Yoga/Meditation class

* (three classes per month, from 11:00 am to 1:00 pm—please check the calendar)

First Baptist Church of Riverhead • 1018 Northville Turnpike

Riverhead, NY 11901

White Plains

Wednesdays, 11:30 am to 12:30 pm

1199SEIU Benefit and Pension Funds

White Plains Office • 99 Church Street • White Plains, NY 10601

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>OFFICE CLOSED</p>	<p>3</p> <p>9:30-12:15 Photography Intermediate Mat Yoga* (QNS)</p> <p>10:30-12:30 Drama</p> <p>11-11 Beginners' Knitting & Crocheting (QNS)</p> <p>11:15-12:15 Beginners' Chair Yoga* (QNS)</p> <p>12:30-1:30 Shakespeare</p> <p>12:30-3 Art</p> <p>1:15-2:15 Zumba Gold (QNS)</p> <p>1:30-2:30 Zumba (SI)</p> <p>1:30-3 Discussion Group</p>	<p>4</p> <p>10-11 Yoga* (Hicksville)</p> <p>10-12 Choral Group</p> <p>10-12 Knitting & Crocheting (Beg)</p> <p>11-12 Dance (Hicksville)</p> <p>11:30-12:30 Yoga* (White Plains)</p> <p>12-1 Yoga* (BX)</p> <p>12:15-1:15 Zumba-T (Hicksville)</p> <p>12:30-4:30 Knitting & Crocheting (Int/Adv)</p> <p>1-2 Chi Gong (BKLYN)</p> <p>1:30-2:30 Chi Gong (BX)</p> <p>2-3 Dance (BKLYN)</p> <p>2:30-3:30 Bingo (White Plains)</p> <p>3-4 Latin Dance (BX)</p>	<p>5</p> <p>10-11 Tai Chi</p> <p>11-12 Yoga*</p> <p>12-1 Lunch Club</p> <p>3-5 Arts & Crafts</p> <p>3-5 Sewing</p>	<p>6</p> <p>10-11 Advanced Chair Yoga* (BKLYN)</p> <p>10-11 Chair Yoga* (SI)</p> <p>10-12 Quilting</p> <p>11:15-12:15 Zumba Gold (BKLYN)</p> <p>12:15-1:15 Beginners' Chair Yoga* (BKLYN)</p> <p>1-2 Dance</p> <p>1:30-2:30 Zumba Gold (BKLYN)</p> <p>2-3 Yoga*</p> <p>3:30-4:30 Zumba Gold</p>
<p>9</p> <p>10-11 Chi Gong (BKLYN)</p> <p>10:30-11:30 Opera Appreciation</p> <p>11-12 Dance (BKLYN)</p> <p>12-1 Mindfulness Meditation (BKLYN)</p> <p>12-1 Art History</p> <p>1-3 Executive Committee Meeting</p> <p>1-3 Arts & Crafts (SI)</p> <p>2-3 Falun Dafa (SI)</p> <p>3-4 Mat Yoga* (SI)</p>	<p>10</p> <p>9:30-12:15 Photography Intermediate Mat Yoga* (QNS)</p> <p>10:30-12:30 Drama</p> <p>11-11 Beginners' Knitting & Crocheting (QNS)</p> <p>11:15-12:15 Beginners' Chair Yoga* (QNS)</p> <p>12:30-1:30 Shakespeare</p> <p>12:30-3 Art</p> <p>1:15-2:15 Zumba Gold (QNS)</p> <p>1:30-2:30 Zumba (SI)</p> <p>1:30-3 Discussion Group</p>	<p>11</p> <p>9-10 Beginners' Yoga* (Hicksville)</p> <p>10-11 Advanced Yoga* (Hicksville)</p> <p>10-12 Choral Group</p> <p>10-12 Knitting & Crocheting (Beg)</p> <p>11-12 Dance (Hicksville)</p> <p>11:30-12:30 Yoga* (White Plains)</p> <p>12-1 Yoga* (BX)</p> <p>12:15-1:15 Zumba-T (Hicksville)</p> <p>12:30-4:30 Knitting & Crocheting (Int/Adv)</p> <p>1-2 Bingo (White Plains)</p> <p>1-2 Chi Gong (BKLYN)</p> <p>1:30-2:30 Chi Gong (BX)</p> <p>2-3 Dance (BKLYN)</p> <p>3-4 Latin Dance (BX)</p>	<p>12</p> <p>10-11 Tai Chi</p> <p>11-12 Yoga*</p> <p>12-1 Lunch Club</p> <p>1-3 General Membership Meeting</p> <p>3-5 Arts & Crafts</p> <p>3-5 Sewing</p>	<p>13</p> <p>10-11 Advanced Chair Yoga* (BKLYN)</p> <p>10-11 Chair Yoga* (SI)</p> <p>10-12 Quilting</p> <p>11:15-12:15 Zumba Gold (BKLYN)</p> <p>12:15-1:15 Beginners' Chair Yoga* (BKLYN)</p> <p>1-2 Dance</p> <p>1:30-2:30 Zumba Gold (BKLYN)</p> <p>2-3 Yoga*</p> <p>3:30-4:30 Zumba Gold</p>
<p>16</p> <p>OFFICE CLOSED</p>	<p>17</p> <p>9:30-12:15 Photography Intermediate Mat Yoga* (QNS)</p> <p>10:30-12:30 Drama</p> <p>11-11 Beginners' Knitting & Crocheting (QNS)</p> <p>11:15-12:15 Beginners' Chair Yoga* (QNS)</p> <p>12:30-1:30 Shakespeare</p> <p>12:30-3 Art</p> <p>1-2 Yoga* (New Hyde Park)</p> <p>1:15-2:15 Zumba Gold (QNS)</p> <p>1:30-2:30 Zumba (SI)</p> <p>1:30-3 Discussion Group</p>	<p>18</p> <p>9-10 Beginners' Yoga* (Hicksville)</p> <p>10-11 Advanced Yoga* (Hicksville)</p> <p>10-12 Knitting & Crocheting (Beg)</p> <p>11:30-12:30 Yoga* (White Plains)</p> <p>12-1 Yoga* (BX)</p> <p>12:30-4:30 Knitting & Crocheting (Int/Adv)</p> <p>1-2 Bingo (White Plains)</p> <p>1-2 Chi Gong (BKLYN)</p> <p>1:30-2:30 Chi Gong (BX)</p> <p>2-3 Dance (BKLYN)</p> <p>3-4 Latin Dance (BX)</p>	<p>19</p> <p>10-11 Tai Chi</p> <p>11-12 Yoga*</p> <p>12-1 Lunch Club</p> <p>1-3 Birthday Party</p> <p>3-5 Arts & Crafts</p> <p>3-5 Sewing</p>	<p>20</p> <p>10-11 Advanced Chair Yoga* (BKLYN)</p> <p>10-11 Chair Yoga* (SI)</p> <p>10-12 Quilting</p> <p>1-2 Dance</p> <p>1:30-2:30 Zumba Gold (BKLYN)</p> <p>2-3 Yoga*</p> <p>3:30-4:30 Zumba Gold</p>
<p>23</p> <p>10-11 Chi Gong (BKLYN)</p> <p>10:30-11:30 Opera Appreciation</p> <p>11-12 Dance (BKLYN)</p> <p>12-1 Mindfulness Meditation (BKLYN)</p> <p>12-1 Art History</p> <p>1-3 Arts & Crafts (SI)</p> <p>2-3 Falun Dafa (SI)</p> <p>3-4 Mat Yoga* (SI)</p>	<p>24</p> <p>9:30-12:15 Photography Intermediate Mat Yoga* (QNS)</p> <p>10:30-12:30 Drama</p> <p>11-11 Beginners' Knitting & Crocheting (QNS)</p> <p>11:15-12:15 Beginners' Chair Yoga* (QNS)</p> <p>12:30-1:30 Shakespeare</p> <p>12:30-3 Art</p> <p>1:15-2:15 Zumba Gold (QNS)</p> <p>1:30-2:30 Zumba (SI)</p> <p>1:30-3 Discussion Group</p>	<p>25</p> <p>9-10 Beginners' Yoga* (Hicksville)</p> <p>10-11 Advanced Yoga* (Hicksville)</p> <p>10-12 Choral Group</p> <p>10-12 Knitting & Crocheting (Beg)</p> <p>11-12 Dance (Hicksville)</p> <p>11:30-12:30 Yoga* (White Plains)</p> <p>12-1 Yoga* (BX)</p> <p>12:15-1:15 Zumba-T (Hicksville)</p> <p>12:30-4:30 Knitting & Crocheting (Int/Adv)</p> <p>1-2 Bingo (White Plains)</p> <p>1-2 Chi Gong (BKLYN)</p> <p>1:30-2:30 Chi Gong (BX)</p> <p>2-3 Dance (BKLYN)</p> <p>3-4 Latin Dance (BX)</p>	<p>26</p> <p>10-11 Tai Chi</p> <p>11-12 Yoga*</p> <p>12-1 Lunch Club</p> <p>1-2 Health Topic Meeting (Mental Health and Substance Abuse)</p> <p>3-5 Arts & Crafts</p> <p>3-5 Sewing</p>	<p>27</p> <p>10-11 Advanced Chair Yoga* (BKLYN)</p> <p>10-11 Chair Yoga* (SI)</p> <p>10-12 Quilting</p> <p>11:15-12:15 Zumba Gold (BKLYN)</p> <p>12:15-1:15 Beginners' Chair Yoga* (BKLYN)</p> <p>1-2 Dance</p> <p>1:30-2:30 Zumba Gold (BKLYN)</p> <p>2-3 Yoga*</p> <p>3:30-4:30 Zumba Gold</p>
<p>30</p> <p>10:30-11:30 Opera Appreciation</p> <p>12-1 Art History</p> <p>1-3 Arts & Crafts (SI)</p>	<p>31</p> <p>9:30-12:15 Photography Intermediate Mat Yoga* (QNS)</p> <p>10:30-12:30 Drama</p> <p>11-11 Shakespeare</p> <p>12:30-3 Art</p> <p>1:30-3 Discussion Group</p>	<p>All classes are held at our Manhattan Headquarters unless otherwise indicated.</p>	<p>Meeting Topics*</p> <p>January Mental Health and Substance Abuse</p> <p>February Coronary Artery Disease</p>	

* Sponsored by HealthCare Partners, IPA

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Act Now! Come to the Drama Class

The Drama Class reads plays aloud (no experience or memorization required) and discusses how the themes relate to daily life and current events. The class is currently reading August Wilson's *Fences*, in anticipation of viewing the film. The class also practices writing and theater games to further explore drama and forge connections. There will be a presentation in February for those who wish to participate. Class is held on Tuesdays from 10:30 am to 12:30 pm.

HIPAA NOTICE

If you would like a copy of the Fund's Notice of HIPAA Privacy Practices, please visit www.1199SEIUBenefits.org, or request one in writing by writing to the 1199SEIU Benefit Fund Privacy Officer at 330 West 42nd Street, 9th Floor, New York, NY 10036.

SUMMARY ANNUAL REPORT • 1199SEIU National Benefit Fund for Health and Human Service Employees

This is a summary of the annual report for the 1199SEIU National Benefit Fund for Health and Human Service Employees, EIN: 13-1628401, for the period January 1, 2015, to December 31, 2015. This is a welfare benefit plan offering life insurance, health, dental, vision and prescription drug benefits. The annual report has been filed with the Employee Benefits Security Administration, as required under the Employee Retirement Income Security Act of 1974 (ERISA).

Except those with respect to the benefits specified under "Insurance Information" below, the plan is self-insured and has committed to pay covered claims out of plan assets.

Insurance Information

The plan has a contract with Amalgamated Life Insurance Company and Guardian Life Insurance Company of America to pay certain life insurance and accidental death and dismemberment claims incurred under the terms of the plan. The total premiums paid for the plan year ending December 31, 2015, were \$9,555,683.

Because it is a so-called "experience-rated" contract, the premium costs are affected by, among other things, the number and size of claims. Of the total insurance premiums paid for the plan year ending December 31, 2015, the premiums paid under such "experience-rated" contracts were \$8,810,095, and the total of all benefit claims paid under the experience-rated contract during the plan year was \$6,144,993.

Basic Financial Statement

The value of plan assets, after subtracting liabilities of the plan, was \$518,821,617 as of December 31, 2015, compared to \$569,753,246 as of January 1, 2015. During the plan year, the plan experienced a decrease in its net assets of \$50,931,629. This change includes unrealized appreciation and depreciation in the value of the plan assets; that is the difference between the value of the plan's assets at the end of the year and the value of the assets at the beginning of the year, or the cost of assets acquired during the year. During the plan year, the plan had total income of \$1,439,374,350, including employer contributions of \$1,425,924,011, net depreciation in fair value of investments of \$3,509,551, COBRA payments of \$2,625,944 and other earnings of \$14,333,946.

Plan expenses were \$1,490,305,979. These expenses included \$97,600,523 in administrative expenses, \$1,385,491,520 in benefits paid to participants and beneficiaries, \$511,459 in investment and advisor fees, and \$6,702,477 in general expenses.

Your Rights to Additional Information

You have the right to receive a copy of the full annual report, or any part thereof, on request. The items listed below are included in that report:

- Insurance information, including sales commissions paid by insurance carriers;
- An accountant's report;
- Financial information and information on payments to service providers;
- Assets held for investment;
- Information regarding any common or collective trusts, pooled separate accounts, master trusts or 103-12 investment entities in which the plan participates; and
- Actuarial information regarding the funding of the plan.

You also have the right to receive from the Fund, on request and at no charge, a statement of the assets and liabilities of the plan and accompanying notes, or a statement of income and expenses of the plan and accompanying notes, or both. If you request a copy of the full annual report from the Fund, these two statements and accompanying notes will be included as part of that report.

To obtain a copy of the full annual report, or any part thereof, write to the Board of Trustees of the 1199SEIU National Benefit Fund for Health and Human Service Employees, PO Box 842, New York, NY 10108, or call Member Services, (646) 473-9200.

You also have the legally protected right to examine the annual report at the main office of the plan:

1199SEIU National Benefit Fund for Health and Human Service Employees, 330 West 42nd Street, 28th Floor, New York, NY 10036, and at the U.S. Department of Labor in Washington, DC, or to obtain a copy from the U.S. Department of Labor upon payment of copying costs. Requests to the Department should be addressed to: Public Disclosure Room, Room N-1513, Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue, NW, Washington, DC 20210.

SUMMARY ANNUAL REPORT • 1199SEIU Greater New York Benefit Fund

This is a summary of the annual report for the 1199SEIU Greater New York Benefit Fund, EIN: 13-6125570, for the period January 1, 2015, to December 31, 2015. This is a welfare benefit plan offering life insurance, health, dental, vision and prescription drug benefits. The annual report has been filed with the Employee Benefits Security Administration, as required under the Employee Retirement Income Security Act of 1974 (ERISA).

Except with respect to the benefits specified under "Insurance Information" below, the plan is self-insured and has committed to pay covered claims out of plan assets.

Insurance Information

The plan has a contract with Amalgamated Life Insurance Company to pay certain life insurance claims incurred under the terms of the plan. The total premiums paid for the plan year ending December 31, 2015, were \$912,288.

Because it is a so-called "experience-rated" contract, the premium costs are affected by, among other things, the number and size of claims. Of the total insurance premiums paid for the plan year ending December 31, 2015, the premiums paid under such "experience-rated" contracts were \$843,592, and the total of all benefit claims paid under the experience-rated contract during the plan year was \$345,981.

Basic Financial Statement

The value of plan assets, after subtracting liabilities of the plan, was \$107,985,262 as of December 31, 2015, compared to \$94,129,852 as of January 1, 2015. During the plan year, the plan experienced an increase in its net assets of \$13,855,410. This change includes unrealized appreciation and depreciation in the value of plan assets; that is, the difference between the value of the plan's assets at the end of the year and the value of the assets at the beginning of the year, or the cost of assets acquired during the year. During the plan year, the plan had total income of \$190,783,993, including employer contributions of \$185,935,240, net depreciation in fair value of investments of \$13,887, COBRA contributions of \$311,944, member spousal contributions of \$3,969,550 and other earnings of \$581,146.

Plan expenses were \$176,928,583. These expenses included \$13,913,217 in administrative and general expenses, \$163,008,206 in benefits paid to participants and beneficiaries, and \$7,160 in investment and advisor fees.

Your Rights to Additional Information

You have the right to receive a copy of the full annual report, or any part thereof, on request. The items listed below are included in that report:

- Insurance information, including sales commissions paid by insurance carriers;
- An accountant's report;
- Financial information and information on payments to service providers;
- Assets held for investment;
- Information regarding any common or collective trusts, pooled separate accounts, master trusts or 103-12 investment entities in which the plan participates; and
- Actuarial information regarding the funding of the plan.

You also have the right to receive from the Fund, on request and at no charge, a statement of the assets and liabilities of the plan and accompanying notes, or a statement of income and expenses of the plan and accompanying notes, or both. If you request a copy of the full annual report from the Fund, these two statements and accompanying notes will be included as part of that report.

To obtain a copy of the full annual report, or any part thereof, write to the Board of Trustees of the 1199SEIU Greater New York Benefit Fund, PO Box 842, New York, NY 10108, or call Member Services, (646) 473-9200.

You also have the legally protected right to examine the annual report at the main office of the plan:

1199SEIU Greater New York Benefit Fund, 330 West 42nd Street, 28th Floor, New York, NY 10036, and at the U.S. Department of Labor in Washington, DC, or to obtain a copy from the U.S. Department of Labor upon payment of copying costs. Requests to the Department should be addressed to: Public Disclosure Room, Room N-1513, Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue, NW, Washington, DC 20210.

SUMMARY ANNUAL REPORT • 1199SEIU National Benefit Fund for Home Care Employees

This is a summary of the annual report for the 1199SEIU National Benefit Fund for Home Care Employees, EIN: 13-4129368, for the period January 1, 2015, to December 31, 2015. This is a welfare benefit plan offering life insurance, health, dental, vision and prescription drug benefits. The annual report has been filed with the Employee Benefits Security Administration, as required under the Employee Retirement Income Security Act of 1974 (ERISA).

The plan is self-insured and has committed to pay covered claims out of plan assets.

Basic Financial Statement

The value of plan assets, after subtracting liabilities of the plan, was \$195,080,107 as of December 31, 2015, compared to \$96,727,289 as of January 1, 2015. During the plan year, the plan experienced an increase in its net assets of \$98,352,818. This change includes unrealized appreciation and depreciation in the value of the plan assets; that is, the difference between the value of the plan's assets at the end of the year and the value of the assets at the beginning of the year, or the cost of assets acquired during the year. During the plan year, the plan had total income of \$294,836,030, including employer contributions of \$277,821,781, COBRA payments of \$100,622, member premiums of \$16,652,791 and other earnings of \$260,836.

Plan expenses were \$196,483,212. These expenses included \$11,600,710 in administrative expenses, \$183,633,256 in benefits paid to participants and \$1,249,246 in general expenses.

Your Rights to Additional Information

You have the right to receive a copy of the full annual report, or any part thereof, on request. The items listed below are included in that report:

- An accountant's report;
- Actuarial information regarding the funding of the plan; and
- Financial information and information on payments to service providers.

You also have the right to receive from the Fund, on request and at no charge, a statement of the assets and liabilities of the plan and accompanying notes, or a statement of income and expenses of the plan and accompanying notes, or both. If you request a copy of the full annual report from the Fund, these two statements and accompanying notes will be included as part of that report.

To obtain a copy of the full annual report, or any part thereof, write to the Board of Trustees of the 1199SEIU National Benefit Fund for Home Care Employees, PO Box 842, New York, NY 10108, or call Member Services, (646) 473-9200.

You also have the legally protected right to examine the annual report at the main office of the plan:

1199SEIU National Benefit Fund for Home Care Employees, 330 West 42nd Street, 28th Floor, New York, NY 10036, and at the U.S. Department of Labor in Washington, DC, or to obtain a copy from the U.S. Department of Labor upon payment of copying costs. Requests to the Department should be addressed to: Public Disclosure Room, Room N-1513, Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue, NW, Washington, DC 20210.

Discrimination Is Against the Law

The 1199SEIU Benefit and Pension Funds comply with applicable federal civil rights laws and do not discriminate against or exclude people on the basis of race, color, national origin, age, disability or sex. The Funds provide free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats). The Funds provide free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages. If you need these services, contact John Eng, Compliance Coordinator.

If you believe the Funds have failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: John Eng, Compliance Coordinator, 330 West 42nd Street, New York, NY 10036; (646) 473-6600 (phone); (646) 473-8959 (fax); PrivacyOfficer@1199Funds.org. You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, John Eng can help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services • 200 Independence Avenue, SW • Room 509F, HHH Building • Washington, DC 20201 • (800) 368-1019; (800) 537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Language Assistance Services

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (646) 473-9200.

注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 (646) 473-9200。

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните (646) 473-9200.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele (646) 473-9200.

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다.(646) 473-9200.

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero (646) 473-9200.

פאר אייך שפראך הילף סערוויסעס פריי פון אפצאל רופט אויפמערקזאם: אויב איר רעדט אידיש, זענען פארהאן (646) 473-9200.

আছে। উপলব্ধ পরিষেবা সহায়তা ভাষা নিঃখরচায় তাহলে, পাবেন বলতে কথা, বাংলা আপনি যদি করুনঃ লক্ষ্য ১ করুন ফোন (646) 473-9200.

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer (646) 473-9200.

اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم ملحوظة: (646) 473-9200.

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez (646) 473-9200.

శ్రద్ధ పెట్టండి: ఒకవేళ మీరు తెలుగు భాష మాట్లాడుతున్నట్లయితే, మీ కొరకు తెలుగు భాషా సహాయక సేవలు ఉచితంగా లభిస్తాయి. (646) 473-9200.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa (646) 473-9200.

ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε (646) 473-9200.

KUJDES: Nëse flitni shqip, për ju ka në dispozicion shërbime të asistencës gjuhësore, pa pagesë. Telefononi në (646) 473-9200.

1199SEIU Benefit and Pension Funds
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1199SEIU Retired Members Bulletin

Questions: Call (646) 473-8666
Outside NYC: (800) 575-7771

Sign Up for “Seniors Out Speaking”

Become a volunteer in the Medicare Rights Center’s “Seniors Out Speaking” (SOS) program and help educate other seniors about how to get the most from their Medicare Parts B, C and D benefits and related health insurance coverage. For more information about our 1199SEIU SOS volunteer program, please call (646) 473-6916. SOS meets in Manhattan, Staten Island and Hicksville on the following dates and times in January 2017:

Manhattan Headquarters:

Thursday, January 5 • 9:30 am to noon
330 West 42nd Street, 9th Floor • New York, NY 10036

Staten Island:

Tuesday, January 10 • 9:30 am to noon
790 Port Richmond Avenue (*off Forest Avenue*)
Staten Island, NY 10302

Hicksville:

Tuesday, January 17 • 9:30 am to noon
100 Duffy Avenue, 3rd Floor • Hicksville, NY 11801